

**Registered Number 04891722**

**ACTUAL FIRST AID LIMITED**

**Abbreviated Accounts**

**30 September 2010**

ACTUAL FIRST AID LIMITED

Registered Number 04891722

Balance Sheet as at 30 September 2010

	Notes	2010		2009	
		£	£	£	£
<b>Fixed assets</b>					
Tangible	2		14,709		14,709
Total fixed assets			14,709		14,709
<b>Current assets</b>					
Debtors		6,366		6,366	
Investments		29,133		29,133	
Total current assets		<u>35,499</u>		<u>35,499</u>	
<b>Creditors: amounts falling due within one year</b>		(40,303)		(40,303)	
<b>Net current assets</b>			(4,804)		(4,804)
<b>Total assets less current liabilities</b>			<u>9,905</u>		<u>9,905</u>
<b>Total net Assets (liabilities)</b>			9,905		9,905
<b>Capital and reserves</b>					
Called up share capital			100		100
Profit and loss account			<u>9,805</u>		<u>9,805</u>
<b>Shareholders funds</b>			<u>9,905</u>		<u>9,905</u>

- a. For the year ending 30 September 2010 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
  - i. ensuring the company keeps accounting records which comply with Section 386; and
  - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 29 June 2011

And signed on their behalf by:

**M Moore, Director**

**This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.**

**Notes to the abbreviated accounts**

For the year ending 30 September 2010

**1 Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

**Turnover**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**Depreciation**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Training Equipment	15.00% Reducing Balance
Office Equipment	15.00% Reducing Balance

**2 Tangible fixed assets**

Cost	£
At 30 September 2009	26,152
additions	
disposals	
revaluations	
transfers	
At 30 September 2010	<u>26,152</u>
Depreciation	
At 30 September 2009	11,443
Charge for year	
on disposals	
At 30 September 2010	<u>11,443</u>
Net Book Value	
At 30 September 2009	14,709
At 30 September 2010	<u>14,709</u>

**3 Related party disclosures**

The company is controlled by M Moore and G S McKay by virtue of their directorships and holding of the entire issued share capital.

**4 Share Capital**

2009 £100 2010 £100