



Companies House
— for the record —

CH04 (ef)

**Change of Particulars
for Corporate Secretary**



XJ0F1JAP

Company Name: **ABSHOT HEALTH & FITNESS LIMITED**

Company Number: **04679901**

Received for filing in Electronic Format on the: **19/04/2010**

Details Prior to Change

Position: **SECRETARY**

Original Name: **ABLE SECRETARY LIMITED**

New Details

Date of Change: **27/02/2010**

New Service Address: **THE WHITE HOUSE 164 BRIDGE ROAD
SARISBURY GREEN
SOUTHAMPTON
HAMPSHIRE
UNITED KINGDOM
SO31 7EH**

European Economic Area (EEA) Company

New Register Location: **SO31 7EH**

New Registration Number: .

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Administrator, Administrative Receiver, Receiver, Receiver Manager, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.