Registered Number 04815741

A & L TRAINING LTD

Abbreviated Accounts

30 June 2009

A & L TRAINING LTD

Registered Number 04815741

Balance Sheet as at 30 June 2009

	Notes	2009 £	£	2008 £	£
Fixed assets Intangible Total fixed assets	2	~	24,000 24,000	~	30,000 30,000
Current assets Debtors		30,781		57,480	
Total current assets		30,781		57,480	
Creditors: amounts falling due within one year		(36,327)		(69,640)	
Net current assets			(5,546)		(12,160)
Total assets less current liabilities			18,454		17,840
Creditors: amounts falling due after one year			(14,625)		(17,575)
Total net Assets (liabilities)			3,829		265
Capital and reserves			400		400
Called up share capital Profit and loss account			100 3,729		100 165
Shareholders funds			3,829		265

- a. For the year ending 30 June 2009 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 30 March 2010

And signed on their behalf by: Andrew Edwards, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 30 June 2009

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective June 2002)

Turnover

Turnover consists of invoiced sales less VAT

2 Intangible fixed assets

Cost Or Valuation	£
At 30 June 2008	30,000
At 30 June 2009	30,000
Depreciation	
Charge for year	6,000
At 30 June 2009	6,000
Net Book Value	
At 30 June 2008	30,000
At 30 June 2009	24,000