# Registered Number 04655034

# INGEALTOIR LIMITED

# **Abbreviated Accounts**

31 March 2016

### Abbreviated Balance Sheet as at 31 March 2016

	Notes	2016	2015
		£	£
Fixed assets			
Tangible assets	2	43,621	42,723
		43,621	42,723
Current assets			
Debtors		53,184	53,104
Cash at bank and in hand		25,037	42,124
		78,221	95,228
Creditors: amounts falling due within one year		(66,602)	(71,200)
Net current assets (liabilities)		11,619	24,028
Total assets less current liabilities		55,240	66,751
Total net assets (liabilities)		55,240	66,751
Capital and reserves			
Called up share capital	3	2	2
Profit and loss account		55,238	66,749
Shareholders' funds		55,240	66,751

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 15 December 2016

And signed on their behalf by:

D J Warren, Director

## Notes to the Abbreviated Accounts for the period ended 31 March 2016

#### 1 **Accounting Policies**

## Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective January 2015.

### **Turnover policy**

Turnover represents net invoiced sales of services, excluding value added tax.

### Tangible assets depreciation policy

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on reducing balance Equipment - 25% on reducing balance

#### 2 Tangible fixed assets

£
59,125
2,082
-
-
-
61,207
16,402
1,184
-
17,586
43,621
42,723

#### **Called Up Share Capital** 3

Allotted, called up and fully paid:

	2016	2015
	£	£
1 A Ordinary share of £1 each	1	1
1 B Ordinary shares of £1 each	1	1

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.