

Company Registration No 04590133 (England and Wales)

Charity Registration No 1096411

FOOD & SHELTER FOUNDATION
(A company limited by guarantee)

REPORT AND
FINANCIAL STATEMENTS

FOR THE YEAR ENDED
30 NOVEMBER 2012

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FOOD & SHELTER FOUNDATION

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FOOD & SHELTER FOUNDATION

Legal and Administrative Details

Director	Mr Farook Member
Trustees	Mr Farook Member Mr Ibrahim Member Mr Yunus Member
Registered Office	72-74 Forest Road Leicester LE5 0DG
Independent Examiner	K G Bathia FCA Grant Thornton UK LLP Regent House 80 Regent Road Leicester LE1 7NH
Address of Charity	72-74 Forest Road Leicester LE5 0DG
Bankers	National Westminster Bank Plc North Evington Branch 121a East Park Road Leicester LE5 4NY

FOOD & SHELTER FOUNDATION

DIRECTOR'S AND TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30 NOVEMBER 2012

The director and trustees present their report and financial statements for the year ended 30 November 2012

Structure, governance and management

The Food & Shelter Foundation is a charitable company limited by guarantee, incorporated on 14 November 2002 and registered as a charity on 7 March 2003, Charity Number 1096411, Company Number 04590133

The director and trustees who have served during the year are set out on page 1

Director

The following director has held office during the year

F Member

Director's interest

As the company is limited by guarantee and has no share capital, the financial interests of the director of the Trust are identical to those of the members

Objectives and activities

The objective of the company is to carry on as a non-profit making body in particular to relieve poverty, advance education, preserve and protect health worldwide

Achievements and Performance

Food and Shelter foundation has continued working in Africa through British Charities. Thus avoiding duplicity in management and administration, thereby giving the maximum benefit to the recipients of the funds

The charity has also participated in helping individuals in England who have fallen into hardship during the recession

The following is a brief summary of the achievements and performance

- During the year we have assisted towards the relief of poverty, sickness and distress of persons who are in conditions of need and hardship by providing food, clothing, accommodation and financial assistance in Gambia, West Africa. Due to the rising food prices since 2009 for staple foods like rice the number of people needing aid had increased substantially resulting in greater pressure for more aid to alleviate the suffering
- The charity has continued providing Aid for facilities for advancing the education of children and providing teachers in needed communities in the Gambia and in India where they have assisted Polytechnic level organisation who assist underprivileged students
- Aid has also been provided in maintaining the Latrikunda Health Centre that the organisation had constructed during 2006-2007. The Health Centre is free for all school children and a very nominal fee is collected from others to assist in the running cost and thereby giving the onus to the locals in running the health centre

FOOD & SHELTER FOUNDATION

DIRECTOR'S AND TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30 NOVEMBER 2012

- Aid has been provided to an all-girls Orphanage in Malawi Providing food, clothing and other welfare benefits for the Orphanage
- Foods and Shelter Foundation also provided fund within England to individuals who have gone into hardship

Fund raising

The general fund represents donations received from UK companies

Disbursement of funds

During the year £117,652 was donated to worthwhile causes, which is split as follows

Relief of poverty	£89,143
Education	£27,476
Health and public welfare	£1,033

Reserves policy

The director and trustees endeavour to distribute all income received in the year to charitable causes

Risk review

The management committee aim to ensure any major risks facing the trust are identified and steps taken where appropriate to mitigate them

Responsibilities of director and trustees in relation to the financial statements

Company and charity law requires the director and trustees to prepare financial statements for each financial period which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those financial statements, the director and trustees are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The director and trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

Approved by the director and trustees and signed on their behalf by


F Member

Date

30 August 2013

FOOD & SHELTER FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FOOD & SHELTER FOUNDATION

I report on the accounts of Food & Shelter Foundation for the year ended 30 November 2012, which are set out on pages 5 to 9

This report is made solely to the trustees, as a body, in accordance with the regulations made under Section 154 of the Charities Act 2011. My work has been undertaken so that I might state to the charitable company's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees, as a body, for my work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The trustees (and director of the charitable company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 145(3) of the Charities Act 2011 (the Act) and that an independent examination is needed.

Having satisfied myself that the charitable company is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under section 145(1)(a) of the Act,
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charitable company and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

which gives me reasonable cause to believe that in any material respect, the requirements

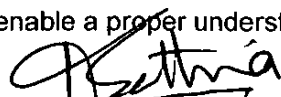
- to keep accounting records in accordance with section 386 of the Companies Act 2006, and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities,

have not been met, or

to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Regent House
80 Regent Road
Leicester, LE1 7NH

Date 30 August 2013


K G Bathia FCA
Grant Thornton UK LLP
Chartered Accountants

FOOD & SHELTER FOUNDATION

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 NOVEMBER 2012**

	Notes	2012 £	2011 £
Incoming resources			
Voluntary income		135,112	82,595
		<u> </u>	<u> </u>
Total incoming resources	2	135,112	82,595
		<u> </u>	<u> </u>
Resources expended			
Charitable activities	3	117,652	93,525
Governance costs	4	7,933	660
		<u> </u>	<u> </u>
Total resources expended		125,585	94,185
		<u> </u>	<u> </u>
Net resources incoming/(outgoing)		9,527	(11,590)
Balance at 1 December 2011		56,572	68,162
		<u> </u>	<u> </u>
Balance at 30 November 2012	6	66,099	56,572
		<u> </u>	<u> </u>

FOOD & SHELTER FOUNDATION

BALANCE SHEET AS AT 30 NOVEMBER 2012

	Notes	2012 £	2011 £
Current Assets			
Debtor		-	-
Cash at bank and in hand		67,437	57,232
		<u>67,437</u>	<u>57,232</u>
Creditors amounts falling due within one year	5	(1,338)	(660)
		<u>66,099</u>	<u>56,572</u>
Net current assets			
		<u>66,099</u>	<u>56,572</u>
Funds	6	66,099	56,572
		<u>66,099</u>	<u>56,572</u>

In preparing these financial statements

- (a) The director and trustees are of the opinion that the company is entitled to the exemption from audit under section 477 of the Companies Act 2006,
- (b) No notice has been deposited under Section 476 of the Companies Act 2006, and
- (c) The director and trustees acknowledge their responsibilities for
 - (i) ensuring that the company keeps accounting records which comply with Section 386 of the Companies Act 2006, and
 - (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its incoming resources and application of resources, including income and expenditure, for the financial period in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements were approved by the director and trustees and signed on their behalf by


F Member

Date

30 August 2013

Company Registration No. 04590133

FOOD & SHELTER FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 NOVEMBER 2012

1 Accounting policies

1.1 Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities" (SORP 2005)

1.2 Cash flow statement

The Charitable company has taken advantage of the exemption from preparing a cash flow statement on the grounds that it qualifies as a small company under the Companies Act 2006

1.3 Donations

Donations are taken into account on a receipts basis

1.4 Resources expended

Resources expended are recognised in the period in which they are incurred

1.5 Fund accounting

Funds held by the charity company are either

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements

2 Donations

Incoming Resources	2012 £	2011 £
Voluntary Income		
Lady Ley Limited	-	-
QS Supplies Limited	135,112	80,467
Others	-	2,128
	<hr/>	<hr/>
	135,112	82,595
	<hr/>	<hr/>

FOOD & SHELTER FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 30 NOVEMBER 2012

3 Charitable Activities	2012	2011		
	£	£		
Grants made from unrestricted resources	117,652	93,525		
	<u> </u>	<u> </u>		
4 Governance costs	2012	2011		
	£	£		
Accountancy charge	678	660		
Travelling expenses	7,255	-		
	<u> </u>	<u> </u>		
	7,933	660		
	<u> </u>	<u> </u>		
5 Creditors: Amounts falling due within one year	2012	2011		
	£	£		
Accruals	1,338	660		
	<u> </u>	<u> </u>		
6 Movement in funds				
	Balance	Movement in resources	Balance	
	at 01.12.11	Incoming	Outgoing	at 30.11.12
	£	£	£	£
Unrestricted funds:				
General funds	56,572	135,112	125,585	66,099

All funds are unrestricted general funds

7 Related party transactions

Mr F Member is also a director and shareholder of QS Supplies Limited from whom the charity received 100% of the donations during the year