



Charity number 1101976
Company Number 04936165

Registrar's
Copy

Hull & East Yorkshire MIND

Financial Statements

31 March 2014



Smailes Goldie

Chartered Accountants

 **UK200Group**
independent quality assured professionals



Hull & East Yorkshire MIND (Registered number: 04936165)

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Hull & East Yorkshire Mind (Registered number: 04936165)

Trustees Report

Year ended 31st March, 2014

The Trustees of Hull & East Yorkshire Mind are:

M. Gill	-	
A. Denholm	-	Honorary Treasurer
N. Smith	-	Vice Chair
V. Walker	-	Chair
J. Oraka		
S. Delaney	-	Honorary Secretary

The names and addresses of relevant organisations are as follows:

Bankers:

Lloyds Bank Plc.
George Street
Hull

Natwest Bank
King Edward Street
Hull

Auditors:

Smailes Goldie
Regent's Court
Princess Street
Hull
HU2 8BA

Solicitors:

Rollits
Wilberforce Court
High Street
Hull
HU1 1YH

Hull & East Yorkshire Mind (Registered number: 04936165)

Trustees Report

Year ended 31st March, 2014

1 Trustees responsibilities

Company law requires us as Trustees, who are also Directors of the charity for the purposes of the Companies Act, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the surplus or deficit of the Charity for that year. In preparing those financial statements we are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

We are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable us to ensure that the financial statements comply with the Companies Act 2006. We are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and breaches of law and regulations.

2 Structure, governance and management

Hull & East Yorkshire Mind is an incorporated Charity limited by guarantee (Company No. 4936165) governed by the Articles and Working Rules. It is a local Charity affiliated to National Mind and a registered charity (Registration number 1101976).

The Articles and Working Rules set out various categories of membership and full members shall be entitled to vote at all general meetings of the Charity.

On the payment of an annual levy to National Mind the Charity shall remain affiliated and can participate in the affairs of National Mind to such a degree and through such representation that may be determined by us and National Mind.

We serve, but not exclusively, the area covered by the Kingston upon Hull and the East Riding of Yorkshire Councils being Unitary Authorities. We are also developing services to be delivered nationwide.

The trustees have responsibility to ensure that the Charity is properly funded by direct grant or other means. The Charity is not allowed to be insolvent and is subject to annual audit by independent auditors.

In the event of a winding up of the Charity any surplus funds must be applied to any such charitable purposes in connection with the preservation and safeguarding of mental health and the relief of persons suffering from mental disorders.

The Charity's objects ("the Objects") are to:

- (a) Promote the preservation of mental health and mental and emotional well-being within the whole community by:
 - (i) the advancement of education; and
 - (ii) the provision of facilities and services for social welfare, personal development, recreation and social inclusion, being non-party in politics and non-sectarian in relation, without distinction of race, gender or sexuality

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- (b) Assist in relieving and rehabilitating vulnerable persons of all description and ages and from all walks of life who are:
- (i) Suffering from mental health disorders; or
 - (ii) Suffering from anxiety or emotional or mental distress; or
 - (iii) developing or are at risk of developing mental health disorders or anxiety or emotional or behavioural problems for any reason whatsoever including, but not limited to alcoholism, substance addictions, their age, bereavement or loss, conditions of life, disability, homelessness, exclusion from school, college, university or society, financial hardship, physical condition or illness, personal circumstances, redundancy, unemployment
- By the provision of advice, assistance, counselling, guidance, treatment or any facilities or services calculated to improve their mental health, emotional well-being and conditions of life
- (c) educate and disseminate information in matters relating to mental health and emotional well-being and the preservation and maintenance of mental health and emotional well-being to the public at large and to the carers, colleagues, families and friends of vulnerable persons suffering from mental health disorders and/or emotional or mental distress or who are developing or are at risk of developing mental health disorders and/or emotional or behavioural problems for any reason.

Our vision is to:

- be the service of choice for people at risk of or with mental health issues
- be the lead voluntary sector provider of mental health services within Hull and East Yorkshire and beyond
- be the partner of choice for funders, referrers and other organisations
- our clients and funders will have full confidence in and respect for the services we provide, knowing that they address their needs and achieve a measurable impact
- have a reputation for creating and delivering sustainable flagship services
- proactively seek opportunities to develop new and innovative services beyond traditional mental health client groups
- have a flexible workforce to create a sustainable organisation

Day to day management

The day to day management of the Charity is carried out by a Chief Executive Officer, responsible to the Executive Committee of up to 15 Trustees, who also comprise the directors of the company, meeting up to 11 times a year including strategic planning days. From the committee of trustees are elected 4 Appointed Officers of Chair, Vice Chair, Honorary Treasurer and Honorary Secretary. The list of Trustees can be found on page 1. Other Trustees are either elected at the Annual General Meeting or co-opted. The principal office is situated at 41-45 Beverley Road, Hull.

To assist the committee of trustees there is a senior management team comprising a CEO and 3 senior managers with overall responsibility for, Finance and IT, Human Resources and Training, Operations, Health and Safety, and Protection of Vulnerable Adults. The Trustees may also appoint other sub-committees from their number to look at specific matters and advise.

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Year ended 31st March, 2014

Recruitment and training of trustees

The Trustees aim to maintain within the Executive Committee a wide breadth of experience both from within the voluntary sector as well as from the local business community and be representative of the people we serve and the diverse minorities within it. Trustees are elected from the membership following a formal nomination or recruited by advertising vacancies and personal approaches. Training is delivered in the first instance through the use of an induction pack and a process of support by other trustees. Specific training needs of trustees are also identified and training provided by a full range of methods both in house and external.

Risk Management

Risk is identified in a number of ways through our Health and Safety Committee, strategic and business planning, financial reporting, recommended practise and legislation this is managed through policy development and training. A risk register in the form of policy development and review has been created from which policy is made and a training programme implemented. The training programme is monitored for each individual member of staff, volunteer, and trustee and reported to the Executive Committee of trustees.

Related Parties

The Charity is guided by both local and national policy and strategy where this is complementary to our objectives. Equally we will participate in joint working with other national and local organisations in the pursuit of our objectives such as National MIND.

3 Objectives and Activities

The main objectives for the year have been a continued focus on income generation strategies to ensure the sustainability of the organisation and the services it offers. This has been achieved through tendering for services with statutory authorities and applying to grant authorities.

To maintain quality standards within the organisation and achieve further quality kite marks and this year saw us retaining our Customer First award.

Raising the profile of Hull & East Yorkshire Mind both locally and regionally. This is an ongoing activity as we utilise social media, networking and local news media to grow our networks.

To support and develop our staff through continued professional development, this year has seen significant investment in ensuring our staff are well trained to support our clients.

To conclude and implement a review of our workforce and support staff through the organisational change. This has been a significant activity for the organisation this year and will continue over in to the next financial year as job roles and reporting structures change under the new structure.

A further significant activity this year has been the purchase of Wellington House, Beverley Road, Hull from which we plan to operate our head office activities from in the future. This purchase has also given us the opportunity to generate income to support the objective of being a sustainable organisation as the property is occupied by tenants from whom we collect rental income.

Many of these are on-going and will feature in the coming year.

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Year ended 31st March, 2014

4 Public Benefit

The trustees confirm that they have paid due regard to the Charities Commission guidance on public benefit in deciding which activities that Hull & East Yorkshire MIND should undertake and have summarised the main activities below:-

Supported Housing Services

Our supported housing services are delivered across Hull and the East Riding of Yorkshire. We provide 109 supported housing places in addition to support within the community for clients to manage their tenancies and live independently. Accommodation occupancy rates have ranged from 85-100%.

The hostels are typically set-up as shared houses with communal facilities. In addition, we also manage hostels which offer self-contained accommodation, with one of these hostels offering female-only accommodation and one hostel for young people.

Staff work with service users to address issues around budgeting, debt management, benefit entitlement, social and domestic skills, family and personal relationships, education, training and social inclusion. The aim is to facilitate a move on from our services to independent living and also to maintain the current level of independence for longer-term clients.

In addition to the above, the supported housing service also gained, through Hull City Council's tender process, a hostel and a floating support service for women experiencing domestic violence and poor mental health and wellbeing.

Community Development

East Riding Services

East Riding Services includes the Reach Out Project (currently in its third year), the Bereavement Service and the Community Based Prevention and Early Intervention Service (both new contracts).

The Reach Out Project is an open-access service promoting mental health and well-being through one-to-one self-development, telephone information and guidance, psycho-social courses and group work to the residents of the East Riding of Yorkshire aged 16 and above. The project supports East Riding residents across all 7 localities.

The project team aims to support people to take control of their own lives and move forward to increase their confidence and achieve agreed goals by offering thorough assessment and support planning with the aim of promoting social inclusion and recovery.

In addition to supporting people to improve their wellbeing and quality of life, we aim to reduce the amount of referrals to secondary care and improve ease of access to non-statutory community based services.

The Reach Out Project engaged with 674 people during this reporting period (annual contractual target of 550).

In addition to the Reach Out Project, the team now offer support for people who are recently bereaved in the East Riding locality. This service offers bereavement support and an opportunity to have a safe and supported environment to grieve. The team offer practical support and can provide access to community based groups and activities to help to rebuild the lives of those who may feel isolated as a result of their loss. For this reporting period, the project has provided a Bereavement Service to 10 clients with over 100 hours of support to those who have accessed the service.

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Furthermore, during this reporting period, we have also commenced work on the Community Based Prevention and Early Intervention Service which is funded through the East Riding of Yorkshire Council. This contract is to work in the Holderness area with community groups of people aged 50+. The aim of the project is to support people to access more informal support in their community, linking groups with organisations and practicing social prescribing. The project, which commenced in January 2013, has started to map existing groups (68 groups identified), survey our current clients living in Holderness and build partnerships with groups and agencies.

The Gateway, Information, Support, Wellbeing

The Gateway Team are very proud of the diverse range of support and services that they offer to clients. The portfolio of support includes, group activities, courses, user-led activity and specialist groups such as for those with memory loss or those with traits or a diagnosis of Asperger's Syndrome. This support is undertaken alongside one to one support aimed at individual's specific needs and goals.

This variety of support offered enables us to appeal to a wide range of individuals all with differing needs and issues. A total of 5,556 client contacts were recorded for the 2013-2014 reporting period. The team supported 151 individuals in the year in a variety of ways. We are successful in attracting and working with such high numbers of people because the project is able to offer a wide range of support options to the public. 100% of the service users asked, reported that they were treated with dignity and respect by The Gateway Team.

Information Service

This year the Information Service has continued to grow with 1,422 enquiries (1,278 enquiries in 2013, and 1028 enquiries in 2012). 49% of enquiries are from residents in Hull and 51% from residents living in the East Riding.

The Information Service is an excellent first point of contact for people who are experiencing wellbeing difficulties and social and non-medical issues. All enquiries are responded to within 2 working days, with the majority of enquires responded to on the same day.

The top three enquiries for this year have been Mental Health Issues, Social Isolation and Benefit related issues. There still remains a broad spread of enquiries on other matters.

Everyone who engages with the Information Service is allowed the time and safe space to talk about their issues and they are provided with professional information, advice and guidance. The Information Service will see any member of the public that comes in for help and support.

During this reporting period, the Information Service has taken 26 crisis calls/enquiries. These clients are supported by members of staff that have been trained in Applied Suicide Intervention Skills Training (ASIST).

POINT – Social Prescribing

The POINT Project is based on a model of social prescribing which identifies the non-medical issues impacting on an individual's mental well-being. Once identified, the POINT Project Worker will work with the client to establish an Action Plan which includes self-help coping strategies, mental health and services information, signposting and referral to appropriate support.

Clients may also receive the support of a Volunteer Mentor who can help with improving client's confidence and self-esteem, access to community involvement, help to attend appointments and manage finances and benefits. The POINT Project Workers will support clients in a time-limited, task-focused manner through three, one-hour appointments (Initial Assessment, Review and Exit). Volunteer Mentors will support clients to achieve their Action Plans for up to 3 months.

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POINT will accept self-referrals, referrals from a variety of other agencies including GP practices across the City and will work with clients who are frequent attendees at GP surgery's, who are socially isolated, experiencing financial, housing or relationship difficulties and with mild to moderate mental health problems.

From the 505 referrals received during this reporting period, 371 clients engaged with the project (contractual target 300-400). Every new referral was contacted within 7 days either directly by letter or by telephone. 656 hours were contributed to the project by Volunteer Mentors this year.

Moving Forward

The Moving Forward Vocational Support Project has worked with adults living in Hull and the East Riding of Yorkshire to feel able to stay at work, return to work or feel able to seek work. Specialist Vocational Support Workers support clients to identify their personal targets and goals, complete Personal Development Plans and continue to monitor and review their progress. One to one support is offered, group-work and courses. There is also the opportunity for clients to be supported in work tasters, placements and volunteering, and for clients to access the NICE recommended Beating the Blues Computerised Cognitive Behavioural Therapy.

The project has progressed well in its first eighteen months. The project team have established and sustained excellent links with Hull College, the Job Centre and other specialist services. These links have enabled us to reach the deprived clients in the Hull and East Riding that are suffering from mental health problems.

Our Personal Development Planning, Employability Training Sessions, Weekly Social Groups, Quarterly Steering Groups and the annual Focus Group have been well received by all participants of the project. Beneficiaries who have attended our extensive training opportunities have left reporting that they have improved their confidence and self-esteem, increased their coping skills and felt more motivated to look for employment.

In November 2013, the Moving Forward Social group in Hull was re-launched. The weekly Social Groups have helped to empower the beneficiaries, reduce social isolation and increase their confidence. This encapsulates the spirit with which the project is delivered - to create opportunities, build resilience and to increase mental well-being.

Volunteering Team

During this reporting period, 50 volunteers were recruited and trained and they supported 511 clients with 2,589 hours of support. 43% of our volunteers are retained with us for more than a year.

Volunteers at HEY Mind now fulfil a variety of roles and are an integral part of the services we offer. Examples of the roles now available are group support, mentoring, prison mentoring, training support, administration, trainee counsellors and student placements.

Recruitment and training has continued throughout the year with three Induction Courses delivered. Continuous Professional Development training has also been delivered this year with 34 volunteers undertaking Mental Health Awareness and Safe-talk training. A further 6 volunteers have attended Stress Control workshops to support delivery during the next reporting period.

The team continue to hold monthly Volunteer Support Meetings which are attended by between 20 to 25 volunteers and give an opportunity for peer support as well as ideas on how the services can be improved. For volunteers who are not able to attend, minutes are circulated and weekly contact is made by telephone call, e-mail or text to all of our volunteers. This model is now embedded in the volunteer support strategy and ensures that all the volunteers are secure in the knowledge that any issues will be dealt with promptly and their needs are met.

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Year ended 31st March, 2014

The Trustees have not recruited any new members during this period leaving the current total at 6, however there is a recruitment drive underway and the objective is to recruit or co-opt up to a further 6 trustees during the coming year.

Student Placements

Student placement opportunities have significantly developed over the reporting period with good relationships built with The University of Hull, Social Work Department, Psychology Department and the Scarborough Centre for Health Care Studies.

The Social Work Student Programme is fully-established across the organisation with 13 students on placement with us in this period. Seven staff members provided On Site Supervision to the students or were their Practice Educators. The students are integral to the teams and service delivery.

Students provided added-value to our projects and the organisation has benefitted from employing students once their degree was completed. Exit interviews conducted with students who finish placement found that most students enjoyed their placements, they had been offered ample learning opportunities and they comfortably met the requirements of their degree. The majority of students also reported that they have been well supported while on placement and that they found all HEY Mind staff to be helpful.

Aside from our established Social Work Student Programme, Hull and East Yorkshire Mind has also become a popular choice for student placements with a number of students from Wilberforce Sixth Form College, one student from The Northern School of Psychodrama, five trainee counsellors and six Masters Psychology students.

Mindworks Training

Mindworks Training has been developed to deliver training courses to external customers with a view to generating profits to support the organisations sustainability. During 2013/14 it has been establishing itself within the market sector, growing its share of the customer base.

Its portfolio of courses cover areas such as suicide training, mental health first aid and mental health awareness, understanding self-harm and personal safety and are delivered predominantly in Hull and the East Riding of Yorkshire but also UK wide.

During 2013/14 Mindworks Training were successful in winning contracts to deliver free courses to residents of the East Riding of Yorkshire along with a number of commercial contracts.

5. Financial Review

The annual accounts have been prepared in accordance with the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) revised in March 2005. The income of £1,701,653 is a reduction of £63,484 from last year.

The purchase of head office premises at the end of the financial year has seen changes to both our balance sheet and created a deficit in our accounts. The deficit of £194,701 is as a result of writing off the remaining value of the improvements made to Trafalgar House which had 14 years remaining life but was realised when we gave notice on the lease.

The property purchase was financed by a 15 year bank loan and has seen a movement from cash at bank to fixed asset and long term debt. The impact on this purchase and write off in asset is a reduction in our overall reserves to £1.4m.

We maintained a strong cash flow position throughout the year thanks to the prompt payments by our funding providers.

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Trustees Report

Year ended 31st March, 2014

Reserves Policy

After assessment of the risk to the Charity the reserves policy is:

- To maintain sufficient reserves to enable it to respond to short term fluctuations in levels of funding, and provide sufficient liquid resources to meet its revenue and capital needs
- To fix the sum required at three months gross annual expenditure plus forecast capital expenditure
- To monitor the position on a regular basis and identify the steps necessary to achieve the required level
- To invest all liquid assets in short-term low risk investments except where a longer period could be considered
- To ensure that any longer term investment is only undertaken after proper consideration of the risks and returns involved.

The current reserves allocated to this are £1.114m compared to a target of £925k.

Investments and short term deposits

Investments are re-valued each year to reflect the market value prevailing at the balance sheet date.

Short term deposits are held by the charity so that in the event that direct funding is delayed, on-going salary and overhead costs can be met.

Market value of freehold land and buildings

Hull & East Yorkshire Mind purchased Wellington House, 108 Beverley Road, Hull on 28 March 2014 for £540,000 being the open market valuation for the property.

Principal Funding Sources

Grants

We particularly thank the following for their support

Big Lottery Fund
Kingston upon Hull City Council & Social Services
East Riding of Yorkshire Council
NHS Hull
NHS East Riding
Tudor Trust
Garfield Weston Foundation
The Hull and East Riding Charitable Trust
Health and Social Care Volunteering Fund

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Trustees Report

Year ended 31st March, 2014

6 Plans for the Future

The board of trustees recognise that future plans have to focus on the sustainability of services, the development of new service to address unmet need of the people we support and seek new opportunities to ensure the sustainability of the organisation and employment of our staff.

The government's austerity measures have forced not only a review of priorities for mental health services by statutory services but also the funding cuts have forced us to look at our priorities.

In 2014/15 our focus will be on:

- The realignment of existing services to meet commissioners priorities
- The reconfiguration of services through workforce restructure to sustain them
- The increase of donor income and sponsorship
- To review and extend our strategic plans to sustain the people we support through the changes to welfare and local service priorities.
- The recruitment of 5 Trustees with diverse business and community experience to support our strategic aims
- Sustain quality service in these changing times

7 Auditors

Smailes Goldie offers themselves for reappointment as auditors at the next Annual General Meeting.



V Walker
Chair

Wellington House
108 Beverley Road
Hull HU3 1XA

4th August, 2014



A Denholm
Honorary Treasurer

Hull & East Yorkshire MIND (Registered number: 04936165)

A company limited by guarantee

Independent Auditors Report to the Members of Hull & East Yorkshire MIND

We have audited the financial statements of Hull & East Yorkshire MIND for the year ended 31st March 2014 which comprises the Statement of Financial Activities, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

As explained more fully in the Statement of Trustees' Responsibilities the trustees, who are also the directors of Hull & East Yorkshire MIND for the purposes of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees' Report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on the financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2014 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to smaller entities; and
- have been properly prepared in accordance with the Companies Act 2006.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

Hull & East Yorkshire MIND (Registered number: 04936165)

A company limited by guarantee

Independent Auditors Report to the Members of Hull & East Yorkshire MIND (continued)

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees' Report.

James Sharpley FCA (Senior Statutory Auditor)

Smailes Goldie
Chartered Accountants
Registered Auditors
Regent's Court
Princess Street
East Yorkshire
Hull
HU2 8BA
4th August, 2014

Hull & East Yorkshire MIND (Registered number: 04936165)

Statement of Financial Activities (incorporating an Income and Expenditure Account)

for the year ended 31st March 2014

	Note	Unrestricted funds £	Restricted funds £	Designated funds £	Total 2014 £	Total 2013 £
Incoming Resources						
Incoming resources from generated funds						
<i>Voluntary income:</i>						
Donations and gifts		17,294	-	-	17,294	6,986
<i>Activities for generating funds</i>						
Investment income	4	11,458	-	-	11,458	20,104
Incoming resources from charitable activities:						
Grants receivable	3	-	714,008	-	714,008	685,567
Rents receivable		255,594	-	-	255,594	210,964
Supporting people income	5	582,058	-	-	582,058	637,668
Office rental		367	-	-	367	-
Other income	4	120,874	-	-	120,874	203,848
Total incoming resources		987,645	714,008	-	1,701,653	1,765,137
Resources expended						
Charitable activities		951,648	690,791	-	1,642,439	1,672,609
Governance costs		-	44,720	-	44,720	98,696
Total resources expended	6	951,648	735,511	-	1,687,159	1,771,305
Net incoming/(outgoing) resources before transfers		35,997	(21,503)	-	14,494	(6,168)
Transfers between funds		288,828	31,404	(320,232)	-	-
Net incoming/(outgoing) resources		324,825	9,901	(320,232)	14,494	(6,168)
Prior year adjustment		8,093	-	-	8,093	-
Amortisation of capital grant		-	-	(10,595)	(10,595)	(10,595)
Impairment of fixed assets		(207,149)	-	-	(207,149)	-
Gains on investment assets unrealised		456	-	-	456	195
Net movement in funds		126,225	9,901	(330,827)	(194,701)	(16,568)
Fund balances brought forward at 1st April 2013		703,042	47,063	844,714	1,594,819	1,611,387
Fund balances carried forward at 31st March 2014		829,267	56,964	513,887	1,400,118	1,594,819

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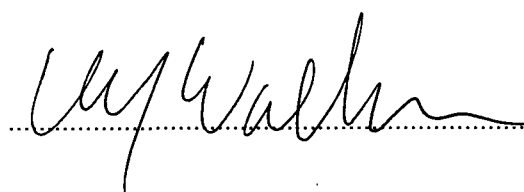
Balance Sheet

at 31st March 2014

	Note	2014		2013	
		£	£	£	£
Fixed assets					
Tangible assets	10		676,614		373,801
Investments	11		2,515		2,058
Current assets					
Debtors	12	347,325		214,799	
Short term deposits		1,048,104		1,167,461	
Cash at bank and in hand		36,714		93,830	
		<u>1,432,143</u>		<u>1,476,090</u>	
Creditors: amounts falling due within one year					
Creditors	13	351,821		257,130	
Net current assets			<u>1,080,322</u>		<u>1,218,960</u>
Total assets less current liabilities			<u>1,759,451</u>		<u>1,594,819</u>
Creditors: amount falling due after one year					
Bank loans			359,333		-
Net assets			<u><u>1,400,118</u></u>		<u><u>1,594,819</u></u>
Income fund					
Unrestricted funds			829,267		703,042
Restricted funds	18		56,964		47,063
Designated funds	20		513,887		844,714
	21		<u><u>1,400,118</u></u>		<u><u>1,594,819</u></u>

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Approved by the Board of Trustees on 4th August, 2014 and signed on its behalf by

 V. Walker

The annexed notes form part of these financial statements.

Hull & East Yorkshire MIND (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2014

1. Accounting policies

The financial statements have been prepared under the historical cost convention, with the exception of investments at market value and buildings at valuation, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April, 2008), the Companies Act 2006 and follow the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) published in 2005.

a) Incoming resources

Grants, legacies, cash donations and gifts are included in full in the Statement of Financial Activities as soon as they are capable of being recognised. Significant non cash donations are included at the Directors' estimate of their market value when received. The value of voluntary help is not included in the accounts. Bank interest is included in the Statement of Financial Activity on an accruals basis. When incoming resources are received in advance or services have not been provided the incoming resources should be deferred. Deferred income is not recognised in the Statement of Financial Activities until the charity is entitled to the incoming resource and instead is disclosed as a liability in the balance sheet.

b) Expenditure

This is accounted for on an accruals basis but when expenditure is incurred relating to more than one cost category; the expenditure is apportioned over all relevant headings. The basis of apportionment used reflects the time and resources exerted under specific headings.

c) Tangible fixed assets

Only expenditure over £1,000 is considered for capital expenditure.

Depreciation is calculated on a straight line basis to write down the cost of all fixed assets over their expected useful lives.

The rates generally applicable are:

Equipment	5% - 20%
Fixtures and fittings	20%
Computer equipment	33 ¹ / ₃ %

d) Investments

Stocks and shares quoted on a recognised stock exchange are included in the balance sheet at their mid-market value at the year end. The variances between market value and the original cost or annual revaluation of the investments are shown as unrealised investment gains or losses.

Hull & East Yorkshire MIND (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2014

1. Accounting policies (continued)

e) Leases and hire purchase contracts

Assets acquired under finance leases and hire purchase contracts are treated as fixed assets. The amount capitalised is the present value of the minimum lease payments payable during the lease term. Depreciation is charged to the Statement of Financial Activities in accordance with the normal depreciation policy over the shorter of the lease term and the useful life of the assets.

The corresponding lease commitments are shown as liabilities. The interest element of rental obligation is charged to the Statement of Financial Activities over the period of the lease on a straight line basis.

Rentals payable under operating leases are charged to the Statement of Financial Activities over the period of the lease on a straight line basis.

f) Pension scheme arrangements

The Charity operates two schemes on a money purchase basis both of which are externally administered by Trustees. Contributions made are therefore charged against income when the contributions fall due.

g) Administration

Administration includes the cost of management of the Charity's affairs.

h) Fundraising

Fundraising includes the costs of raising the Charity's gifted income.

i) Marketing

Marketing includes the cost of raising public awareness to the Charity's objects.

j) Restricted funds

Restricted funds are to be used for specified purposes as laid down by the donor. Expenditure which meets these criteria is identified to the fund, together with a fair allocation of management and support costs.

k) Unrestricted funds

Unrestricted funds are donations and other income received or generated for the objects of the Charity without further specified purpose and are available to generate funds.

l) Designated funds

Designated funds are unrestricted funds earmarked by the trustees for a particular purpose.

2. Taxation

Hull and East Yorkshire MIND is a U.K. registered charity, number 1101976. All the Charity's income is applied to its charitable objects and the Charity is, therefore, exempt under current legislation from most forms of taxation.

The charity registered for VAT in the year and can recover VAT on freehold property expenses. The cost of irrecoverable VAT incurred by the charity is included in the statement of financial activities.

Hull & East Yorkshire MIND (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2014

3. Grants receivable

Grants were received from the following bodies during the year:

	2014 £	2013 £
Big Lottery Fund	91,965	58,877
East Riding of Yorkshire Council & Social Services	159,975	154,348
Primary Care Trust	311,546	344,712
Kingston upon Hull City Council & Social Services	90,538	91,271
Tudor Trust	34,984	29,167
Arts Council	-	7,192
HSCVF	25,000	-
	<u>714,008</u>	<u>685,567</u>

4. Other income

	Bank interest £	Other income £	2014 £	2013 £
ACE	-	-	-	52,085
Arts and Mental Health Promotion	-	-	-	771
The Gateway	-	14,312	14,312	11,733
Directorate and administration	11,458	2,218	13,676	27,071
East Riding	-	8,503	8,503	6,406
Information Services	-	4	4	45
Old Parcels Office	-	8,170	8,170	10,138
POINT	-	-	-	15,204
Mentoring	-	11,599	11,599	100
Mindworks	-	52,026	52,026	43,669
Moving Forward	-	11,155	11,155	2,856
Supported House Hull	-	12,390	12,390	31,604
Supported Housing East Riding	-	497	497	22,270
	<u>11,458</u>	<u>120,874</u>	<u>132,332</u>	<u>223,952</u>

5. Supporting people income

	2014 £	2013 £
Hull City Council	490,189	480,176
East Riding of Yorkshire Council	91,869	157,492
	<u>582,058</u>	<u>637,668</u>

Hull & East Yorkshire MIND (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2014

6. Total resources expended

Costs directly allocated to activities	Basis of allocation	Housing Services £	The Gateway £	Governance £	Employment Projects £
Staff costs	Direct	474,014	91,077	30,368	104,488
Recruitment	Direct	-	-	-	-
Travel	Direct	7,264	48	-	10,007
Beneficiary training	Direct	754	11,662	-	12,678
Other direct costs	Direct	2,471	5,157	-	27,628
Housing services	Direct	95,966	-	-	-
Volunteer expenses	Direct	-	423	-	95
Audit fee	Direct	-	-	5,700	-
Annual report	Direct	-	-	11,520	-
Support costs allocated to activities					
Premises	Floor Area	110,968	10,819	(2,868)	15,728
Communication	Direct	4,967	219	-	1,527
Administration and finance	Income	112,858	28,859	-	29,857
Operational support	Staff Hours	136,663	13,169	-	7,921
Human resources	Staff Hours	2,837	1,333	-	8,855
Total		948,762	162,766	44,720	218,784

Hull & East Yorkshire MIND (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2014

7. Deficit of income over expenditure

Deficit of income over expenditure for the financial year is stated after charging:

Depreciation

Auditors' remuneration

Operating lease rentals

2014

£

19,442

5,700

3,949

2013

£

19,926

5,486

4,006

8. Employee emoluments

Gross

National Insurance

Pension

Total emoluments

No employee received £60,000 per annum or more.

Average number of full time employees

2014

£

1,066,431

87,054

16,698

1,170,183

62

2013

£

1,163,183

96,585

13,826

1,273,594

62

9. Trustees' remuneration

The trustees were not entitled to and received no remuneration from the Charity during the year. There were, however, reimbursed expenses incurred, which totalled £376 (2013 £388).

Hull & East Yorkshire MIND (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2014

10. Tangible fixed assets	Freehold land and buildings £	Fixtures and fittings £	Office equipment £	IT equipment £	Total £
Cost or valuation:					
At 1st April 2013	-	12,306	507,679	55,052	575,037
Additions	540,000	-	-	-	540,000
Disposals	-	-	-	(8,338)	(8,338)
Impairment	-	-	(282,178)	-	(282,178)
At 31st March 2014	540,000	12,306	225,501	46,714	824,521
Depreciation:					
At 1st April 2013	-	8,243	142,464	50,529	201,236
Charge for year	-	1,996	25,463	2,579	30,038
On disposal	-	-	-	(8,338)	(8,338)
Impairment	-	-	(75,029)	-	(75,029)
At 31st March 2014	-	10,239	92,898	44,770	147,907
Net book value:					
At 31st March 2014	540,000	2,067	132,603	1,944	676,614
At 31st March 2013	-	4,063	365,215	4,523	373,801

The net book value at 31st March 2014 represents fixed assets used for:

	Freehold land and buildings £	Fixtures And Fittings £	Office equipment £	IT equipment £	Total £
Direct charitable purposes:					
Provision of services	-	2,067	132,603	1,944	136,614
Other purposes:					
Management and administration of the charity	540,000	-	-	-	540,000
	540,000	2,067	132,603	1,944	676,614

Hull & East Yorkshire MIND (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2014

11. Investment	2014	2013
	£	£
Kingston Communications (Hull) plc shares		
Market value at 1st April 2013	2,058	1,863
Additions	-	-
Disposals	-	-
Unrealised increase in value for the year	457	195
	<u>2,515</u>	<u>2,058</u>
Market value at 31st March 2014	2,515	2,058
	<u>7,556</u>	<u>7,556</u>
Historical cost at 31st March 2014	7,556	7,556
	<u>2,515</u>	<u>2,058</u>
Analysis of investments		
UK Equities	2,515	2,058
	<u>2,515</u>	<u>2,058</u>

The investments are listed on a recognised stock exchange.

12. Debtors	2014	2013
	£	£
Other debtors	173,653	35,037
Prepayments	171,023	179,762
VAT	2,649	-
	<u>347,325</u>	<u>214,799</u>

13. Creditors: amounts falling due within one year	2014	2013
	£	£
Trade creditors	173,444	153,954
Other creditors	342	333
Accruals	24,950	46,803
Deferred income	127,418	56,040
Bank loans	25,667	-
	<u>351,821</u>	<u>257,130</u>

14. Operating leases

Anticipated payments under operating leases for the year ended 31st March 2014 in respect of commitments that expire:

	2014	2013
	£	£
Within one year	990	-
In one to two years	880	2,594
In two to five years	475	1,355
	<u>2,345</u>	<u>3,949</u>

Hull & East Yorkshire MIND (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March, 2014

15. Secured debts

The following secured debts are included within creditors:

	2014 £	2013 £
Bank loans	385,000	-

16. Capital commitments

	2014 £	2013 £
Authorised but not contracted for	231,600	150,000

17. Legislative provisions

The Charity is regulated by the Charities Act 2011 and the Companies Act 2006.

18. Restricted funds	Balance at 1st April 2013 £	Movement in funds			Balance at 31st March 2014 £
		Incoming resources £	Expended Resources £	Transfers £	
The Gateway	-	177,547	157,411	-	20,136
Community Based	-	10,089	1,715	-	8,374
East Riding	-	130,259	147,254	16,995	-
Mentoring	43,482	75,415	103,685	-	15,212
Information Services	-	46,715	34,335	-	12,380
Moving Forward	3,581	92,476	95,195	-	862
Supported Housing Hull	-	165,007	165,007	-	-
Supported Housing East Riding	-	16,500	30,909	14,409	-
	47,063	714,008	735,511	31,404	56,964

19. Moving Forward Funding

Of the incoming and expended resources attributable to grant funding the following movements were seen during 2013/2014:

	Balance at 1st April 2013 £	Movement in funds		Balance at 31st March 2014 £
		Incoming resources £	Expended resources £	
Revenue Big Lottery Grant	5,600	91,965	95,142	2,422

Hull & East Yorkshire MIND (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2014

20. Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the Trustees for specific purposes:

	Balance at 1st April 2013 £	New designations £	Utilised/ released £	Balance at 31st March 2014 £
Head Office move	221,259	-	221,259	-
Head Office purchase	416,486	-	105,138	311,348
Refurbishment reserve	66,886	26,724	20,559	73,051
Old Parcels Office	140,083	-	10,595	129,488
	<u>844,714</u>	<u>26,274</u>	<u>357,551</u>	<u>513,887</u>

21. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Designated Funds £	Total 2014 £	Total 2013 £
Fund balances at 31st March 2014 are represented by					
Tangible fixed assets	547,126	-	129,488	676,614	373,801
Investments	2,515	-	-	2,515	2,058
Current assets	990,780	56,964	384,399	1,432,143	1,476,090
Current liabilities	(711,154)	-	-	(711,154)	(257,130)
Total net assets	<u>829,267</u>	<u>56,964</u>	<u>513,887</u>	<u>1,400,118</u>	<u>1,594,819</u>

22. Indemnity insurance

The Charity paid £2,569 (2013 £4,281) during the year to indemnify the trustees against the consequences of any neglect or default on their part.

23. Pensions

The Charity operates a defined contribution scheme. The amount charged to the Statement of Financial Activities in the year to 31 March 2014 was £16,698 (2013 £13,826).