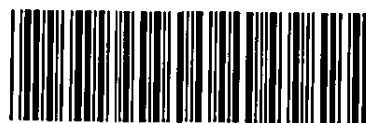


Registered number
04835657

HELEN SERVICES LIMITED
ABBREVIATED UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2008

WEDNESDAY



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07/01/2009

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COMPANIES HOUSE

HELEN SERVICES LIMITED

ABBREVIATED BALANCE SHEET

AS AT 31 MARCH 2008

	Notes	2008	2007
		£	£
Fixed assets			
Intangible assets	2	2,000	8,000
Tangible assets	3	4,133	7,539
		<u>6,133</u>	<u>15,539</u>
Current assets			
Stocks		678	1,334
Debtors		33,806	27,159
Cash at bank and in hand		-	13,365
		<u>34,484</u>	<u>41,858</u>
Creditors: amounts falling due within one year		<u>(36,918)</u>	<u>(42,386)</u>
Net current liabilities		<u>(2,434)</u>	<u>(528)</u>
Total assets less current liabilities		<u>3,699</u>	<u>15,011</u>
Creditors: amounts falling due after more than one year		-	(13,739)
Provisions for liabilities		(352)	(908)
		<u>3,347</u>	<u>364</u>
Capital and reserves			
Called up share capital	4	100	100
Profit and loss account		3,247	264
Shareholder's funds		<u>3,347</u>	<u>364</u>

The director is satisfied that the company is entitled to exemption under Section 249A(1) of the Companies Act 1985 and that no member or members have requested an audit pursuant to section 249B(2) of the Act.

The director acknowledges her responsibilities for:

ensuring that the company keeps proper accounting records which comply with Section 221 of the Companies Act 1985;

and preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its results for the financial year in accordance with the requirements of Section 226 of the Companies Act 1985, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions relating to small companies within Part VII of the Companies Act 1985 and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

The accounts were approved by the board and authorised for issue on **30 NOV 2008** and signed on behalf of the board by

Mrs E Edwards
Director



HELEN SERVICES LIMITED

NOTES TO THE ABBREVIATED UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2008

1 Principal accounting policies

Basis of accounting

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

Turnover

Turnover represents the value of services supplied by the company, net of VAT.

Depreciation

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset over its expected useful life, as follows:

Plant and machinery	25% reducing balance
Motor vehicles	3 years over term of lease

Stocks

Stocks are consistently valued at the lower of cost and net realisable value.

Goodwill

Goodwill is amortised on a straight line basis over its estimated useful economic life of five years.

Deferred taxation

Deferred tax arises as a result of including items of income and expenditure in taxation computations in periods different from those in which they are included in the company's financial statements. Deferred tax is provided in full on timing differences which result in an obligation to pay more (or less) tax at a future date, at the average tax rates that are expected to apply when the timing differences reverse, based on current tax rates and laws.

Operating lease commitments

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

Finance lease and hire purchase commitments

Assets held under finance leases and hire purchase contracts, which are those where substantially all the risks and rewards of ownership of the asset have passed to the company, are capitalised in the balance sheet and depreciated over their useful lives. The interest element of the rental obligations is charged to the profit and loss account over the period of the lease and represents a constant proportion of the balance of capital repayments outstanding.

Pensions

Contributions in respect of the company's defined contribution pension scheme are charged to the profit and loss account for the year in which they are payable to the scheme. Differences between contributions payable and contributions actually paid in the year are shown as either accruals or prepayments at the year end.

HELEN SERVICES LIMITED

NOTES TO THE ABBREVIATED UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2008

2	Intangible fixed assets			£
	Cost			
	At beginning of year			30,000
	At end of year			30,000
	Amortisation			
	At beginning of year			22,000
	Provided during the year			6,000
	At end of year			28,000
	Net book value			
	At 31 March 2008			2,000
	<i>At 31 March 2007</i>			<i>8,000</i>
3	Tangible fixed assets			£
	Cost			
	At beginning of year			17,064
	Additions			612
	At end of year			17,676
	Depreciation			
	At beginning of year			9,525
	Charge for the year			4,018
	At end of year			13,543
	Net book value			
	At 31 March 2008			4,133
	<i>At 31 March 2007</i>			<i>7,539</i>
4	Share capital		2008	2007
			£	£
	Authorised:			
	Ordinary shares of £1 each		1,000	1,000
		2008	2007	
		No	No	
	Allotted, called up and fully paid:			
	Ordinary shares of £1 each	100	100	100

HELEN SERVICES LIMITED

NOTES TO THE ABBREVIATED UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2008

5 Transactions with the director

During the year, the company provided a loan to Mrs E Edwards, a director. At the balance sheet date, the amount outstanding was £2,494 (2007: £nil). The maximum during the year was £3,588.