Accelerated Personal Performance Limited
Unaudited
Abbreviated Accounts
for the year ended
31st March 2008

TUESDAY



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Accelerated Personal Performance Limited Abbreviated Balance Sheet as at 31 March 2008

	Notes		2008 £		2007 £
Current assets Cash at bank and in hand		3,043		1,303	
		0,040		1,000	
Creditors: amounts falling du	е	4- 4			
within one year		(3,456)		(1,879)	
Net current liabilities		· · · · · · · · · · · · · · · · · · ·	(413)		(576)
Net liabilities		-	(413)		(576)
Capital and reserves					
Called up share capital	3		3		3
Profit and loss account			(416)		(579)
Shareholders' funds			(413)		(576)

The directors are satisfied that the company is entitled to exemption under Section 249A(1) of the Companies Act 1985 and that no member or members have requested an audit pursuant to section 249B(2) of the Act.

The directors acknowledge their responsibilities for:

- (i) ensuring that the company keeps proper accounting records which comply with Section 221 of the Companies Act 1985; and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 226 of the Companies Act 1985, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

The accounts have been prepared in accordance with the special provisions relating to small companies within Part VII of the Companies Act 1985.

A W Newbury

Director

Approved by the board on 31 May 2008

Accelerated Personal Performance Limited Notes to the Abbreviated Accounts for the year ended 31 March 2008

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computer Equipment

33% straight line

Stocks

Stock is valued at the lower of cost and net realisable value.

2	Tangible fixed assets			£	
	Cost At 1 April 2007			3,002	
	At 31 March 2008			3,002	
	Depreciation At 1 April 2007			3,002	
	At 31 March 2008			3,002	
	Net book value At 31 March 2008				
3	Share capital			2008 £	2007 £
	Authorised: Ordinary shares of £1 each			100	100
		2008 No	2007 No	2008 £	2007 £
	Allotted, called up and fully paid: Ordinary shares of £1 each	3	3	3	3