



Companies House

AR01 (ef)

Annual Return



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X4480K11

Company Name: **PEAK PHYSIQUE H & F LIMITED**

Company Number: **04707337**

Date of this return: **21/03/2015**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **2-12 NEW CLEVELAND STREET
HULL
EAST YORKSHIRE
HU8 7EX**

Officers of the company

Company Secretary 1

Type: **Person**

Full forename(s): **LOUISE**

Surname: **BOWERING**

Former names:

Service Address: **47 RALEIGH DRIVE
VICTORIA DRIVE
HULL
HU9 1UN**

Company Director ***1***

Type: **Person**

Full forename(s): **LOUISE**

Surname: **BOWERING**

Former names:

Service Address: **47 RALEIGH DRIVE
VICTORIA DRIVE
HULL
HU9 1UN**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **12/12/1977**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Company Director 2

Type: **Person**
Full forename(s): **THOMAS**

Surname: **BOWERING**

Former names:

Service Address: **3 RALEIGH DRIVE
VICTORIA DOCK
HULL
HU9 1UN**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **12/02/1945** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ALL SHARES HAVE EQUAL DIVIDEND AND VOTING RIGHTS

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 21/03/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **50 ORDINARY shares held as at the date of this return**
Name: **THOMAS BOWERING**

Shareholding 2 : **50 ORDINARY shares held as at the date of this return**
Name: **LOUISE BOWERING**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.