



Companies House
— for the record —

288b

Please complete in typescript,
or in bold black capitals.

CHWP000

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

4612828

Company Name in full

A B MEDICS LIMITED

Date of termination of appointment

Day	Month	Year
01	07	2009

as director

as secretary

Please mark the appropriate box. If terminating appointment as a director and secretary mark both boxes.

NAME

*Style / Title

Mrs

*Honours etc

Please insert details as previously notified to Companies House.

Forename(s)

JENNY

Surname

BARCLAY

†Date of Birth

Day	Month	Year
06	05	1963

A serving director, secretary etc must sign the form below.

Signed

J. Barclay

Date

1/7/09

* Voluntary details.

† Directors only.

** Delete as appropriate

(** serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public

46, Ennerdale Avenue, Hornchurch, ESSEX RM12 5JT

Tel 01708 504500

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 139 Fountainbridge, Edinburgh, EH3 9FF

for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh

FRIDAY



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ARQV7BMQ

17/07/2009

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COMPANIES HOUSE

Form revised 10/03