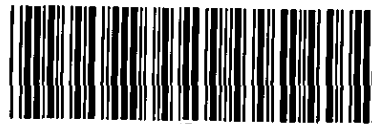


**ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2008**  
**FOR**  
**OPTIMAL STAFFING LIMITED**

THURSDAY



"A2MBYB01"

A33

25/06/2009

392

COMPANIES HOUSE

**OPTIMAL STAFFING LIMITED**

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for the year ended 31 December 2008

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**OPTIMAL STAFFING LIMITED**

**COMPANY INFORMATION**  
for the year ended 31 December 2008

**DIRECTORS:**

M Jordan  
A Pickford  
M Morgan

**SECRETARY:**

A Pickford

**REGISTERED OFFICE:**

7 Brewery Court  
Theale  
Reading  
Berkshire  
RG7 5AJ

**REGISTERED NUMBER:**

4893119 (England and Wales)

**ACCOUNTANTS:**

Griffins  
Chartered Accountants  
Griffins Court  
24-32 London Road  
NEWBURY  
Berkshire  
RG14 1JX

**OPTIMAL STAFFING LIMITED**

**ABBREVIATED BALANCE SHEET**

**31 December 2008**

	Notes	2008 £	2007 £
<b>FIXED ASSETS</b>			
Tangible assets	2	4,948	5,524
<b>CURRENT ASSETS</b>			
Debtors		128,197	125,618
Cash at bank and in hand		112,185	148,171
		<u>240,382</u>	<u>273,789</u>
<b>CREDITORS</b>			
Amounts falling due within one year	3	(113,262)	(149,922)
<b>NET CURRENT ASSETS</b>		<u>127,120</u>	<u>123,867</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>132,068</u>	<u>129,391</u>
<b>PROVISIONS FOR LIABILITIES</b>		<u>(982)</u>	<u>(719)</u>
<b>NET ASSETS</b>		<u><u>131,086</u></u>	<u><u>128,672</u></u>
<b>CAPITAL AND RESERVES</b>			
Called up share capital	4	430	430
Profit and loss account		130,656	128,242
		<u><u>131,086</u></u>	<u><u>128,672</u></u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 December 2008.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2008 in accordance with Section 249B(2) of the Companies Act 1985.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

The notes form part of these abbreviated accounts

**OPTIMAL STAFFING LIMITED**

**ABBREVIATED BALANCE SHEET - continued**  
**31 December 2008**

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

The financial statements were approved by the Board of Directors on 23 March 2009 and were signed on its behalf by:

M Jordan - Director

A handwritten signature in black ink, appearing to be 'M Jordan', written over a horizontal line.

A Pickford - Director

A handwritten signature in black ink, appearing to be 'A Pickford', written over a horizontal line.

M Morgan - Director

A handwritten signature in black ink, appearing to be 'M Morgan', written over a horizontal line.

The notes form part of these abbreviated accounts

**OPTIMAL STAFFING LIMITED**

**NOTES TO THE ABBREVIATED ACCOUNTS**  
**for the year ended 31 December 2008**

**1. ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- Straight line over 3 years
Computer equipment	- Straight line over 3 years

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

**2. TANGIBLE FIXED ASSETS**

	<b>Total £</b>
<b>COST</b>	
At 1 January 2008	<b>25,536</b>
Additions	<b>3,497</b>
	<hr/>
At 31 December 2008	<b>29,033</b>
	<hr/>
<b>DEPRECIATION</b>	
At 1 January 2008	<b>20,013</b>
Charge for year	<b>4,072</b>
	<hr/>
At 31 December 2008	<b>24,085</b>
	<hr/>
<b>NET BOOK VALUE</b>	
At 31 December 2008	<b>4,948</b>
	<hr/>
At 31 December 2007	<b>5,523</b>
	<hr/>

**3. CREDITORS**

Creditors include an amount of £16,761 (2007 - £10,135) for which security has been given.

**OPTIMAL STAFFING LIMITED**

**NOTES TO THE ABBREVIATED ACCOUNTS - continued**  
for the year ended 31 December 2008

**4. CALLED UP SHARE CAPITAL**

Authorised:

Number	Class	Nominal Value:	31.03.08 £	31.12.07 £
1,000,000	Ordinary	£1	100,000	100,000
100	A	£1	100	100
100	B	£1	100	100
100	C	£1	100	100
100	D	£1	100	100

Alloted and issued:

	Class	Nominal Value:	31.03.08 £	31.12.07 £
30	Ordinary	£1	30	30
100	A	£1	100	100
100	B	£1	100	100
100	C	£1	100	100
100	D	£1	100	100

**OPTIMAL STAFFING LIMITED**

**REPORT OF THE ACCOUNTANTS TO THE DIRECTORS OF  
OPTIMAL STAFFING LIMITED**

The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages two to five) have been prepared.

As described on the balance sheet you are responsible for the preparation of the financial statements for the year ended 31 December 2008 set out on pages three to nine and you consider that the company is exempt from an audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

Griffins  
Chartered Accountants  
Griffins Court  
24-32 London Road  
NEVBURY  
Berkshire  
RG14 1JX

Date: 13/06/09.

A handwritten signature in black ink, appearing to be 'Griffins', written over a horizontal line.