

Registered Number 05103351

ABSOLUTE RELAXATION LIMITED

Abbreviated Accounts

30 April 2011

ABSOLUTE RELAXATION LIMITED

Registered Number 05103351

Balance Sheet as at 30 April 2011

	Notes	2011 £	2010 £
Fixed assets			
Tangible	2	507	1,012
Total fixed assets		507	1,012
Current assets			
Debtors		4,299	
Cash at bank and in hand		5,605	13,580
Total current assets		<u>9,904</u>	<u>13,580</u>
Creditors: amounts falling due within one year		(9,595)	(11,612)
Net current assets		309	1,968
Total assets less current liabilities		<u>816</u>	<u>2,980</u>
Total net Assets (liabilities)		816	2,980
Capital and reserves			
Called up share capital		100	100
Profit and loss account		<u>716</u>	<u>2,880</u>
Shareholders funds		<u>816</u>	<u>2,980</u>

- a. For the year ending 30 April 2011 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 02 December 2011

And signed on their behalf by:

M O'Meara, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 30 April 2011

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Turnover

Turnover represents the net invoiced sales.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures and Fittings 33.30% Straight Line

2 Tangible fixed assets

Cost	£
At 30 April 2010	1,517
additions	
disposals	
revaluations	
transfers	
At 30 April 2011	<u>1,517</u>
Depreciation	
At 30 April 2010	505
Charge for year	505
on disposals	
At 30 April 2011	<u>1,010</u>
Net Book Value	
At 30 April 2010	1,012
At 30 April 2011	<u>507</u>

3 Transactions with directors

There were no transactions with the Director

4 Related party disclosures

There are no related party transactions to disclose.