



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **CANADA SQUARE HEALTH & FITNESS LIMITED**

*Company Number:* **04968342**

*Date of this return:* **08/11/2009**

*SIC codes:* **9262**  
**9272**  
**9304**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **16-19 CANADA SQUARE  
CANARY WHARF  
LONDON  
E14 5ER**

**Officers of the company**

*Company Secretary* **1**

*Type:* **Person**  
*Full forename(s):* **JUDITH ELIZABETH**  
*Surname:* **BARTER**  
*Former names:*

*Service Address:* **50 HAWARDEN GROVE  
LONDON  
SE24 9DH**

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*Company Director* **1**

*Type:* **Person**

*Full forename(s):* **CHRISTOPHER THOMAS**

*Surname:* **EDGE**

*Former names:*

*Service Address:* **FIFE HOUSE 30A FIFE ROAD  
EAST SHEEN  
LONDON  
SW14 7EL**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **25/07/1949** *Nationality:* **BRITISH**

*Occupation:* **CORPORATE ADVISOR**

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*Company Director*      **2**

*Type:*                              **Person**  
*Full forename(s):*              **SHIRIN**  
*Surname:*                        **GANDHI**  
*Former names:*  
*Service Address:*              **72 BOARDWALK PLACE**  
   **LONDON**  
   **E14 5SE**

*Country/State Usually Resident:*   **UNITED KINGDOM**

*Date of Birth:*   **29/02/1968**                              *Nationality:*   **BRITISH**  
*Occupation:*    **ACCOUNTANT**

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*Company Director*      **3**

*Type:*                              **Person**  
*Full forename(s):*              **IAN CHARLES**  
*Surname:*                        **MAHONEY**  
*Former names:*  
*Service Address:*              **1 LATCHMERE LANE**  
   **KINGSTON UPON THAMES**  
   **SURREY**  
   **KT2 5SQ**

*Country/State Usually Resident:*   **UNITED KINGDOM**

*Date of Birth:*   **11/02/1958**                              *Nationality:*   **BRITISH**  
*Occupation:*    **MANAGING DIRECTOR**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY A GBP</b>	<i>Number allotted</i>	<b>500</b>
		<i>Aggregate nominal value</i>	<b>500</b>
<i>Currency</i>		<i>Amount paid</i>	<b>0</b>
		<i>Amount unpaid</i>	<b>0</b>

<b>Class of shares</b>	<b>ORDINARY B GBP</b>	<i>Number allotted</i>	<b>234</b>
		<i>Aggregate nominal value</i>	<b>46800</b>
<i>Currency</i>		<i>Amount paid</i>	<b>0</b>
		<i>Amount unpaid</i>	<b>0</b>

<b>Class of shares</b>	<b>PREFERENCE GBP</b>	<i>Number allotted</i>	<b>1957500</b>
		<i>Aggregate nominal value</i>	<b>1957500</b>
<i>Currency</i>		<i>Amount paid</i>	<b>0</b>
		<i>Amount unpaid</i>	<b>0</b>

### *Prescribed particulars*

PREFERENCE SHAREHOLDERS WILL HAVE THE RIGHT TO RECEIVE NOTICE OF, AND TO ATTEND AND SPEAK AT ALL GENERAL MEETINGS OF THE COMPANY BUT PREFERENCE SHAREHOLDERS SHALL NOT BE ENTITLED BY VIRTUE OF THEIR HOLDINGS OF PREFERENCE SHARES TO VOTE BY WAY OF SHOW OF HANDS OR ON A POLL AT SUCH MEETING. RIGHTS TO DIVIDEND: PREFERENCE SHARES ARE ENTITLED TO A CUMULATIVE DIVIDEND OF AN AGGREGATE SUM EQUAL TO 6.9% OF THE AMOUNT CREDITED AS PAID UP ON THE PREFERENCE SHARES. FIRST, IN PAYING THE HOLDERS OF THE PREFERENCE SHARES AS A CLASS A CUMULATIVE CASH DIVIDEND (PREFERENCE DIVIDEND) OF SUCH SUM AS SHALL EQUAL 6.9% OF THE AMOUNT CREDITED AS PAID UP ON THE PREFERENCE SHARES AND SECOND, IN PAYING TO THE HOLDERS OF THE ORDINARY A SHARES AS A CLASS A CUMULATIVE CASH DIVIDEND (PARTICIPATING DIVIDEND) OF SUCH SUM AS SHALL EQUAL 15% OF THE ADJUSTED PROFITS IN RESPECT OF THE ACCOUNTING PERIOD ENDING 31 DECEMBER 2007 AND THEREAFTER SUCH SUM AS SHALL EQUAL THE FOLLOWING PERCENTAGES OF THE ADJUSTED PROFITS: THE FOLLOWING WILL APPLY IN THE RESPECT OF THE PREFERENCE DIVIDEND AND THE PARTICIPATING DIVIDEND: THE DIVIDENDS WILL BE PAID IN CASH, THE DIVIDENDS WILL ACCRUE ON A DAILY BASIS; THE PREFERENCE DIVIDEND WILL BE FIXED AND WILL BE PAID BY QUARTERLY INSTALMENTS ON 31 MARCH, 30 JUNE, 30

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>1958234</b>
		<i>Total aggregate nominal value</i>	<b>2004800</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 08/11/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1:*

**500 ORDINARY A Shares held as at 08/11/2009**

*Name:* **CANADA SQUARE HEALTH & FITNESS HOLDINGS LIMITED**

*Address:*

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*Shareholding 2:*

**234 ORDINARY B Shares held as at 08/11/2009**

*Name:* **CANADA SQUARE HEALTH & FITNESS HOLDINGS LIMITED**

*Address:*

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*Shareholding 3:*

**1957500 PREFERENCE Shares held as at 08/11/2009**

*Name:*

**CANADA SQUARE HEALTH & FITNESS HOLDINGS LIMITED**

*Address:*

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.