REGISTERED COMPANY NUMBER: 04590133 (England and Wales)
REGISTERED CHARITY NUMBER: 1096411

TRUSTEES' REPORT AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED
30TH NOVEMBER 2018
FOR
FOOD & SHELTER FOUNDATION

Watergates Ltd 109 Coleman Road Leicester LE5 4LE



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REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 30TH NOVEMBER 2018

TRUSTEES

Mr Y A M Member

Mr F A Member (Director)

Mr I Member

REGISTERED OFFICE

109 Coleman Road

Leicester LE5 4LE

PRINCIPAL ADDRESS

72-74 Forest Road

Leicester LE50DG

REGISTERED COMPANY NUMBER

04590133 (England and Wales)

REGISTERED CHARITY NUMBER

1096411

INDEPENDENT EXAMINER

Watergates Ltd 109 Coleman Road

Leicester LE5 4LE

TRUSTEES' REPORT FOR THE YEAR ENDED 30TH NOVEMBER 2018

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th November 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the charitable company is to carry on as a non-profit making body in particular to relieve poverty, advance education, preserve and protect health worldwide.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Food and Shelter foundation has continued working mainly in Africa through British Charities thus avoiding duplicity in management and administration; thereby giving the maximum benefit to the recipients of the funds.

The charity has donated a large percentage of its funds to British Registered Charities of which a large amount of its funds have been utilised in Africa. The charity has also participated in helping individuals in England who have fallen into hardship during the recession.

The following is a brief summary of the achievements and performance:

- The Charity is a main contributor in the running of an all girls orphanage in Malawi whereby the majority of the running cost has been met by Food & Shelter foundation looking after the welfare of the orphans education, accommodation and food.
- Emergency housing to the displaced in Malawi during the recent floods which have affected a large population making them homeless and destitute.
- Grains and fertiliser packs to help farmers be self-sufficient.
- The charity has continued its work in Gambia assisting towards the relief of poverty, sickness and distress of persons who are in conditions of need and hardship by providing food, clothing, accommodation and financial assistance in Gambia, West Africa.
- The charity has undertaken the constructions of living facility for Orphans children who were being housed in terrible conditions.
- The Charity is also supporting two large organisations in India, who house and educate the orphans.

The charity also undertook a field visit to Zanzibar to check and verify the distributions of funds. The Charity has halted its operation in this country as there were great challenges in verifying the distribution of aid to its intended recipients.

The charity will also be directing its attention to Zimbabwe, a country which is going through great economic challenges with its people suffering as a result. Food & Shelter Foundation have good network within the country which can be relied upon for proper distribution of aid..

The Charity will continue with the above projects and will be conducting field visits in the coming year to assess the proper utilisation of its funds.

Fundraising activities

The general fund represents donations received from UK companies.

FINANCIAL REVIEW

Reserves policy

The director and trustees endeavour to distribute all income received in the year to charitable causes. The level of reserves held at the year end is considered to be adequate to continue to support it charitable causes as well as meeting its ongoing support and governance costs.

TRUSTEES' REPORT FOR THE YEAR ENDED 30TH NOVEMBER 2018

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Food & Shelter Foundation is a charitable company limited by guarantee, incorporated on 14 November 2002 and registered as a charity on 7 March 2003.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 7th August 2019 and signed on its behalf by:

Mr F A Member - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FOOD & SHELTER FOUNDATION

Independent examiner's report to the trustees of Food & Shelter Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30th November 2018.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than
 any requirement that the accounts give a true and fair view which is not a matter considered as part of
 an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Nazir Malida FCCA

Watergates Ltd 109 Coleman Road

lazar Malida

Leicester LE5 4LE

7th August 2019

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30TH NOVEMBER 2018

	Notes	30/11/18 Unrestricted fund £	30/11/17 Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	2	493,757	275,000
Total		493,757	275,000
EXPENDITURE ON Charitable activities Provision of education Alleviation of poverty Provision of medical assistance Other Total		78,363 198,593 9,000 179 286,135	56,870 144,106 8,700 3,095 212,771
NET INCOME		207,622	62,229
RECONCILIATION OF FUNDS	•		
Total funds brought forward	* · · · · · · · · · · · · · · · · · · ·	161,263	99,034
TOTAL FUNDS CARRIED FORWARD		368,885	161,263

The notes form part of these financial statements

STATEMENT OF FINANCIAL POSITION AT 30TH NOVEMBER 2018

	Notes	30/11/ Unrestricte fur £	ed Total
CURRENT ASSETS Cash at bank		368,88	35 162,263
CREDITORS Amounts falling due within one year	5		- (1,000)
NET CURRENT ASSETS		368,88	161,263
TOTAL ASSETS LESS CURRENT LIABILITIES		368,88	35 161,263
NET ASSETS		368,88	161,263 = =
FUNDS Unrestricted funds	6	368,88	3 5 161,263
TOTAL FUNDS		368,88	35 161,263

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th November 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th November 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 7th August 2019 and were signed on its behalf by:

Mr F A Member -Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH NOVEMBER 2018

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	30/11/18	30/11/1/
	£	£
Donations received	493,756	275,000
	493,757	275,000

20/11/10

20/11/17

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 30TH NOVEMBER 2018

3.	GRANTS PAYABLE			
			30/11/18	30/11/17
	7		£	£
	Provision of education		78,363	56,870
	Alleviation of poverty Provision of medical assistance		198,593 9,000	144,106 8,700
	1 10 vision of medical assistance			
	r*		285,956	209,676
4.	TRUSTEES' REMUNERATION AND BENEFITS There were no trustees' remuneration or other benefithe year ended 30th November 2017.	its for the year ended	30th Novembe	r 2018 nor fo
	•			
	TRUSTEES' EXPENSES There were no trustees' expenses paid for the year e 30th November 2017.	nded 30th November	2018 nor for th	e year ended
5.	TRUSTEES' EXPENSES There were no trustees' expenses paid for the year e		2018 nor for th	e year ended
5.	TRUSTEES' EXPENSES There were no trustees' expenses paid for the year e 30th November 2017.		2018 nor for th	
5.	TRUSTEES' EXPENSES There were no trustees' expenses paid for the year e 30th November 2017.		30/11/18	30/11/17 £
 6. 	TRUSTEES' EXPENSES There were no trustees' expenses paid for the year e 30th November 2017. CREDITORS: AMOUNTS FALLING DUE WITHIN		30/11/18	30/11/17
	TRUSTEES' EXPENSES There were no trustees' expenses paid for the year e 30th November 2017. CREDITORS: AMOUNTS FALLING DUE WITHIN Accruals and deferred income		30/11/18	30/11/17 £
	TRUSTEES' EXPENSES There were no trustees' expenses paid for the year e 30th November 2017. CREDITORS: AMOUNTS FALLING DUE WITHIN Accruals and deferred income	ONE YEAR	30/11/18 £ Net movement	30/11/17 £ 1,000
	TRUSTEES' EXPENSES There were no trustees' expenses paid for the year e 30th November 2017. CREDITORS: AMOUNTS FALLING DUE WITHIN Accruals and deferred income	ONE YEAR — At 1.12.17	30/11/18 £	30/11/17 £ 1,000 At 30.11.18
	TRUSTEES' EXPENSES There were no trustees' expenses paid for the year e 30th November 2017. CREDITORS: AMOUNTS FALLING DUE WITHIN Accruals and deferred income	ONE YEAR	30/11/18 £ Net movement	30/11/17 £ 1,000

161,263

207,622

368,885

TOTAL FUNDS

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 30TH NOVEMBER 2018

6. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

The movement in range, included in the above are as toner	•0.		
	Incoming resources	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	493,757	(286,135)	207,622
			
TOTAL FUNDS	493,757	(286,135)	207,622
			=
Comparatives for movement in funds			
		Net	
		movement	
	At 1.12.16	in funds	At 30.11.17
	£	£	£
	~	_	_
Unrestricted Funds			
General fund	99,034	62,229	161,263
		0-,0	77.,200
TOTAL FUNDS	99,034	62,229	161,263
	====	·	
Comparative net movement in funds, included in the above	e are as follows	:	
	Incoming	Resources	Movement
	resources	expended	in funds
	£	£	£
Unrestricted funds			
General fund	275,000	(212,771)	62,229
·	210,000	(= :=,: : :)	02,220
			
TOTAL FUNDS	275,000	(212,771)	62,229
TOTALTONDO	======	=======================================	=====
A current year 12 months and prior year 12 months combin	ned position is	as follows:	
·	iou position is		
		Net	
		movement	
	At 1.12.16	in funds	At 30.11.18
•	£ 1.12.10	£	£
Unrestricted funds	L	L	Z.
General fund	00.024	260 054	260 005
Ochici ai Turiu	99,034	269,851	368,885
TOTAL FUNDS	99,034	269,851	368,885

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 30TH NOVEMBER 2018

6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended £	Movement in funds
Unrestricted funds General fund	768,757	(498,906)	269,851
TOTAL FUNDS	768,757	(498,906)	269,851

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30th November 2018.