

Please complete in typescript,
or in bold black capitals.

CHFP016

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

4945969

Company Name in full

STUDIO HEALTH + FITNESS LIMITED

Date of termination of appointment

Day Month Year
28 10 2003

as director

☐

as secretary

☒

Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes.

NAME

*Style / Title

*Honours etc

Please insert
details as
previously
notified to
Companies House.

Forename(s)

Surname

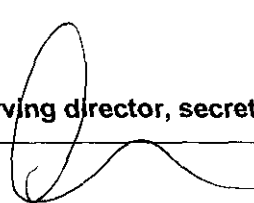
† Date of Birth

Day Month Year

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|--|--|--|--|--|--|--|--|--|--|

A serving director, secretary etc must sign the form below.

Signed



Date

28.10.03

* Voluntary details.
† Directors only.
** Delete as appropriate

(** serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

12 YORK PLACE, LEEDS

WEST YORKSHIRE

LS1 2DS

Tel 0113 242 022

DX number 26436

DX exchange LEEDS PARK SQUARE



A49
COMPANIES HOUSE
Form revised 1999

0657
08/11/03

When you have completed and signed the form please send it to the
Registrar of Companies at:
Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh