

Registered Number 04826631

PRO-ACTIVE PEAK PERFORMANCE LIMITED

Abbreviated Accounts

31 March 2016

Abbreviated Balance Sheet as at 31 March 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Fixed assets			
Tangible assets	2	1,030	1,373
		<u>1,030</u>	<u>1,373</u>
Current assets			
Debtors		2,640	-
Cash at bank and in hand		224,151	227,116
		<u>226,791</u>	<u>227,116</u>
Creditors: amounts falling due within one year		<u>(37,780)</u>	<u>(27,220)</u>
Net current assets (liabilities)		<u>189,011</u>	<u>199,896</u>
Total assets less current liabilities		<u>190,041</u>	<u>201,269</u>
Total net assets (liabilities)		<u>190,041</u>	<u>201,269</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		189,941	201,169
Shareholders' funds		<u>190,041</u>	<u>201,269</u>

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 22 August 2016

And signed on their behalf by:

Mr Peter Chambers, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2016**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents amounts receivable for goods and services net of trade discounts.

Tangible assets depreciation policy

Fixtures, fittings and equipment 25% of reducing balance

2 Tangible fixed assets

	£
Cost	
At 1 April 2015	13,929
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2016	<u>13,929</u>
Depreciation	
At 1 April 2015	12,556
Charge for the year	343
On disposals	-
At 31 March 2016	<u>12,899</u>
Net book values	
At 31 March 2016	<u><u>1,030</u></u>
At 31 March 2015	<u><u>1,373</u></u>

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