

Registered Number 04679901

ABSHOT HEALTH & FITNESS LIMITED

Dormant Accounts

30 June 2009

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Balance Sheet as at 30 June 2009

	2009 £	2008 £
Current assets		
Cash at bank and in hand	1	1
Net assets	1	1
Authorised share capital		
1000 Ordinary shares of £1.00000 each		
Issued share capital		
1 Ordinary shares of £1.00000 each	1	1
Total shareholder funds	1	1

STATEMENTS

- a. For the year ending 30 June 2009 the company was entitled to exemption under section 480 of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 19 November 2009

And signed on their behalf by:

Mr J Vigiers, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.