

# Pro-Active Peak Performance Limited

Abbreviated Accounts

for the Period from 1 August 2005 to 31 March 2006

Andrew M Peel m.a.a.t  
Accountants & Tax Advisers  
5 Prospect Close  
Harrogate  
North Yorkshire  
HG2 7PR

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**Pro-Active Peak Performance Limited**  
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The following reproduces the text of the accountants' report in respect of the company's annual financial statements, from which the abbreviated accounts (set out on pages 2 to 4) have been prepared.

## **Accountants' Report to the Directors on the Unaudited Financial Statements of Pro-Active Peak Performance Limited**

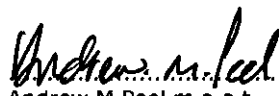
In order to assist you to fulfil your duties under the Companies Act 1985, we have compiled the financial statements of the company which comprise the Profit and Loss Account, the Balance Sheet, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Company's Board of Directors, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Company's Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's Board of Directors, as a body, for our work or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in England and Wales and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the balance sheet as at 31 March 2006 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 1985. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

  
Andrew M Peel m.a.a.t

Accountants & Tax Advisers

Date: 28/12/06

5 Prospect Close  
Harrogate  
North Yorkshire  
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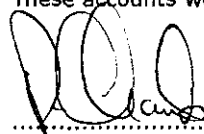
**Pro-Active Peak Performance Limited**  
**Abbreviated Balance Sheet as at 31 March 2006**

|   |      | 31 March 2006 |        | 31 July 2005 |        |
|---|------|---------------|--------|--------------|--------|
|   | Note | £             | £      | £            | £      |
| <b>Fixed assets</b>                                   |      |               |        |              |        |
| Tangible assets                                       | 2    |               | 2,362  |              | 2,227  |
| <b>Current assets</b>                                 |      |               |        |              |        |
| Debtors   |      | 12,768        |        | 7,638        |        |
| Cash at bank and in hand                              |      | 92,517        |        | 86,856       |        |
|   |      | 105,285       |        | 94,494       |        |
| <b>Creditors: Amounts falling due within one year</b> |      | (94,026)      |        | (81,192)     |        |
| <b>Net current assets</b>                             |      |               | 11,259 |              | 13,302 |
| <b>Net assets</b>                                     |      |               | 13,621 |              | 15,529 |
| <b>Capital and reserves</b>                           |      |               |        |              |        |
| Called up share capital                               | 3    |               | 1      |              | 1      |
| Profit and loss reserve                               |      |               | 13,620 |              | 15,528 |
| <b>Equity shareholders' funds</b>                     |      |               | 13,621 |              | 15,529 |

For the financial period ended 31 March 2006, the company was entitled to exemption from audit under section 249A(1) of the Companies Act 1985; and no notice has been deposited under section 249B(2) requesting an audit. The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 221 of the Act and preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the period and of its profit or loss for the financial period in accordance with the requirements of section 226 and which otherwise comply with the Companies Act 1985, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

These accounts were approved by the Director on 24/12/06.



Mr P. J. Chambers  
Director

## Pro-Active Peak Performance Limited

### Notes to the abbreviated accounts for the Period Ended 31 March 2006

#### 1 Accounting policies

##### Basis of preparation

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2005).

##### Cash flow statement

The accounts do not include a cash flow statement because the company, as a small reporting entity, is exempt from the requirements to prepare such a statement.

##### Going concern

These financial statements have been prepared on a going concern basis.

##### Turnover

Turnover represents the invoiced value of sales of goods, net of value added tax.

##### Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Office equipment 33.33% straight line per annum

#### 2 Fixed assets

|                       | Tangible<br>assets<br>£ |
|-----------------------|-------------------------|
| <b>Cost</b>           |                         |
| As at 1 August 2005   | 4,678                   |
| Additions             | 1,510                   |
| As at 31 March 2006   | <u>6,188</u>            |
| <b>Depreciation</b>   |                         |
| As at 1 August 2005   | 2,451                   |
| Charge for the period | 1,375                   |
| As at 31 March 2006   | <u>3,826</u>            |
| <b>Net book value</b> |                         |
| As at 31 March 2006   | <u>2,362</u>            |
| As at 31 July 2005    | <u>2,227</u>            |

**Pro-Active Peak Performance Limited**  
**Notes to the abbreviated accounts for the Period Ended 31 March**  
**2006**

..... continued

**3 Share capital**

|   | 31 March 2006<br>£ | 31 July 2005<br>£ |
|---|--------------------|-------------------|
| <b>Authorised</b>                         |                    |                   |
| 100 Ordinary Share shares of £1 each      | <u>100</u>         | <u>100</u>        |
| <b>Allotted, called up and fully paid</b> |                    |                   |
| 1 Ordinary Share shares of £1 each        | <u>1</u>           | <u>1</u>          |

**4 Related parties**

**Controlling entity**

The company is controlled by the directors who own 100 % of the called up share capital