

Registered number
04667067

Holistic Osteopathy Limited

Abbreviated Accounts

31 January 2015

Holistic Osteopathy Limited

Report to the directors on the preparation of the unaudited abbreviated accounts of Holistic Osteopathy Limited for the year ended 31 January 2015

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the abbreviated accounts of Holistic Osteopathy Limited for the year ended 31 January 2015 which comprise of the balance sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

Our work has been undertaken in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/factsheet163>.

McKrill & Co
Chartered Certified Accountants
26 Leverton Avenue
Bognor Regis
PO22 7RA

21 October 2015

Holistic Osteopathy Limited**Registered number:** 04667067**Abbreviated Balance Sheet****as at 31 January 2015**

	Notes	2015 £	2014 £
Fixed assets			
Intangible assets	2	1	3,397
Tangible assets	3	1,696	2,120
		<u>1,697</u>	<u>5,517</u>
Current assets			
Stocks		1,151	1,000
Debtors		165	235
Cash at bank and in hand		7,174	4,527
		<u>8,490</u>	<u>5,762</u>
Creditors: amounts falling due within one year		(5,814)	(4,806)
Net current assets		<u>2,676</u>	<u>956</u>
Total assets less current liabilities		<u>4,373</u>	<u>6,473</u>
Provisions for liabilities		(339)	(424)
Net assets		<u>4,034</u>	<u>6,049</u>
Capital and reserves			
Called up share capital	4	50	50
Profit and loss account		3,984	5,999
Shareholders' funds		<u>4,034</u>	<u>6,049</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

E.Sturgess

Director

Approved by the board on 21 October 2015

Holistic Osteopathy Limited
Notes to the Abbreviated Accounts
for the year ended 31 January 2015

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	20% reducing balance
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Stocks

Stock is valued at the lower of cost and net realisable value.

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

Pensions

The company operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

2 Intangible fixed assets

£

Cost

At 1 February 2014	35,000
At 31 January 2015	<u>35,000</u>

Amortisation

At 1 February 2014	31,603
Provided during the year	3,396
At 31 January 2015	<u>34,999</u>

Net book value

At 31 January 2015	<u>1</u>
At 31 January 2014	3,397

3 Tangible fixed assets**£****Cost**

At 1 February 2014

5,161

At 31 January 2015

5,161

Depreciation

At 1 February 2014

3,041

Charge for the year

424

At 31 January 2015

3,465

Net book value

At 31 January 2015

1,696

At 31 January 2014

2,120

4 Share capital**Nominal
value****2015
Number****2015
£****2014
£**

Allotted, called up and fully paid:

Ordinary shares

£1 each

50

50

50

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