

**REGISTERED NUMBER:**  
**4845077**  
**England and Wales**

**ABLEBROOK LIMITED**  
**REPORT AND ACCOUNTS**  
**31/07/2010**

THURSDAY



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COMPANIES HOUSE

## **ABLEBROOK LIMITED**

<b>Director</b>	Ms S A Melville
<b>Secretary</b>	P M Enoch
<b>Registered number</b>	4845077 England and Wales
<b>Registered office</b>	36a Townshend Road London NW8 6LE

## **REPORT AND ACCOUNTS**

**31/07/2010**

### **Pages**

1	Director's report
2	Profit and loss account
3	Balance sheet
4	Notes to the accounts

The following pages does not form part of the statutory accounts

5	Detailed trading and profit and loss account
6	Accountants report

**ABLEBROOK LIMITED**  
**DIRECTOR'S REPORT**  
**for the year ended 31 July 2010**

The director presents her annual report and the accounts of the company for the year ended 31 July 2010

**Activities**

The principal activity of the company during the year was to provide treatments and activities for physical well-being and beauty

**Director**

The director who served during the year was Ms S A Melville

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006

**By order of the Board**

A handwritten signature in black ink, appearing to read 'Shula Melville', written over a horizontal line.

Ms S A Melville  
**Director**

Approved *20 April* 2011

**ABLEBROOK LIMITED**  
**PROFIT AND LOSS ACCOUNT**  
for the year ended 31 July 2010

		<b>2010</b>		<b>2009</b>	
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
	Notes				
<b>TURNOVER</b> - continuing activities			23,616		24,668
Administrative expenses	-	23,004		-	15,499
Other expenses	-	30,648		-	27,583
		<u>-</u>	<u>53,652</u>	<u>-</u>	<u>43,082</u>
<b>OPERATING LOSS</b> - continuing activities	2	-	30,036	-	18,414
<b>LOSS</b> on ordinary activities before taxation		-	30,036	-	18,414
<b>TAXATION</b>	3	-	-	-	-
<b>LOSS</b> for the financial year		<b>- 30,036</b>		<b>- 18,414</b>	

The company made no recognised gains or losses in this or the preceding financial year other than the profit or loss for the year

**ABLEBROOK LIMITED**

Company Registration Number: 4845077

**BALANCE SHEET**

at 31 July 2010


	Notes	2010	2009
		£	£
<b>FIXED ASSETS</b>			
Fixed assets	4	3,754	6,798
<b>DEBTORS</b>			
Debtors		5,373	5,372
Cash at bank and in hand		1,414	2,959
		<b>6,787</b>	<b>8,331</b>
<b>CREDITORS</b> amounts falling due within one year	5	<b>- 148,648</b>	<b>- 123,200</b>
<b>NET CURRENT LIABILITIES</b>		<b>- 141,861</b>	<b>- 114,869</b>
<b>NET LIABILITIES</b>		<b>- 138,107</b>	<b>- 108,071</b>
<b>CAPITAL AND RESERVES</b>			
Called up share capital	6	-	-
Profit and loss account	7	- 138,107	- 108,071
<b>SHAREHOLDER'S FUNDS</b>		<b>- 138,107</b>	<b>- 108,071</b>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

For the financial year ended 31 July 2010 the company was entitled to exemption from audit under section 477 companies Act 2006, and no notice has been deposited under section 476

The director acknowledges her responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to the accounts so far as applicable to the company

Signed on behalf of the Board



Ms S A Melville  
Director

Approved by the board on

20 *Am* 2011

The notes on page 4 form part of these accounts

**ABLEBROOK LIMITED**

Notes to the accounts - 31 July 2010

**1 Accounting policies****a. Basis of accounting**

The accounts have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), under the historical cost convention and in compliance with the requirements of the Companies Act 2006

**b. Amortisation and depreciation**

Cost of lease & improvements have been amortised equally over the life of the lease - 8 years  
Equipment has been depreciated at 25% on the reducing balance basis

**2 Operating loss**

Operating loss includes

	2010 £	2009 £
Amortisation	2,688	2,688
Depreciation	356	475
Director's remuneration	-	-
	<b>3,044</b>	<b>3,163</b>

**3 Taxation**

No provision for corporation tax has been made for the period ended 31 July 2010 (2009 nil)

**4 Fixed assets****Cost**

At 31/07/09 &amp; 31/07/10

	Lease £	Equipment £	Total £
At 31/07/09 & 31/07/10	21,503	7,999	29,502
<b>Amortisation &amp; depreciation</b>			
At 01/08/09	16,128	6,576	22,704
for year	2,688	356	3,044
At 31/07/10	18,816	6,932	25,748
<b>Book value at 31/07/10</b>	<b>2,687</b>	<b>1,067</b>	<b>3,754</b>
<b>Book value at 31/07/09</b>	<b>5,375</b>	<b>1,423</b>	<b>6,798</b>

**5 Creditors - amounts falling due within one year**

	2010 £	2009 £
Director's account	148,236	118,048
Other	412	5,152
	<b>148,648</b>	<b>123,200</b>

**6 Called up share capital**

	2010 £	2009 £
<b>Issued, allotted and nil paid</b>		
1 ordinary share of £1 each	-	-

**7 Profit and loss account**

Loss for the year	-	30,036	-	18,414
Balance brought forward	-	108,071	-	89,657
Balance carried forward	-	<b>138,107</b>	-	<b>108,071</b>

**8 Director's undertaking**

The director has given the undertaking that further financial assistance is available to the company as and when required

**9 Related party transactions**

During the year the director withdrew cash amounting to £6,360 (2009 £10,974) for payment of company expenses. The total amount of company expenses paid by the director for the year amounted to £36,548 (2009 £22,464)