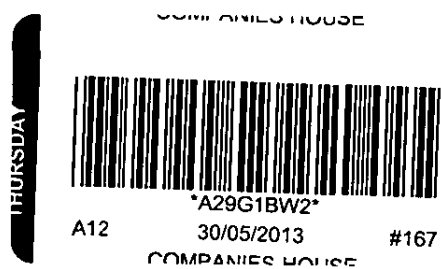


Registered Number 4936216

4 SEASONS 4 FOOD LIMITED

Abbreviated Accounts

31 March 2013



4 SEASONS 4 FOOD LIMITED

Registered Number 4936216

Balance Sheet as at 31 March 2013

	Notes	2013	2012
		£	£
Fixed assets			
Intangible	2	1,100	1,100
Tangible	3	27,641	28,199
		<u>28,741</u>	<u>29,299</u>
Current assets			
Stocks		3,160	4,573
Debtors	4	241	241
Cash at bank and in hand		30,088	31,433
Total current assets		<u>33,489</u>	<u>36,247</u>
Creditors: amounts falling due within one year	5	(40,175)	(46,299)
Net current assets (liabilities)		<u>(6,686)</u>	<u>(10,052)</u>
Total assets less current liabilities		<u>22,055</u>	<u>19,247</u>
Total net assets (liabilities)		<u>22,055</u>	<u>19,247</u>
Capital and reserves			
Called up share capital	6	100	100
Profit and loss account		21,955	19,148
Shareholders funds		<u>22,055</u>	<u>19,248</u>

- a For the year ending 31 March 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies
- b The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts
- d These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime

Approved by the board on 08 May 2012

And signed on their behalf by
Philip Burgess, Director



This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 31 March 2013

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective April 2008)

Cash Flow Statement

The Company is exempt from including a statement of cash flows in its accounts in accordance with Financial Reporting Standard for Smaller Entities (effective April 2008)

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Long Leasehold Properties	20% reducing balance
Plant And Machinery	20% reducing balance
Fixtures And Fittings	20% reducing balance
Equipment	20% reducing balance

2 Intangible fixed assets

Cost or valuation	£
At 01 April 2012	1,100
At 31 March 2013	<u>1,100</u>
Net Book Value	
At 31 March 2013	1,100
At 31 March 2012	<u>1,100</u>

3 Tangible fixed assets

	Plant & Machinery	Fixtures & Fittings	Long Leasehold Properties	Equipment	Total
Cost	£	£	£	£	£
At 01 April 2012	20,000	7,101	8,739	0	35,840
Additions	3,150	0	0	442	3,592
Disposals	0	0	0	0	0
At 31 March 2013	<u>23,150</u>	<u>7,101</u>	<u>8,739</u>	<u>442</u>	<u>39,432</u>
Depreciation					
At 01 April 2012	4,000	3,641	0	0	7,641
Charge for year	3,447	623	0	80	4,150
On disposals	0	0	0	0	0
At 31 March 2013	<u>7,447</u>	<u>4,264</u>	<u>0</u>	<u>80</u>	<u>11,791</u>

Net Book Value

At 31 March 2013	15,703	2,837	8,739	362	27,641
At 31 March 2012	16,000	3,460	8,739	0	28,199

4 Debtors

	2013	2012
	£	£
Other debtors	241	241
	<u>241</u>	<u>241</u>

5 Creditors: amounts falling due within one year

	2013	2012
	£	£
Bank loans and overdrafts		216
Trade creditors	9,386	6,239
Taxation and Social Security	13,832	14,949
Other creditors	16,957	24,895
	<u>40,175</u>	<u>46,299</u>

6 Share capital

	2013	2012
	£	£
Authorised share capital:		
100 Ordinary shares of £1 each	100	100
Allotted, called up and fully paid:		
100 Ordinary shares of £1 each	100	100