

Registered Number 04679901

ABSHOT HEALTH & FITNESS LIMITED

Dormant Accounts

30 June 2010

Balance Sheet as at 30 June 2010

	2010 £	2009 £
Current assets		
Cash at bank and in hand	1	1
Net assets	1	1
Issued share capital		
1 Ordinary Share of £1 each	1	1
Total Shareholder funds	1	1

STATEMENTS

- For the year ending 30 June 2010 the company was entitled to exemption under section 480 of the Companies Act 2006 relating to dormant companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 30 June 2010

And signed on their behalf by:

Jason Vigiers, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.