



Companies House

— for the record —

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Annual Return



XBLJQ9MU

Received for filing in Electronic Format on the: **06/05/2009**

Company Name: **ABSOLUTE RELAXATION LIMITED**

Company Number: **05103351**

Company Details

Period Ending: **16/04/2009**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC codes:

9211

*Registered Office
Address:*

**44 TRAMWAY COURT 3
CANDLE ST
STEPNEY GREEN
LONDON
LONDON
UNITED KINGDOM
E1 4RR**

*Register of
Members Address:*

**44 TRAMWAY COURT 3
CANDLE ST
STEPNEY GREEN
LONDON
LONDON
UNITED KINGDOM
E1 4RR**

*Register of Debenture
Holders Address:*

**44 TRAMWAY COURT 3
CANDLE ST
STEPNEY GREEN
LONDON
E1 4RR**

Details of Officers of the Company

Company Secretary 1:

Name: **LAURA MORETON
GRIFFITHS**

Address: **40C GROVE PARK
LONDON
SE5 8LG**

Director 1 :

Name: **MR MICHAEL OMEARA**

Address: **44 TRAMWAY COURT 3 CANDLE ST
STEPNEY GREEN
LONDON
LONDON
UNITED KINGDOM
E1 4RR**

Date of Birth: **08/04/1964**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Share Capital

Issued Share Capital Details:

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
ORDINARY	100	GBP100
<i>TOTALS</i>		
	100	GBP100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 16/04/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

100 ORDINARY Shares held as at 16/04/2009

Name:

MICHAEL OMEARA

Address:

Authorisation

Authoriser Designation: **director**

Date Authorised: **06/05/2009**

Authenticated: **Yes (E/W)**