



Companies House
— for the record —

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Annual Return



XV8JN7V8

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Company Name: **ABSHOT HEALTH & FITNESS LIMITED**

Company Number: **04679901**

Company Details

Period Ending: **27/02/2009**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC codes:

7487

*Registered Office
Address:*

*Register of
Members Address:*

*Register of Debenture
Holders Address:*

**C/O VICTOR STEWART
AND CO THE WHITE
HOUSE 164 BRIDGE
ROAD
SARISBURY GREEN
SOUTHAMPTON
HAMPSHIRE
SO31 7EH**

Details of Officers of the Company

Company Secretary 1:

Name: **ABLE SECRETARY LIMITED**

Address: **THE WHITE HOUSE 164 BRIDGE ROAD
SARISBURY GREEN
SOUTHAMPTON
HAMPSHIRE
SO31 7EH**

Director 1 :

Name: **BRONZEAGE LEISURE
LIMITED**

Address: **THE WHITE HOUSE 164 BRIDGE ROAD
SARISBURY GREEN
SOUTHAMPTON
HAMPSHIRE
SO31 7EH**

Date of Birth:

Nationality:

Occupation:

Share Capital

Issued Share Capital Details:

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
ORDINARY	1	GBP1
TOTALS	1	GBP1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 27/02/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

1 ORDINARY Shares held as at 27/02/2009

Name:

BRONZEAGE LEISURE LTD

Address:

Authorisation

Authoriser Designation: **director**

Date Authorised: **04/03/2009**

Authenticated: **Yes (E/W)**