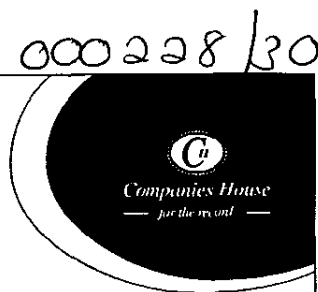


# AR01

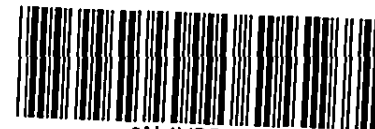
## Annual Return



A fee is payable with this form  
Please see 'How to pay' on the  
last page.

You can use the WebFiling service  
Please go to [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)

THURSDAY



\*AL1VSGNM\*  
A29 14/01/2010 302  
COMPANIES HOUSE  
\*AS5L0G2A\*  
A50 24/12/2009 66  
COMPANIES HOUSE

☒ What this form is for  
You may use this form to confirm  
that the company information is  
correct as at the date of this return.  
You must file an Annual Return at  
least once every year.

☒ What this form is NOT for  
You cannot use this form to give  
notice of changes to the company  
officers, registered office address,  
company type or information  
relating to the company records.

### Part 1 Company details

The section must be completed by all companies.

→ Filling in this form  
Please complete in typescript or in  
bold black capitals.  
  
All fields are mandatory unless  
specified or indicated by \*

#### A1 Company details

Company number **04965606**  
Company name in full **PROCLUS BUSINESS COACHING LIMITED**

① Company name change  
If your company has recently  
changed its name, please provide  
the company name as at the date of  
this return.

#### A2 Return date

Please give the annual return made up date. The return date must not be a future  
date. The annual return must be delivered within 28 days of the date given below.

Date of this return ② **17/11/2009**

② Date of this return  
Your company's return date  
is usually the anniversary of  
incorporation or the anniversary  
of the last annual return filed at  
Companies House. You may choose  
an earlier return date but it must not  
be a later date.

#### A3 Principal business activity

Please show the trade classification code number(s) for the principal  
activity or activities. ③

Classification code 1 **07414**  
Classification code 2  
Classification code 3  
Classification code 4

③ Principal business activity  
You must provide a trade  
classification code (SIC code) or a  
description of your company's main  
business in this section.

A full list of the trade classification  
codes are available on our website:  
[www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)

If you cannot determine a code, please give a brief description of your  
business activity below:

Principal activity  
description

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0 0 0 0 0 0 0 0

0 0 0 0 0 0 0 0

0 0 0 0 0 0 0 0

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Annual Return

**A4** Company type<sup>①</sup>

Please confirm your company type by ticking the appropriate box below (only one box must be ticked):

- ☐ Public limited company  
☒ Private company limited by shares  
☐ Private company limited by guarantee  
☐ Private company limited by shares exempt under section 60  
☐ Private company limited by guarantee exempt under section 60  
☐ Private unlimited company with share capital  
☐ Private unlimited company without share capital

**① Company type**

If you are unsure of your company type, please check your latest certificate of incorporation or our website:  
[www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)

**A5** Registered office address<sup>②</sup>

Building name/number	112
Street	ST MARY'S ROAD
Post town	MARKET HARBOROUGH
County/Region	
Postcode	LE16 7DX

**② Change of registered office**

This must agree with the address that is held on the Companies House record at the date of this return.

If the registered office address has changed, you should complete form AD01 and submit it together with this annual return.

**A6** Single alternative inspection location (SAIL) of the company records (if applicable)<sup>③</sup>

Building name/number	
Street	
Post town	
County/Region	
Postcode	

**③ SAIL address**

This must agree with the address that is held on the Companies House record at the date of this return.

If the address has changed, you should complete form AD02 and submit it together with this annual return.

**A7** Location of company records<sup>④</sup>

Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6:

- ☐ Register of members.  
☐ Register of directors.  
☐ Directors' service contracts.  
☐ Directors' indemnities.  
☐ Register of secretaries.  
☐ Records of resolutions etc.  
☐ Contracts relating to purchase of own shares.  
☐ Documents relating to redemption or purchase of own share out of capital by private company.  
☐ Register of debenture holders.  
☐ Report to members of outcome of investigation by public company into interests in its shares.  
☐ Register of interests in shares disclosed to public company.  
☐ Instruments creating charges and register of charges: England and Wales or Northern Ireland.  
☐ Instruments creating charges and register of charges: Scotland.

**④ Location of company records**

If the company records are held at the registered office address, do not tick any of the boxes in this section.

Certain records must be kept by every company while other records are only kept by certain company types where appropriate.

If the records are not kept at the SAIL address, they must be available at the registered office.

If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit it together with this annual return.



ST. LOUIS  
MISSOURI  
JAN 18 1892

ST. LOUIS

## Part 2 Officers of the company

This section should include details of the company at the date to which this annual return is made up.

- For a secretary who is an individual, go to Section B1.
- For a corporate secretary, go to Section C1.
- For a director who is an individual, go to Section D1.
- For a corporate director, go to Section E1.

### Continuation pages

Please use a continuation page if you need to enter more officer details.

### Secretary

**B1**

#### Secretary's details <sup>①</sup>

Please use this section to list all the secretaries of the company.  
For a corporate secretary, complete Section C1-C4.

Title*	
Full forename(s)	MARK DAVID
Surname	LINNELL
Former name(s) <sup>②</sup>	

#### <sup>①</sup> Secretary appointments

You may not use this form to appoint a secretary. To do this, please complete form AP03 and submit it together with this annual return.

#### Corporate details

Please use Section C1-C4 to enter corporate secretary details.

#### Secretary details

All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CH03.

#### <sup>②</sup> Former name(s)

Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.

**B2**

#### Secretary's service address <sup>③</sup>

Building name/number	LEA HOUSE
Street	CLIPSTON LANE
	GREAT OXENDON
Post town	MARKET HARBOROUGH
County/Region	LEICESTERSHIRE
Postcode	LE16 8LY
Country	ENGLAND

#### <sup>③</sup> Service address

If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the address.

This information will appear on the public record.

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AR01  
Annual Return

Director

<b>D1</b>	<b>Director's details <sup>①</sup></b>													
	Please use this section to list all the directors of the company. For a corporate director, complete Section E1-E4.	<b>① Director appointments</b> You cannot use this form to appoint a director. To do this, please complete form AP01 and submit it together with this annual return.												
Title*		<b>Corporate details</b> Please use Section E1-E4 to enter corporate director details.												
Full forename(s)	MARK DAVID	<b>Director details</b> All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CHD1.												
Surname	LINNELL	<b>② Former name(s)</b> Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.												
Former name(s) <sup>②</sup>														
Country/State of residence	ENGLAND													
Nationality	BRITISH													
Date of birth	<table border="1"><tr><td>d</td><td>0</td><td>2</td><td>m</td><td>0</td><td>5</td><td>y</td><td>1</td><td>9</td><td>y</td><td>5</td><td>5</td></tr></table>	d	0	2	m	0	5	y	1	9	y	5	5	
d	0	2	m	0	5	y	1	9	y	5	5			
Business occupation (if any)	CONSULTANT													

<b>D2</b>	<b>Director's service address <sup>③</sup></b>	
Building name/number	LEA HOUSE	<b>③ Service address</b> If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the address.
Street	CLIPSTON LANE	This information will appear on the public record.
	GREAT OXENDON	
Post town	MARKET HARBOUROUGH	
County/Region	LEICESTERSHIRE	
Postcode	LE116 8LY	
Country	ENGLAND	



THE UNIVERSITY OF CHICAGO  
DIVISION OF THE PHYSICAL SCIENCES  
DEPARTMENT OF CHEMISTRY

PHYSICAL CHEMISTRY  
LABORATORY

PROFESSOR  
J. H. DILLON  
J. A. I. O. S.  
PHYSICAL CHEMISTRY

PHYSICAL CHEMISTRY  
LABORATORY  
DEPARTMENT OF CHEMISTRY  
THE UNIVERSITY OF CHICAGO  
5700 S. DILLON AVE.  
CHICAGO, ILL. 60637



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Annual Return

Director

<b>D1</b>	<b>Director's details ①</b>																	
	Please use this section to list all the directors of the company. For a corporate director, complete Section E1-E4.																	
Title*																		
Full forename(s)	JANE FRANCIS																	
Surname	LINNELL																	
Former name(s)②																		
Country/State of residence	ENGLAND																	
Nationality	BRITISH																	
Date of birth	<table border="1"> <tr> <td>d</td><td>d</td><td>m</td><td>m</td><td>y</td><td>y</td><td>y</td><td>y</td> </tr> <tr> <td>1</td><td>9</td><td>0</td><td>2</td><td>1</td><td>9</td><td>5</td><td>5</td> </tr> </table>		d	d	m	m	y	y	y	y	1	9	0	2	1	9	5	5
d	d	m	m	y	y	y	y											
1	9	0	2	1	9	5	5											
Business occupation (if any)	CONSULTANT																	

**① Director appointments**  
You cannot use this form to appoint a director. To do this, please complete form AP01 and submit it together with this annual return.

**Corporate details**  
Please use Section E1-E4 to enter corporate director details.

**Director details**  
All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CH01.

**② Former name(s)**  
Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.

<b>D2</b>	<b>Director's service address ①</b>								
Building name/number	LEA HOUSE								
Street	CLIPSTON LANE								
	GREAT OXENDON								
Post town	MARKET HARBOURGH								
County/Region	LEICESTERSHIRE								
Postcode	<table border="1"> <tr> <td>L</td><td>E</td><td>1</td><td>6</td><td>8</td><td>L</td><td>Y</td> </tr> </table>		L	E	1	6	8	L	Y
L	E	1	6	8	L	Y			
Country	ENGLAND								

**① Service address**  
If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the address.

This information will appear on the public record.

STATE OF TEXAS  
COUNTY OF DALLAS

Know all men by these presents, that  
JOHN A. SMITH, of the County of Dallas,  
State of Texas, for and in consideration of the sum of  
\$100.00, to him in hand paid by the undersigned, the receipt of which is hereby acknowledged, have granted, sold and conveyed, and by these presents do grant, sell and convey unto the said

JOHN A. SMITH, of the County of Dallas,  
State of Texas, all that certain lot or lots of land,  
situate in the County of Dallas, State of Texas,  
to wit: Lot 1, Block 1, Subdivision 1, of the  
Tract of Land in the County of Dallas, State of Texas,  
containing 10.00 Acres, more or less, as the same may  
appear from the records of the County Clerk of said County.

## Part 3 Statement of capital<sup>o</sup>

Does your company have share capital?

- Yes Complete the sections below and the following Part 4.  
→ No Go to Part 5 (Signature).

<sup>1</sup> This should reflect the company's capital status at the made up date of this annual return.

### F1 Share capital in pound sterling (£)

Please complete the table below to show each class of shares held in pound sterling.  
If all your issued capital is in sterling, only complete Section F1 and then go to Section F4.

Class of shares (E.g. Ordinary/Preference etc.)	Amount paid up on each share <sup>2</sup>	Amount (if any) unpaid on each share <sup>2</sup>	Number of shares <sup>3</sup>	Aggregate nominal value <sup>4</sup>
ORDINARY	£1		100	£ 100
				£
				£
				£
Totals			100	£ 100

### F2 Share capital in other currencies

Please complete the table below to show any class of shares held in other currencies.  
Please complete a separate table for each currency.

Currency				
Class of shares (E.g. Ordinary/Preference etc.)	Amount paid up on each share ②	Amount (if any) unpaid on each share ②	Number of shares ③	Aggregate nominal value ④
Totals				

Currency				
Class of shares (E.g. Ordinary/Preference etc.)	Amount paid up on each share ②	Amount (if any) unpaid on each share ②	Number of shares ③	Aggregate nominal value ④
Totals				

### F3 Totals

Please give the total number of shares and total aggregate nominal value of issued share capital.

Total number of shares	100
Total aggregate nominal value <sup>5</sup>	£100

<sup>5</sup> Total aggregate nominal value  
Please list total aggregate values in different currencies separately. For example: £100 + €100 + \$10 etc.

<sup>2</sup> Including both the nominal value and any share premium.

<sup>3</sup> Number of shares issued multiplied by nominal value of each share.

<sup>4</sup> Total number of issued shares in this class.

**Continuation Pages**  
Please use a Statement of Capital continuation page if necessary.

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F4

## Statement of capital (Voting rights)

Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2.

Class of share

ORDINARY

Voting rights

EQUAL VOTING RIGHTS , RIGHTS TO DIVIDENDS  
AND CAPITAL.

Class of share

Voting rights

Class of share

Voting rights

Class of share

Voting rights

THE CHAIRMAN  
BOARD OF DIRECTORS, UNITED STATES  
CREDIT

## Part 4

## Shareholders

Does your company have share capital?  
→ Yes Complete the sections below.  
→ No Go to Part 5 (Signature).

① This should reflect the shareholder details at the made up date of this annual return.

G1

### Traded public companies ②

☐ Please tick the box if your company was a traded public company at any time during the period of this return.

② Traded company definition  
A traded company means a company any of whose shares are admitted to trading on a regulated market.

G2

### List of past and present shareholders

Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns.

Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns.

Please tick the appropriate box below:

- ☒ A full list of shareholders for a private or non-traded public company is enclosed. Please complete Section G3; or
- ☐ A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4.
- ☐ A list of shareholder changes is enclosed.  
→ For private or non-traded public companies, please complete Section G3.  
→ For traded public companies, please complete Section G4.
- ☒ There were no shareholder changes in this period.  
→ Go to Part 5 (Signature).

Please tick the appropriate box below to indicate the format of your shareholder details:

- ☐ The list of shareholders is enclosed on paper.
- ☐ The list of shareholders is enclosed in another format.

G3

**Private or non-traded public companies – list of past and present shareholders**

This section should only be completed by companies that have not traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year.

You must provide a 'full list' of all company shareholders on:

- The company's first annual return following incorporation;
- Every third annual return after a full list has been provided.

Please list the company shareholders in alphabetical order.

Joint shareholders should be listed consecutively.

**Further shareholders**

Please use a 'Private or non-traded public companies – list of past and present shareholders' continuation page if necessary.

Shareholder's Name (Address not required)	Class of share	Shares or stock currently held	Shares or stock transferred (if appropriate)	
		Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
MARK DAVID LINNELL	ORDINARY	50		/ /
SANE FRANCIS GRAHAM LINNELL	ORDINARY	50		/ /
				/ /
				/ /
				/ /
				/ /
				/ /
				/ /
				/ /
				/ /
				/ /
				/ /
				/ /
				/ /
				/ /

1. The first part of the document is a list of the names of the persons who have been appointed to the various offices of the Board of Directors of the Corporation.

2. The second part of the document is a list of the names of the persons who have been appointed to the various offices of the Board of Directors of the Corporation.



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Annual Return

**Part 5**

**Signature**

This must be completed by all companies.

I am signing this form on behalf of the company.

Signature

Signature

X

*V/sh L. M.*

X

This form may be signed by:  
Director <sup>1</sup>, Secretary, Person authorised <sup>2</sup>, Charity commission receiver and  
manager, CIC manager, Judicial factor.

**<sup>1</sup> Societas Europaea**

If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership.

**<sup>2</sup> Person authorised**

Under either section 270 or 274 of the Companies Act 2006.

AR01

Annual Return

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

JANET ROBERTS

Company name

PROCLUS BUSINESS

COACHING LIMITED

Address

112 ST MARY'S ROAD

Post town

MARKET HARBOUROUGH

County/Region

LEICESTERSHIRE

Postcode

LE16 7DX

Country

ENGLAND

DX

Telephone

01858 461567

**Checklist**

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have completed your principal business activity.
- ☐ You have not used this form to make changes to the registered office address.
- ☐ You have not used this form to make changes to secretary and director details.
- ☐ You have fully completed the Statement of capital (if applicable).
- ☐ You have signed the form.
- ☐ You have enclosed the correct fee.

**Important information**

Please note that all information on this form will appear on the public record.

**How to pay**

A fee of £30 is payable to Companies House in respect of an Annual Return

Make cheques or postal orders payable to 'Companies House.'

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales:  
The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ.  
DX 33050 Cardiff.

For companies registered in Scotland:  
The Registrar of Companies, Companies House,  
Fourth floor, Edinburgh Quay 2,  
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF.  
DX ED235 Edinburgh 1  
or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland:  
The Registrar of Companies, Companies House,  
First Floor, Waterfront Plaza, 8 Laganbank Road,  
Belfast, Northern Ireland, BT1 3BS.  
DX 481 N.R. Belfast 1.

**Further information**

For further information, please see the guidance notes on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

This form is available in an alternative format. Please visit the forms page on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)

JOHN T. ROBERTS  
FREDERICK ROBERTS  
JOHN T. ROBERTS  
JOHN T. ROBERTS

JOHN T. ROBERTS  
FREDERICK ROBERTS  
JOHN T. ROBERTS  
JOHN T. ROBERTS

JOHN T. ROBERTS