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Co Registration Number 04845077(England & Wales)

**ABLEBROOK LIMITED  
DIRECTOR'S REPORT AND UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 31 JULY 2011**

MONDAY



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**ABLEBROOK LIMITED  
COMPANY INFORMATION**

**Director**

Ms S A Melville

**Secretary**

P M Enoch

**Registered number**

4845077 England and Wales

**Registered office**

36a Townshend Road  
London NW8 6LE

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## **ABLEBROOK LIMITED**

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**ABLEBROOK LIMITED**

**DIRECTOR'S REPORT**

**FOR THE YEAR ENDED 31 JULY 2011**

The director presents her report and the accounts for the year ended 31 July 2011

**Principal activities**

The principal activity of the company during the year was to provide treatments and activities for physical well-being and beauty

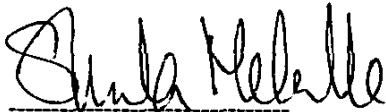
**Director**

The following director has held office since 1 August 2010

Ms S A Melville

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006

**By order of the Board**

A handwritten signature in black ink, appearing to read 'S A Melville', written over a horizontal line.

Ms S A Melville  
**Director**

Approved 14 April 2012

**ABLEBROOK LIMITED**  
**PROFIT AND LOSS ACCOUNT**  
**FOR THE YEAR ENDED 31 JULY 2011**

|   |       | <b>2011</b> |                 | <b>2010</b> |                 |
|---|-------|-------------|-----------------|-------------|-----------------|
|   |       | <b>£</b>    | <b>£</b>        | <b>£</b>    | <b>£</b>        |
|   | Notes |             |                 |             |                 |
| <b>TURNOVER</b>                                       |       |             | 28,432          |             | 23,616          |
| Administrative expenses                               |       | -           | <u>46,707</u>   | -           | <u>53,652</u>   |
| <b>LOSS</b> on ordinary<br>activities before taxation | 2     | -           | 18,275          | -           | 30,036          |
| <b>TAXATION</b>                                       | 3     |             | -               |             | -               |
| <b>LOSS</b> for the year                              | 8     |             | <b>- 18,275</b> |             | <b>- 30,036</b> |

**ABLEBROOK LIMITED**  
**BALANCE SHEET**  
**AS AT 31 JULY 2011**

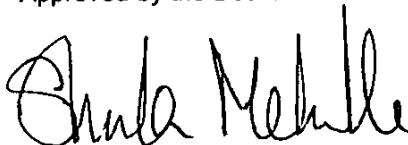
|  | Notes | 2011             | 2010             |
|--|-------|------------------|------------------|
|  |       | £                | £                |
| <b>FIXED ASSETS</b>                                  |       |                  |                  |
| Tangible assets                                      | 4     | 800              | 3,754            |
| <b>CURRENT ASSETS</b>                                | 5     |                  |                  |
| Debtors  |       | 5,496            | 5,373            |
| Cash at bank and in hand                             |       | 5,335            | 1,414            |
|  |       | <b>10,831</b>    | <b>6,787</b>     |
| <b>CREDITORS</b> amounts falling due within one year | 6     | <b>- 168,013</b> | <b>- 148,648</b> |
| <b>NET CURRENT LIABILITIES</b>                       |       | <b>- 157,182</b> | <b>- 141,861</b> |
| <b>NET LIABILITIES</b>                               |       | <b>- 156,382</b> | <b>- 138,107</b> |
| <b>CAPITAL AND RESERVES</b>                          |       |                  |                  |
| Profit and loss account                              | 8     | <b>- 156,382</b> | <b>- 138,107</b> |
| <b>SHAREHOLDER'S FUNDS</b>                           |       | <b>- 156,382</b> | <b>- 138,107</b> |

For the financial year ended 31 July 2011 the company was entitled to exemption from audit under section 477 companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts under the requirements of the Companies Act 2006.

The director acknowledges her responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime within Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Approved by the Board for issue on 14 April 2012



Ms S A Melville  
**Director**

**Company Registration Number 04845077**

**ABLEBROOK LIMITED**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 JULY 2011**

**1 Accounting policies**

**1.1 Accounting convention**

The accounts are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The director has given the undertaking that further financial assistance is available to the company as and when required

**1.2 Compliance with accounting standards**

The accounts are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated)

**1.3 Turnover**

Turnover represents amounts receivable for goods and services net of VAT and trade discounts

**1.4 Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows

|           |                              |
|-----------|------------------------------|
| Lease     | Over life of lease - 8 years |
| Equipment | 25% reducing balance         |

**2 Operating loss**

|   | 2011<br>£ | 2010<br>£ |
|---|-----------|-----------|
| Operating loss is stated after charging |           |           |
| Depreciation of tangible assets         | 2,954     | 3,044     |

**3 Taxation**

No provision for corporation tax has been made for the period ended 31 July 2011 (2010 nil)

**ABLEBROOK LIMITED**  
**NOTES TO THE ACCOUNTS (continued)**  
**FOR THE YEAR ENDED 31 JULY 2011**

**4 Tangible fixed assets**

|                               | Lease  | Equipment | Total  |
|-------------------------------|--------|-----------|--------|
| <b>Cost</b>                   | £      | £         | £      |
| At 01/08/10 & 31/07/11        | 21,503 | 7,999     | 29,502 |
| <b>Depreciation</b>           |        |           |        |
| At 01/08/10                   | 18,816 | 6,932     | 25,748 |
| Charge for the year           | 2,687  | 267       | 2,954  |
| At 31/07/11                   | 21,503 | 7,199     | 28,702 |
| <b>Book value at 31/07/11</b> | -      | 800       | 800    |
| <b>Book value at 31/07/10</b> | 2,687  | 1,067     | 3,754  |

**5 Debtors**

|               | 2011  | 2010  |
|---------------|-------|-------|
|               | £     | £     |
| Trade debtors | 5,496 | 5,373 |

**6 Creditors: amounts falling due within one year**

|                 | 2011    | 2010    |
|-----------------|---------|---------|
|                 | £       | £       |
| Other creditors | 168,013 | 148,648 |

**7 Share capital**

|                                | 2011 | 2010 |
|--------------------------------|------|------|
|                                | £    | £    |
| Allotted, called up and unpaid | -    | -    |
| 1 ordinary share of £1 each    | -    | -    |



**ABLEBROOK LIMITED**  
**NOTES TO THE ACCOUNTS (continued)**  
**FOR THE YEAR ENDED 31 JULY 2011**

**8 Statement of movements on profit and loss account**

|                          | <b>Profit and<br/>loss<br/>account<br/>£</b> |
|--------------------------|--|
| Balance at 1 August 2010 | - 138,107                                    |
| Loss for the year        | - 18,275                                     |
| Balance at 31 July 2011  | <b>- 156,382</b>                             |

**9 Related party relationships and transactions**

During the year the director withdrew cash amounting to £6,171 (2010 £6,360) for payment of company expenses. The total amount of company expenses paid by the director for the year amounted to £25,116 (2010 £36,548). The amount due to the director at the year end was £(2010 £167,181).