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UNAUDITED

FINANCIAL STATEMENTS

INFORMATION FOR FILING WITH THE REGISTRAR

FOR THE YEAR ENDED 31 JANUARY 2018

FOREST CONSULTING LTD REGISTERED NUMBER: 05016289

BALANCE SHEET AS AT 31 JANUARY 2018

	Note		2018 £		2017 £
Fixed assets					
Tangible assets	4		54		72
			54	-	72
Current assets					
Debtors: amounts falling due within one year	5	2,341		-	
Cash at bank and in hand	6	1,472		57,832	
	_	3,813	_	57,832	
Creditors: amounts falling due within one year	7	(3,857)		(30,212)	
Net current (liabilities)/assets			(44)		27,620
Total assets less current liabilities		_	10	-	27,692
Net assets		<u> </u>	10	-	27,692
Capital and reserves					
Called up share capital			2		2
Profit and loss account			8		27,690
			10	-	27,692

The director considers that the Company is entitled to exemption from audit under section 477 of the Companies Act 2006 and members have not required the Company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of FRS 102 Section 1A - small entities.

The financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The Company has opted not to file the statement of income and retained earnings in accordance with provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the board and were signed on its behalf on 18 October 2018.

FOREST CONSULTING LTD REGISTERED NUMBER: 05016289

BALANCE SHEET (CONTINUED) AS AT 31 JANUARY 2018

Lionel Forester Clark

Director

The notes on pages 3 to 6 form part of these financial statements.

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JANUARY 2018

1. General information

Forest Consulting Ltd is a private company limited by shares and incorporated in England. Its registered office is 1 Pumping Station Cottages, Balsdean, Rottingdean, Brighton, East Sussex, BN2 7LA

The principal activity of the company is that of consultancy, project management, business support and

training activities.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention unless otherwise specified within these accounting policies and in accordance with Section 1A of Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and the Republic of Ireland and the Companies Act 2006.

The following principal accounting policies have been applied:

2.2 Revenue

Revenue is recognised to the extent that it is probable that the economic benefits will flow to the Company and the revenue can be reliably measured. Revenue is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. The following criteria must also be met before revenue is recognised:

Rendering of services

Revenue from a contract to provide services is recognised in the period in which the services are provided in accordance with the stage of completion of the contract when all of the following conditions are satisfied:

- the amount of revenue can be measured reliably;
- it is probable that the Company will receive the consideration due under the contract;
- the stage of completion of the contract at the end of the reporting period can be measured reliably; and
- the costs incurred and the costs to complete the contract can be measured reliably.

2.3 Interest income

Interest income is recognised in the Statement of income and retained earnings using the effective interest method.

2.4 Taxation

Tax is recognised in the Statement of income and retained earnings, except that a charge attributable to an item of income and expense recognised as other comprehensive income or to an item recognised directly in equity is also recognised in other comprehensive income or directly in equity respectively.

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the balance sheet date in the countries where the Company operates and generates income.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JANUARY 2018

2. Accounting policies (continued)

2.5 Tangible fixed assets

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, on a reducing balance basis.

Depreciation is provided on the following basis:

Office equipment - 25%

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the Statement of income and retained earnings.

2.6 Debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

2.7 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

2.8 Creditors

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

2.9 Dividends

Equity dividends are recognised when they become legally payable. Interim equity dividends are recognised when paid. Final equity dividends are recognised when approved by the shareholders at an annual general meeting.

3. Employees

The average monthly number of employees, including directors, during the year was 1 (2017 - 1).

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JANUARY 2018

Office equipment Equipm	4.	Tangible fixed assets		
At 1 February 2017 At 31 January 2018 Depreciation At 1 February 2017 Charge for the year on owned assets 18 At 31 January 2018 At 31 January 2018 Net book value At 31 January 2018 At 31 January 2017 5. Debtors 2018 2017 £ £ £ Other debtors 2,341 -				equipment
At 1 February 2017 At 31 January 2018 Depreciation At 1 February 2017 Charge for the year on owned assets 18 At 31 January 2018 At 31 January 2018 Net book value At 31 January 2018 At 31 January 2017 5. Debtors 2018 2017 £ £ £ Other debtors 2,341 -		Cost or valuation		
Depreciation At 1 February 2017 470 Charge for the year on owned assets 18 At 31 January 2018 488 Net book value 54 At 31 January 2018 54 Af 31 January 2017 72 5. Debtors 2018				542
At 1 February 2017 470 Charge for the year on owned assets 18 At 31 January 2018 488 Net book value 54 At 31 January 2018 54 At 31 January 2017 72 5. Debtors 2018 2017 £ £ Other debtors 2,341 -		At 31 January 2018		542
Charge for the year on owned assets 18 At 31 January 2018 488 Net book value 54 At 31 January 2018 54 At 31 January 2017 72 5. Debtors 2018 £ £ Other debtors 2,341		Depreciation		
At 31 January 2018 Net book value At 31 January 2018 At 31 January 2017 5. Debtors 2018 2017 £ £ £ Other debtors 2,341 -		At 1 February 2017		
Net book value At 31 January 2018 At 31 January 2017 5. Debtors 2018 2017 £ £ Other debtors 2,341 -		Charge for the year on owned assets		18
At 31 January 2018 At 31 January 2017 5. Debtors 2018 2017 £ £ Other debtors 2,341 -		At 31 January 2018		488
At 31 January 2017 5. Debtors 2018 2017 £ £ Other debtors 2,341 -		Net book value		
5. Debtors 2018 2017 £ £ Other debtors 2,341		At 31 January 2018		54
2018 2017 £ £ £ £ Other debtors		At 31 January 2017		72
£ £ Cother debtors 2,341 -	5.	Debtors		
2,341		Other debtors	2,341	-
			2,341	

6.	Cash and cash equivalents

	2018 £	2017 £
Cash at bank and in hand	1,472	57,832
	1,472	57,832

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JANUARY 2018

7. Creditors: Amounts falling due within one year

	2018 £	2017 £
Corporation tax	-	13,458
Other creditors	3,191	15,758
Accruals and deferred income	666	996
	3,857	30,212

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