

Registered Number 04792134

THE HOLISTIC GROUP LIMITED

Abbreviated Accounts

30 September 2011

Balance Sheet as at 30 September 2011

	Notes	2011 £	2010 £
Fixed assets			
Tangible	2	11,466	2,102
Total fixed assets		11,466	2,102
Current assets			
Debtors		131,884	118,394
Cash at bank and in hand			12,935
Total current assets		131,884	131,329
Creditors: amounts falling due within one year		(112,434)	(61,407)
Net current assets		19,450	69,922
Total assets less current liabilities		30,916	72,024
Total net Assets (liabilities)		30,916	72,024
Capital and reserves			
Called up share capital		110	110
Profit and loss account		30,806	71,914
Shareholders funds		30,916	72,024

- a. For the year ending 30 September 2011 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 15 June 2012

And signed on their behalf by:

S EASTWOOD, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 30 September 2011

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery 20.00% Straight Line

Land and Buildings 20.00% Straight Line

2 Tangible fixed assets

Cost	£
At 30 September 2010	13,218
additions	14,320
disposals	
revaluations	
transfers	
At 30 September 2011	<u>27,538</u>
Depreciation	
At 30 September 2010	11,116
Charge for year	4,956
on disposals	
At 30 September 2011	<u>16,072</u>
Net Book Value	
At 30 September 2010	2,102
At 30 September 2011	<u>11,466</u>