



Companies House
— for the record —

AR01 (ef)

Annual Return



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Received for filing in Electronic Format on the: **28/04/2010**

Company Name: **ABSOLUTE YOGA LIMITED**

Company Number: **04682290**

Date of this return: **28/02/2010**

SIC codes: **7487**

Company Type: **Private company limited by shares**

Situation of Registered Office: **59 KIMPTON AVENUE
BRENTWOOD
ESSEX
CM15 9HB**

Officers of the company

Company Secretary **I**

Type: **Person**

Full forename(s): **PATRICIA JOAN**

Surname: **TURNER**

Former names:

Service Address: **4 TUDOR DRIVE
GIDEA PARK
ESSEX
RM2 5LH**

Company Director **1**

Type: **Person**

Full forename(s): **MISS JILL**

Surname: **TURNER**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **ENGLAND**

Date of Birth: **06/10/1963**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	PRE EMPTION RIGHTS APPLY TO SHARES		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 28/02/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding : 1

1 ORDINARY Shares held as at 28/02/2010

Name: **JILL TURNER**

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.