



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **Lonsdale Commercial Bodybuilders Limited**

Company Number: **04677408**

Date of this return: **26/02/2012**

SIC codes: **30990**

Company Type: **Private company limited by shares**

Situation of Registered Office: **UNITS 1-3 THOMAS HOSKINS INDUSTRIAL ESTATE
DUMBALLS ROAD
CARDIFF
CF10 5FE**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR MARK JAMES**

Surname: **LEE**

Former names:

Service Address: **32 Ffordd Daniel Lewis
Regents Gate St Mellons
Cardiff
Wales
CF3 0RQ**

Company Director **1**

Type: **Person**

Full forename(s): **MR MARK JAMES**

Surname: **LEE**

Former names:

Service Address: **32 Ffordd Daniel Lewis
Regents Gate St Mellons
Cardiff
Wales
CF3 0RQ**

Country/State Usually Resident: **Wales**

Date of Birth: **16/07/1976**

Nationality: **British**

Occupation: **Director**

Company Director 2

Type: **Person**

Full forename(s): **MRS MICHAELA**

Surname: **LEE**

Former names:

Service Address: **32 Ffordd Daniel Lewis
Regents Gate St Mellons
Cardiff
Wales
CF3 0RQ**

Country/State Usually Resident: **Wales**

Date of Birth: **24/11/1971**

Nationality: **British**

Occupation: **Director**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
VOTING RIGHTS RIGHTS TO DIVIDENDS RIGHTS TO A CAPITAL DISTRIBUTION			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 26/02/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **0 ORDINARY shares held as at the date of this return**
49 shares transferred on 2011-09-14

Name: **MARK ANDREW ATKINSON**

Shareholding 2 : **100 ORDINARY shares held as at the date of this return**

Name: **MARK JAMES LEE**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.