

Registered Number 04891722

ACTUAL FIRST AID LIMITED

Abbreviated Accounts

30 September 2015

Abbreviated Balance Sheet as at 30 September 2015

	<i>Notes</i>	<i>2015</i>	<i>2014</i>
		<i>£</i>	<i>£</i>
Called up share capital not paid		-	-
Fixed assets			
Tangible assets	2	6,580	7,741
		<u>6,580</u>	<u>7,741</u>
Current assets			
Stocks		-	-
Debtors		23,903	31,406
Investments		-	-
Cash at bank and in hand		2,298	2,662
		<u>26,201</u>	<u>34,068</u>
Prepayments and accrued income		-	-
Creditors: amounts falling due within one year		(27,328)	(37,148)
Net current assets (liabilities)		<u>(1,127)</u>	<u>(3,080)</u>
Total assets less current liabilities		<u>5,453</u>	<u>4,661</u>
Creditors: amounts falling due after more than one year		(3,580)	(4,095)
Provisions for liabilities		0	0
Accruals and deferred income		0	0
Total net assets (liabilities)		<u>1,873</u>	<u>566</u>
Capital and reserves			
Called up share capital	3	400	400
Profit and loss account		1,473	166
Shareholders' funds		<u>1,873</u>	<u>566</u>

- For the year ending 30 September 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 4 March 2016

And signed on their behalf by:

Geoffrey McKay, Director

Notes to the Abbreviated Accounts for the period ended 30 September 2015

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Tangible assets depreciation policy

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and equipment - 15% reducing balance basis

2 Tangible fixed assets

	£
Cost	
At 1 October 2014	28,369
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 30 September 2015	<u>28,369</u>
Depreciation	
At 1 October 2014	20,628
Charge for the year	1,161
On disposals	-
At 30 September 2015	<u>21,789</u>
Net book values	
At 30 September 2015	<u>6,580</u>
At 30 September 2014	<u>7,741</u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	2015	2014
	£	£
200 Ordinary shares of £1 each	200	200
100 A Ordinary shares of £1 each	100	100
100 B Ordinary shares of £1 each	100	100

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