

## DETAILS/INFO UNCHANGED FROM EXISTING RECORDS 363a

Please con	nplete i	in ty	pescri	pt,	or	in
bold black	capita	ls.				

CHFP000

Company number

Company name in full

**Annual Return** 

Date of this return

The information in this return is made up to

Day

1/1/2

✓ Date of next return

If you wish to make your next return to a date earlier than the anniversary of this return please show that date here. Companies House will then send a form at the appropriate time.

2410712000

Registered Office

Show here the address at the date of this return

Any change of registered office must be notified on form 287

Post town

County/Region

**UK Postcode** 

36A TOWNSHEND

16 16 IM 18

Principal business activities

Show trade classification code number(s) for the principal activity or activities

If the code number cannot be determined, give a brief description of principal activity

Thirsical well being

SIC CODE



PC5

26/08/2009 **COMPANIES HOUSE**  When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ

for companies registered in England or Wales

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB DX ED235 Edinburgh 1 For companies registered in Scotland

DX 33050 Cardiff

or LP-4 Edinburgh 2

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Register of members If the register of members is not kept at the	
registered office, state here where it is kept	
Post town	
County/Region	
UK Postcode	
Register of Debenture holders  If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state here where it is kept	
Post town	
County/Region	
UK Postcode	
Company type	
Public limited company	
Private company limited by shares	
Private company limited by guarantee without share capital	
Private company limited by shares exempt under section 30 Private company limited by guarantee exempt under section 30	Please tick the appropriate box
Private unlimited company with share capital	
Private unlimited company without share capital	
Company Secretary Deta	ails of a new company secretary must be notified on form 288a
this area to provide	MR HILIP MAURICE
†† Tick the box if the Surname	NOCH
address shown is a service address for the beneficiary of a Address ††	HAMPSTEAD WAY
Confidentiality Order granted under section 723B of the Companies	
Act 1985. Otherwise, give your usual residential address. In	NDON
the case of a corporation or Scottish firm, give the County/Region	
registered or principal office address.  UK Postcode	WILL ITLS
If a partnership, give the names and addresses of Country the partners or the name	)K
of the partnership and office address	
	Page 2

Directors Please list the directors in a	lphabetical order	Details of new directors must be notified on form 288a
Voluntary details In the case of a director that is a corporation or a	ame *Style/Title	Miss
Scottish firm, the name is the		Day Month Year
corporate or firm	Date of birth	1 0,1 0,1 9 5 5
	Forename(s)	SHEILA ANN
	Surname	MALVILLE
†† Tick the box if the address shown is a service address for the	Address ††	36A TOWNSHEND RD
beneficiary of a Confidentiality Order granted under section		
723B of the Companies Act 1985. Otherwise,	Post town	LONDON
give your usual residential address. In the case of a	County/Region	
corporation or Scottish firm, give the registered or principal office	UK Postcode	MW8LBLE
address.	Country	UK
	Nationality	ENGLISH
В	usiness occupation	SHOP ONNER
	•	
Directors	· · ·	Details of new directors must be notified on form 288a
Please list the directors in a  * Voluntary details	alphabetical order	Defails of Heat dilectors light be nothing of John Toog
* Voluntary details  In the case of a director that is a	ame *Style/Title	Details of flew directors index be notified of form 2000
* Voluntary details  In the case of a		Day Month Year
Voluntary details     In the case of a director that is a corporation or a		
* Voluntary details  In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm	ame *Style/Title	Day Month Year
* Voluntary details  In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name	ame *Style/Title  Date of birth	Day Month Year
* Voluntary details  In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name  †† Tick the box if the address shown is a service address for the	ame *Style/Title  Date of birth  Forename(s)	Day Month Year
* Voluntary details  In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name  †† Tick the box if the address shown is a service address for the beneficiary of a – Confidentiality Order granted under section	ame *Style/Title  Date of birth  Forename(s)  Surname	Day Month Year
* Voluntary details  In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name  †† Tick the box if the address shown is a service address for the beneficiary of a-Confidentiality Order granted under section 7238 of the Companies Act 1985. Otherwise,	ame *Style/Title  Date of birth  Forename(s)  Surname	Day Month Year
* Voluntary details  In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name  †† Tick the box if the address shown is a service address for the beneficiary of a - Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a	ame *Style/Title  Date of birth  Forename(s)  Surname  Address ††	Day Month Year
* Voluntary details  In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name  †† Tick the box if the address shown is a service address for the beneficiary of a - Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered	ame *Style/Title  Date of birth  Forename(s)  Surname  Address ††	Day Month Year
* Voluntary details  In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name  †† Tick the box if the address shown is a service address for the beneficiary of a - Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish	ame *Style/Title  Date of birth  Forename(s)  Surname  Address ††  Post town  County/Region	Day Month Year
* Voluntary details  In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name  †† Tick the box if the address shown is a service address for the beneficiary of a — Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office	Date of birth Forename(s) Surname Address ††  Post town County/Region UK Postcode	Day Month Year
* Voluntary details  In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name  †† Tick the box if the address shown is a service address for the beneficiary of a-Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.	Date of birth Forename(s) Surname Address ††  Post town County/Region UK Postcode	Day Month Year
* Voluntary details  In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name  †† Tick the box if the address shown is a service address for the beneficiary of a-Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.	Date of birth Forename(s) Surname Address ††  Post town County/Region UK Postcode Country Nationality	Day Month Year

Issue share capital Enter details of all the shares in issue at the date of this return	Class (e.g. Ordinary/Preference)	Number of shares issued	Aggregate Nominal Value (i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)
	LORDINARY	1 2	£2-
	Totals	2	£2-
Traded public companies A traded public company means a company any of whose shares are shares admitted to trading on a regulated market	Please tick this box if your copublic company at any time of this return	ompany was a traded during the period of	
List of past and present shareholders	Please tick the appropriate b	ox below:	On paper In another format
(use attached schedule where appropriate)			
Private or non-traded public companies are required to provide a "full list" if one was not included with either of the last two returns.	A full list of shareholders for company is enclosed. <b>Please</b>	e complete Schedule A.	lic 🗸
Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares	A list of shareholders holding shares of any share class for enclosed. Please complete	r a traded public company is	s
of any share class if a list was not provided with either of the last two returns.	A list containing shareholder	changes is enclosed	
	→ For private or non-trac complete Schedule	ded public companies, <b>plea</b> <b>A</b>	ise
	→ For traded public com Schedule B	npanies, please complete	
	There were no shareholder	changes in this period	$\checkmark$
Certificate	I certify that the information knowledge and belief	given in this return is true to	the best of my
Signed	Duna Melu	JUL D.	ate 20.8.09
* Please delete as appropriate	*(director / secretary)		
When you have signed the return, send it with the fee to the Registrar of Companies. Make cheques payable to Companies House.	This return includes (e	continuation sheets enter number)	
You do not have to give any contact information in the box opposite but if	<u></u>		
you do, it will help Companies House to contact you if there is a query on the form. The contact information that you			
give will be visible to searchers of the public record.	DX number	DX exchange	
· · · ·			Page 4

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Directors Please list the directors Voluntary details	in alphabet	ical order	Details of new directors must be notified on form 288a
In the case of a director that is a corporation or a	Name	*Style/Title	
Scottish firm, the name is the			Day Month Year
corporate or firm name		Date of birth	
		Forename(s)	
		Surname	
†† Tick the box if the address shown is a service address for the	B	Address ††	
beneficiary of a Confidentiality Order			
granted under section 723B of the Companie Act 1985. Otherwise,		Post town	
give your usual residential address. In	· · ·	ounty/Region	*
the case of a corporation or Scottis firm, give the registere or principal office	h	UK Postcode	
address.		Country	
	÷	Nationality	
	Busines	ss occupation	
;	•		
Directors Please list the directors Voluntary details	in alphabet	tical order	Details of new directors must be notified on form 288a
In the case of a director that is a	Name	*Style/Title	
corporation or a Scottish firm, the			Day Month Year
name is the corporate or firm name		Date of birth	
		Forename(s)	
†† Tick the box if the	· •,	Surname	
address shown is a service address for th beneficiary of a		Address ††	
Confidentiality Order granted under section 723B of the Companie		_	
Act 1985. Otherwise, give your usual		Post town	
residential address. In the case of a corporation or Scottis	C	ounty/Region	
firm, give the register or principal office	ed	UK Postcode	
address.		Country	
		Nationality	L/
	Busine	ss occupation	(
· 5 /			
			Page 5

Directors		•		
Directors Please list the directors Voluntary details In the case of a	in alphabe		Details of new directors must be notified on form 288a	
director that is a corporation or a	Name	*Style/Title		<i>_</i>
Scottish firm, the name is the	•		Day Month Year	- '
corporate or firm		Date of birth		· · · · · ·
		Forename(s)		<u> </u>
		Surname		· · · · · · · · · · · · · · · · · · ·
†† Tick the box if the address shown is a service address for the		Address ††		
beneficiary of a  Confidentiality Order	<b>,</b> [			
granted under section 723B of the Companie	s	<u> </u>		
Act 1985. Otherwise, give your usual		Post town		
residential address. In the case of a	Ç	ounty/Region		
corporation or Scottist firm, give the registere or principal office	h ed	UK Postcode		•
address.	فاراسها واثنا	Country	The second secon	
		Nationality		
	Pusing	ss occupation		· ·
	Dusine			
Directors Please list the directors Voluntary details	in alphabe	tical order	Details of new directors must be notified on form 288a	•
In the case of a director that is a	Name -	*Style/Title		<u></u>
corporation or a Scottish firm, the		· .	Day Month Year	
name is the corporate or firm		Date of birth		
name .		Forename(s)		
	•	Surname		:
†† Tick the box if the address shown is a service address for th	Α.	Address ††	1	
beneficiary of a Confidentiality Order		]		*.
granted under section 723B of the Companie	:s		1	
Act 1985. Otherwise, give your usual residential address. Ir	1	Post town		2
the case of a corporation or Scottis	c sh	County/Region		
firm, give the register or principal office	ed	UK Postcode		
address.		Country		<u> </u>
		Nationality	<u> </u>	
	Busine	ess occupation		·
				or or or or or or
)				Page 6

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This must only be completed by private and public limited companies that have not traded on a regulated market

## Schedule A for private or non-traded public companies List of past and present shareholders

		(Please use a continuation sheet if required)
Company number	04845077	
Company name in full	ABLEBROOK	LTD.
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- Changes to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a "full list" of all company shareholders on:
  - The company's first annual return following incorporation
  - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an
- > List joint shareholders consecutively

KNO CHANGE	Do not give share	holder address informatio	n	
•	Class and number of	Shares or amount of stock transferred (if appropriate)		
Shareholder's name only	shares or amount of stock held	Class and number of shares or amount of stock transferred	Date of registration of transfer	
Name SHELLA MELVILLE	ORDINARY 2	1000 Contract		
Name	e e e e e e e e e e e e e e e e e e e			
Name				
Name		41 - 41 - 41 - 41 - 41 - 41 - 41 - 41 -		
Name				

## Schedule A for private or non-traded public companies (continuation sheet) List of past and present shareholders

Company number	
Company named	 

	Class and number of	Shares or amount of stock (if appropriate)	•	
Shareholder's name only	shares or amount of stock held	Class and number of shares or amount of stock transferred	Date of registration of transfer	
Name		;		
	<u> </u>		,	
Name				
Name	÷ ·			
Name			· .	
Name				
Name				
Name			·	
Name				
Name				
Name	·			
Name		100		
Name				
	· · · · · · · · · · · · · · · · · · ·	<u> </u>	1	

This must only be completed by companies that have traded on a regulated market and must show the details of shareholders who held at least 5% of the issued shares of any class of the company at any time during the period

## Schedule B for traded public companies List of past and present shareholders

Company name in full

- Changes to shareholders particulars or details of the amount of stock or shares transferred must be completed each/year
- You must provide a list of all company shareholders who held at least 5% of the issued shares of any class of the company on:
  - The company's first annual return following incorporation
  - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an index

➤ List joint shareholders consecutively				
•	Class and number of	Shares or amount of stock transfer (if appropriate)		
Shareholder's name and address	shares or amount of stock held	Class and number of shares or amount of stock transferred	Date of registration of transfer	
Name	. /			
Address			· ·	
UK Postcode L L L L L L				
Name				
Address			· •	
UK Postcode L L L L L L L				
Name		,		
Address				
UK Postcode L. L. L. L. L. L.				
Name				
Address				
/				
UK Postcode L L L L L L L L	1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	<u>                                     </u>	· ·	

for traded public companies
(continuation sheet)
List of past and present shareholders

		· ·		
Compan	y number			

	Shares or amount of stock transferred (if appropriate)		
Shareholder's name and address	Class and number of shares or amount of stock held	Class and number of shares or amount of stock	Date of registration of transfer
Name		transierred	·
Address	·		
UK Postcode L L L L L L L L			
Name	/		
Address			
UK Postcode L L L L L L L L			
Name			
Address	·		
/-			
UK Postcode L L L L L L L		:	
Name			
<i> </i>			
Address			
UK Postcode L L L L L L L L L L L L L L L L L L L		-	
Address			
		,	
	# ME TO ARTHUR TO THE		
UK Postcode L L L L L L L L	4	NV.	