Registered Number 04612928

4D CARE LIMITED

Abbreviated Accounts

31 December 2010

Balance Sheet as at 31 December 2010

	Notes	2010		2009	
Fixed assets		£	£	£	£
Tangible	2		483,497		488,755
Total fixed assets			483,497		488,755
Current assets					
Debtors		203		170	
Cash at bank and in hand		19,016		49,131	
Total current assets		19,219		49,301	
Creditors: amounts falling due within one year		(199,578)		(205,725)	
Net current assets			(180,359)		(156,424)
Total assets less current liabilities			303,138		332,331
Creditors: amounts falling due after one year	3		(180,311)		(200,285)
Total net Assets (liabilities)			122,827		132,046
,			,		
Capital and reserves					
Called up share capital	4		2		2
Profit and loss account			122,825		132,044
Shareholders funds			122,827		132,046

- a. For the year ending 31 December 2010 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 16 September 2011

And signed on their behalf by:

Mr Michael Coles, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 December 2010

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008

Turnover

Turnover is represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods falling with the company's ordinary activities.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	25.00% Reducing Balance
Fixtures and Fittings	25.00% Reducing Balance
Motor Vehicles	25.00% Reducing Balance
Office Equipment	25.00% Reducing Balance

2 Tangible fixed assets

•	rangible fixed assets	
	Cost	£
	At 31 December 2009	531,266
	additions	
	disposals	
	revaluations	
	transfers	
	At 31 December 2010	531,266
	Depreciation	
	At 31 December 2009	42,511
	Charge for year	5,258
	on disposals	
	At 31 December 2010	47,769
	Net Book Value	
	At 31 December 2009	488,755
	At 31 December 2010	483,497
	Creditors: amounts falling due ofter m	ara than ana

 $_{\mbox{\footnotesize 3}}$ Creditors: amounts falling due after more than one year

2010	2009	
£	£	

Bank loans and overdrafts	180,311	198,819
Obligations under finance		1,466
leases		.,
Other creditors		0
	180,311	200,285
	2010	2009
	£	£
Secured debts	180,311	198,819

The mortgage is secured by a first legal charge over the freehold property and repayable over fifteen years at 1.9% above the Bank Of England base rate.

4 Share capital

	2010	2009
	£	£
Authorised share capital:		
2 Ordinary of £1.00 each	2	2
Allotted, called up and fully paid:		
2 Ordinary of £1.00 each	2	2