

Company number 4583585

**Obesity Management Association**

**Trustees' Report and Unaudited Financial Statements  
for the year ended 30 November 2009**



# **Obesity Management Association**

## **Annual Report for the year ended 30 November 2009**

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# **Obesity Management Association Charity Information**

## **Trustees**

T B Chapman  
R I Houtman  
C V Ondhia  
P H Swift

## **Chairman**

P H Swift

## **Secretary**

P H Swift

## **Charity number**

1103678

## **Company number**

4583585

## **Registered office**

Arabesque House  
Monks Cross Drive  
Huntington  
York  
YO32 9GW

## **Accountants**

Garbutt & Elliott LLP  
Arabesque House  
Monks Cross Drive  
Huntington  
York  
YO32 9GW

# **Obesity Management Association**

## **Report of the Trustees for the year ended 30 November 2009**

The Trustees present their report and financial statements for the year ended 30 November 2009 and confirm they comply with the Charities Act 1993, as amended by the Charities Act 2006, the Companies Act 2006 and the Charities SORP 2005

### **Charitable Objectives**

The charity's objectives are to promote the relief of illness, disability and suffering in such ways as the Charity from time to time think fit without regard to race, nationality, creed, age, gender or sexual orientation and without geographical restriction and in particular, but without prejudice to the generality of such objects -

- (a) by establishing a self-regulatory professional association for weight management clinics for the proper care, treatment and education of persons who are suffering obesity ("the beneficiaries"),
- (b) by conducting or promoting or encouraging research and evaluation into the care, welfare, treatment and support of the beneficiaries and the dissemination of knowledge,
- (c) by providing or encouraging or assisting in the teaching or training of any person connected with the care, treatment or welfare of the beneficiaries and by providing or facilitating the provision of vocational training or other training services to such persons,
- (d) to provide advice and assistance to others on matters within the objects of the charity either free of charge or subject to such payment as the charity may think fit

The trustees consider that these objectives, and the activities summarised below, further the Association's charitable purposes for the public benefit. In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustees' meetings

### **Constitution**

Obesity Management Association is a company limited by guarantee (number 4583585) and obtained charity status on 11 May 2004 (number 1103678). Its Memorandum and Articles of Association form its governing document. Under those Articles, the members of the Management Committee are empowered at any time to appoint any person to be a member of the Council, but any member so appointed shall hold office only until the next following annual general meeting, and shall then be eligible for re-election.

### **Registered office**

Arabesque House  
Monks Cross Drive  
Huntington  
York  
YO32 9GW

### **Trustees**

The following members of the Council of Management have held office since 1 December 2008

B M Newman (resigned 1 May 2009)	T B Chapman
C V Ondhia	J H Fine (resigned 1 May 2009)
P H Swift	R I Houtman
A S Quastel (resigned 1 May 2009)	

These individuals constitute Directors of the company for the purpose of the Companies Act 2006

### **Review of Activities**

2009 was a year of major change for OMA created by the loss of funding. The AGM in September 2009 discussed these changes at length and it was decided to concentrate on just one or two projects at a time. The

# **Obesity Management Association**

## **Report of the Trustees for the year ended 30 November 2009**

### **(Continued)**

first one being a new website which was scheduled to be completed by 31<sup>st</sup> October 2009. This was done on time. The second was a report on the internet sales of drugs which is on-going.

The next members meeting in April will discuss how OMA functions under the new financial constraints.

#### **Financial Review**

OMA only received £16,505 in donations from Essential Nutrition and Cambridge Healthcare compared with £76,780 in the previous year. These donations have now ceased. Owing to the loss of National Slimming Centres membership, fees were reduced by 56%. To counteract this income loss, expenditure was reduced by 68%.

The Trustees were comfortable with the level of expenditure during the year and considered OMA to be financially sound and in a good position to achieve its short term objectives.

#### **Reserves Policy**

The Trustees have reviewed the charity's needs for reserves in line with guidance issued by the Charity Commission. It is considered that the target for free reserves should remain at a level which represents six months projected operating expenditure. At the balance sheet date free reserves stand at approximately twenty two months projected expenditure and are therefore higher than the reserves policy.

#### **Statement of Trustees' Responsibilities**

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

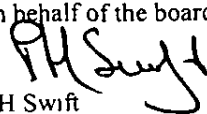
Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing these financial statements, the Trustees are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and accounting estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities Acts 1993 and 2006 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice Accounting and Reporting by Charities (March 2005) and in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

On behalf of the board

  
P H Swift  
Secretary

26<sup>th</sup> May 2010

## **Obesity Management Association**

### **Chartered Accountants' Report to the Board of Directors on the Unaudited Financial Statements of Obesity Management Association**

In accordance with the engagement letter dated 6 April 2010, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of Obesity Management Association for the year ended 30 November 2009, set out on pages 5 to 8 from the accounting records and information and explanations you have given to us

This report is made to the Company's Board of Directors, as a body, in accordance with the terms of engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Company's Board of Directors that we have done so, and state those matters we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's Board of Directors as a body, for our work or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in England and Wales and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the balance sheet as at 30 November 2009 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



**Garbutt & Elliott LLP**

**Chartered Accountants**

1 June 2010

Arabesque House  
Monks Cross Drive  
Huntington  
York  
YO32 9GW

**Obesity Management Association**  
**Statement of Financial Activities (including Income and Expenditure**  
**Account) for the year ended 30 November 2009**

	Notes	2009 £	2008 £
<b>Income and expenditure</b>			
<b>Incoming resources from generated funds</b>			
Voluntary income			
Donations		16,587	95,791
Investment income			
Bank interest		717	478
<b>Total incoming resources</b>		<b>17,304</b>	<b>96,269</b>
<b>Resources expended</b>			
<b>Charitable activities</b>			
Website costs		255	500
Consultancy		33,108	100,690
Legal and professional fees		-	1,925
Advertising		-	2,115
Room hire		-	1,579
Sundry expenses		179	95
<b>Governance costs</b>			
Accountancy		1,270	1,503
<b>Total resources expended</b>		<b>34,812</b>	<b>108,407</b>
<b>Net expenditure for the year</b>	<b>5</b>	<b>(17,508)</b>	<b>(12,138)</b>
<b>Net movement in funds</b>		<b>(17,508)</b>	<b>(12,138)</b>
Total funds at 1 December 2008		81,777	93,915
Total funds at 30 November 2009		64,269	81,777

All amounts relate to unrestricted funds

# Obesity Management Association

## Balance Sheet as at 30 November 2009

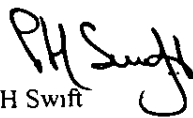
	Notes	2009 £	2008 £
<b>Current assets</b>			
Debtors	3	-	15,705
Cash at bank and in hand		65,269	67,412
		65,269	83,117
<b>Creditors: amounts falling due within one year</b>	4	(1,000)	(1,340)
<b>Net current assets</b>		64,269	81,777
<b>Funds</b>			
General	5	64,269	81,777

For the financial year ended 30 November 2009 the company was entitled to exemption from audit under section 477 of the Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The Trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its surplus or deficit for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Approved by the Board for issue on 26 May 2010

  
P H Swift  
Trustee

  
T B Chapman  
Trustee



# Obesity Management Association

## Notes to the Financial Statements for the year ended 30 November 2009

### 1. Accounting policies

#### 1.1 Accounting convention

The financial statements are prepared under the historical cost convention and include the results of the charity's operations as indicated in the Trustees Report, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and follow the recommendations in Accounting and Reporting by Charities Statement of Recommended Practice 2005

#### 1.2 Company and status

The company is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

#### 1.3 Incoming resources

Income from all sources is recognised in full in the Statement of Financial Activities in the year in which it is receivable.

#### 1.4 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis.

#### 1.5 Funds

General funds are unrestricted funds which are available for use at the Trustees' discretion in furtherance of the general objectives of the charity and which have not been designated for other purposes.

### 2. Taxation

The company did not have a liability to taxation during this year or the previous year.

### 3. Debtors

	2009 £	2008 £
Other debtors	-	15,705

### 4. Creditors' amounts falling due within one year

	2009 £	2008 £
Other creditors	1,000	1,340

## Obesity Management Association

### Notes to the Financial Statements for the year ended 30 November 2009 (Continued)

#### 5. Unrestricted funds

	2009 £	2008 £
Deficit for the financial year	(17,508)	(12,138)
Balance at 1 December 2008	81,777	93,915
Balance at 30 November 2009	64,269	81,777

#### 6 Related party transactions

Professor Tony Meehan was chairman of the Obesity Management Association (OMA) and managing director of TMA Communications Limited (TMA). During the year OMA received services from TMA at a total cost of £33,108 (2008 - £100,690). Professor Meehan ceased to be chairman during the year.

Trustees received no remuneration during the year (2008 - £nil). Travel expenses amounting to £179 (2008 - £95) were paid to one trustee during the year.