



Companies House

for the record

Please complete in typescript,  
or in bold black capitals.

CHWP000

# 288b

## Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

4728865

Company Name in full

ACTIVE HEALTH MANAGEMENT LIMITED

Date of termination of appointment

Day Month Year  
03 12 2003

as director

☒

as secretary

☒

Please mark the appropriate box. If terminating  
appointment as a director and secretary mark  
both boxes.

NAME

\*Style / Title

MR

\*Honours etc

Please insert  
details as  
previously  
notified to  
Companies House.

Forename(s)

AJAY RAMNIKLAL

Surname

GRANATA

†Date of Birth

Day Month Year  
12 12 1959

A serving director, secretary etc must sign the form below.

Signed

X

Date

8/12/03

\* Voluntary details.

† Directors only.

\*\* Delete as appropriate

(\*\* serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland DX 235 Edinburgh



\*APU7HQ26\*

0446

18/12/03

A27  
COMPANIES HOUSE