



*Companies House*  
— for the record —

**363a**<sup>(ef)</sup>

**Annual Return**



**XRHWKYJ2**

*Received for filing in Electronic Format on the:* **02/04/2008**

*Company Name:* **ABSHOT HEALTH & FITNESS LIMITED**

*Company Number:* **04679901**

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### *Company Details*

*Period Ending:* **27/02/2008**

*Company Type:* **PRIVATE COMPANY LIMITED BY SHARES**

*Principal Business Activities:*

*SIC codes:*

**7487**

*Registered Office  
Address:*

*Register of  
Members Address:*

*Register of Debenture  
Holders Address:*

**C/O VICTOR STEWART  
AND CO THE WHITE  
HOUSE 164 BRIDGE  
ROAD  
SARISBURY GREEN  
SOUTHAMPTON  
HAMPSHIRE  
SO31 7EH**

## *Details of Officers of the Company*

*Company Secretary 1:*

*Name:* **ABLE SECRETARY LIMITED**

*Address:* **THE WHITE HOUSE 164 BRIDGE ROAD  
SARISBURY GREEN  
SOUTHAMPTON  
HAMPSHIRE  
SO31 7EH**

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*Director 1 :*

*Name:* **BRONZEAGE LEISURE  
LIMITED**

*Address:* **THE WHITE HOUSE 164 BRIDGE ROAD  
SARISBURY GREEN  
SOUTHAMPTON  
HAMPSHIRE  
SO31 7EH**

*Date of Birth:*

*Nationality:*

*Occupation:*

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## *Share Capital*

*Issued Share Capital Details:*

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
<b>ORDINARY</b>	<b>1</b>	<b>GBP1</b>
<b>TOTALS</b>	<b>1</b>	<b>GBP1</b>

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 27/02/2008 or that had ceased to be shareholders since the made up date of the previous Annual Return

*Shareholding 1:*

**1 ORDINARY Shares held as at 27/02/2008**

*Name:*

**BRONZEAGE LEISURE LTD**

*Address:*

**THE WHITE HOUSE 164 BRIDGE ROAD SARISBURY GREEN  
SOUTHAMPTON  
SO31 7EH**

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### *Authorisation*

*Authoriser Designation:* **director**

*Date Authorised:* **02/04/2008**

*Authenticated:* **Yes (E/W)**