



Companies House

— for the record —

Company Name

MEDICAL EXPRESS (LONDON)  
LIMITED

## 363s Annual Return

000008/30

Company Type

Private Company Limited By  
Shares

Company Number

5078684

Information extracted from  
Companies House records on  
26th February 2005

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

### Section 1: Company details



Ref: 5078684/01/01

	Current details	Amended details												
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	117A Harley Street London W1G 6AT	Address _____ _____ _____ UK Postcode    _ _ _ _ _												
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Address where the Register is held</b>  <b>At Registered Office</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _												
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Not Applicable</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _												
> Principal Business Activities <i>Please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes. Please use the most appropriate code in the list, or write a short description of your company's activities.</i>	<i>None held, please enter SIC code or description in the amended details column.</i>	<table border="0"> <tr> <td><b>SIC CODE</b></td> <td><b>Description</b></td> </tr> <tr> <td>8512</td> <td>MEDICAL CLINIC.</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> </table>	<b>SIC CODE</b>	<b>Description</b>	8512	MEDICAL CLINIC.	_____	_____	_____	_____	_____	_____	_____	_____
<b>SIC CODE</b>	<b>Description</b>													
8512	MEDICAL CLINIC.													
_____	_____													
_____	_____													
_____	_____													
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## Section 2: Details of Officers of the Company

	Current details	Amended details
<b>&gt; Company Secretary</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>    <i>Particulars of a new Company Secretary must be notified on form 288a.</i>	<b>Name</b> Susan Heather LINGHAM  <b>Address</b> One Billy Lows Lane Potters Bar Hertfordshire EN6 1UT	<b>Name</b> Susan Heather LINGHAM  <input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.  <b>Address</b> _____ _____ _____  <b>UK Postcode</b> _ _ _ _ _ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Susan Heather LINGHAM</b> <b>ceased to be secretary (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>    <i>Particulars of a new Director must be notified on form 288a.</i>	<b>Name</b> Dr Nelda Elizabeth FRATER  <b>Address</b> 5 Kent Terrace Regents Park London NW1 4RP   <b>Date of birth</b> 11/09/1953  <b>Nationality</b> British  <b>Occupation</b> Medical Director	<b>Name</b> _____  <input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.  <b>Address</b> _____ _____ _____  <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____  <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Dr Nelda Elizabeth FRATER</b> <b>ceased to be director (if applicable)</b> _ _ / _ _ / _ _ _ _

## Current details

## Amended details

## &gt; Director

If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.

**Name**  
Prof Sundara Sabaratnam  
LINGHAM

**Address**  
1 Billy Lows Lane  
Potters Bar  
Hertfordshire  
EN6 1UT

**Date of birth** 03/04/1944

**Nationality** British

**Occupation** Consultant  
Paediatrician

**Name**

Prof Sundara Sabaratnam LINGHAM

☐ Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.

**Address**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**UK Postcode** \_ \_ \_ \_ \_

**Date of birth** \_ \_ / \_ \_ / \_ \_ \_ \_

**Nationality** \_\_\_\_\_

**Occupation** \_\_\_\_\_

**Date of change** \_ \_ / \_ \_ / \_ \_ \_ \_

Date Prof Sundara Sabaratnam  
LINGHAM ceased to be director (if  
applicable) \_ \_ / \_ \_ / \_ \_ \_ \_

Particulars of a new Director must be notified on form 288a.

**Section 3: Total Issued Share Capital****(B)**

- > Please enter the details of the company's total share capital in the space provided below.

**Issued share capital details**

- > Please fill in the details of total share capital by class (eg, ordinary, preference etc) that has been issued to the company's shareholders.

Class of Share

ORDINARY

Number of shares issued

4

Aggregate Nominal Value of issued shares

£ 4 - 00

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

- > Please fill in the total number of issued shares and their total nominal value.

Number of shares issued

4

Aggregate Nominal Value of issued shares

£ 4 - 00

- > Please send a full list of shareholders with this annual return. Use Sections 4A (and 4B if appropriate) to give the details. You must name all the shareholders.

- > Please fill in the details of any persons or corporate bodies who are shareholders at the date of this return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please use Section 4B to give details of any persons or corporate bodies who have ceased to be shareholders since the last annual return or, in the case of a first return, since the incorporation of the company.
- > Please copy this page if there is not enough space to enter all the company's current shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name <u>Prof. SUNDRA SUBRAMANIAN</u> <u>LINGAM</u> Address <u>1 BILLY LOWE LANE</u> <u>PETERS BAY</u>  UK Postcode    _ _ _ _ _	<u>ordinary</u>  <u>2</u>		
Name <u>DR. NELDA ELIZABETH</u> <u>FRATER</u> Address <u>5 KENT TERRACE</u> <u>REGENTS PARK</u> <u>LONDON</u> UK Postcode <u>NW1 4RP</u>	<u>ordinary</u>  <u>2</u>		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			

**Section 4B: Details of Former Shareholders**

- > Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred.
- > Please copy this page if there is not enough space to enter all the company's former shareholders.

Former shareholders details	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		



Companies House

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## 363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

### 1. Declaration

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £30.

Signature

(Director / Secretary)

Date

5 / 5 / 2005

*This date must not be earlier than the return date at 2 below*

#### What to do now

*Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.*

### 2. Date of this return

- ☐ This AR is made up to 19/3/2005
- If you are making this return up to an earlier date, please give the date here

— / — / —

*Note: The form must be delivered to CH within 28 days of this date*

### 3. Date of next return

- ☐ If you wish to change your next return to a date earlier than **19th March 2006** please give the new date here:

— / — / —

### 4. Where to send this form

- ☐ Please return this form to:

Registrar of Companies  
Companies House  
Crown Way  
Cardiff CF14 3UZ

OR

For members of the Hays Document  
Exchange service  
DX 33050 Cardiff

***Have you enclosed the filing fee with the company number written on the reverse of the cheque?***

### Contact Address

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Contact Name

Telephone number *inc code*

Address

DX number *if applicable*

DX exchange

Postcode