

Registered Number 05064583

AB Business Coaching Limited

Abbreviated Accounts

31 March 2010

AB Business Coaching Limited

Registered Number 05064583

Company Information

Registered Office:

25 Church Lane
Tilbrook
Cambridgeshire
PE28 0JS

Reporting Accountants:

ISIS Business Solutions

Venture Court
2 Debdale Road
Wellingborough
Northamptonshire
NN8 5AA

AB Business Coaching Limited

Registered Number 05064583

Balance Sheet as at 31 March 2010

| | Notes | 2010 £ | 2009 £ |
|---|-------|---------------|---------------|
| Fixed assets | | | |
| Intangible | 2 | 4,874 | 5,687 |
| Tangible | 3 | 1,250 | 2,254 |
| | | <u>6,124</u> | <u>7,941</u> |
| Current assets | | | |
| Debtors | | 36,717 | 29,337 |
| Cash at bank and in hand | | 250 | 1,633 |
| Total current assets | | <u>36,967</u> | <u>30,970</u> |
| Creditors: amounts falling due within one year | | (32,489) | (28,846) |
| Net current assets (liabilities) | | 4,478 | 2,124 |
| Total assets less current liabilities | | <u>10,602</u> | <u>10,065</u> |
| | | | |
| Total net assets (liabilities) | | <u>10,602</u> | <u>10,065</u> |
| Capital and reserves | | | |
| Called up share capital | 4 | 10,000 | 10,000 |
| Profit and loss account | | 602 | 65 |
| Shareholders funds | | <u>10,602</u> | <u>10,065</u> |

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- a. For the year ending 31 March 2010 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
 - b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
 - c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
 - d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 22 December 2010

And signed on their behalf by:

A Brighton, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 31 March 2010

1 **Accounting policies**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Intangible assets

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

| | |
|-----------------------|-------------|
| Fixtures and fittings | 20% on cost |
| Computer equipment | 33% on cost |

2 **Intangible fixed assets**

| Cost or valuation | £ |
|--------------------------|---------------|
| At 01 April 2009 | 30,000 |
| At 31 March 2010 | <u>30,000</u> |

Amortisation

| | |
|------------------|---------------|
| At 01 April 2009 | 24,313 |
| Charge for year | 813 |
| At 31 March 2010 | <u>25,126</u> |

Net Book Value

| | |
|------------------|--------------|
| At 31 March 2010 | 4,874 |
| At 31 March 2009 | <u>5,687</u> |

3 **Tangible fixed assets**

| Cost | | Total |
|------------------|---|---------------|
| | | £ |
| At 01 April 2009 | - | 10,861 |
| At 31 March 2010 | - | <u>10,861</u> |

Depreciation

Depreciation:

| | | |
|------------------|---|--------------|
| At 01 April 2009 | | 8,607 |
| Charge for year | - | <u>1,004</u> |
| At 31 March 2010 | - | <u>9,611</u> |

Net Book Value

| | | |
|------------------|---|--------------|
| At 31 March 2010 | | 1,250 |
| At 31 March 2009 | - | <u>2,254</u> |

4 Share capital

| | 2010 | 2009 |
|--|-------------|-------------|
| | £ | £ |
| Allotted, called up and fully paid: | | |
| 10000 Ordinary 'A' shares of £1 each | 10,000 | 10,000 |