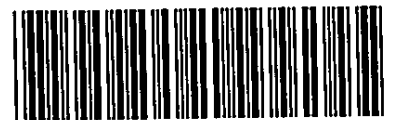


**Company number 04583585**

**Obesity Management Association**

**Trustees' Report and Unaudited Financial Statements  
for the year ended 30 November 2012**

FRIDAY



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# **Obesity Management Association**

## **Annual Report for the year ended 30 November 2012**

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# **Obesity Management Association**

## **Charity Information**

### **Trustees**

T B Chapman  
R I Houtman  
C V Ondhia  
P H Swift  
G D Rowan

### **Chairman**

G D Rowan

### **Secretary**

G D Rowan

### **Charity number**

1103678

### **Company number**

04583585

### **Registered office**

Arabesque House  
Monks Cross Drive  
Huntington  
York  
YO32 9GW

### **Accountants**

Garbutt & Elliott LLP  
Arabesque House  
Monks Cross Drive  
Huntington  
York  
YO32 9GW

# **Obesity Management Association**

## **Report of the Trustees for the year ended 30 November 2012**

The Trustees present their report and financial statements for the year ended 30 November 2012 and confirm they comply with the Charities Act 2011, the Companies Act 2006 and the Charities SORP 2005

### **Charitable Objectives**

The charity's objectives are to promote the relief of illness, disability and suffering in such ways as the Charity from time to time think fit without regard to race, nationality, creed, age, gender or sexual orientation and without geographical restriction and in particular, but without prejudice to the generality of such objects -

- (a) by establishing a self-regulatory professional association for weight management clinics for the proper care, treatment and education of persons who are suffering obesity ("the beneficiaries"),
- (b) by conducting or promoting or encouraging research and evaluation into the care, welfare, treatment and support of the beneficiaries and the dissemination of knowledge,
- (c) by providing or encouraging or assisting in the teaching or training of any person connected with the care, treatment or welfare of the beneficiaries and by providing or facilitating the provision of vocational training or other training services to such persons;
- (d) to provide advice and assistance to others on matters within the objects of the charity either free of charge or subject to such payment as the charity may think fit

The trustees consider that these objectives, and the activities summarised below, further the Association's charitable purposes for the public benefit. In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustees' meetings

### **Constitution**

Obesity Management Association is a company limited by guarantee (number 04583585) and obtained charity status on 11 May 2004 (number 1103678). Its Memorandum and Articles of Association form its governing document. Under those Articles, the members of the Management Committee are empowered at any time to appoint any person to be a member of the Council, but any member so appointed shall hold office only until the next following annual general meeting, and shall then be eligible for re-election.

### **Registered office**

Arabesque House  
Monks Cross Drive  
Huntington  
York  
YO32 9GW

### **Trustees**

The following members of the Council of Management have held office since 1 December 2011

T B Chapman  
P H Swift  
G D Rowan

C V Ondhia  
R I Houtman

These individuals constitute Directors of the company for the purpose of the Companies Act 2006

# **Obesity Management Association**

## **Report of the Trustees for the year ended 30 November 2012 (Continued)**

### **Review of Activities**

2012 proved to be a highly successful year in raising OMA's profile as a key player in the obesity agenda and in establishing partnerships that can help take us forward in a wider role. The most significant of these is with the National Obesity Forum (NOF), in particular its Chairman Professor David Haslam. OMA Chairman Graham Rowan has discussed NOF providing training to OMA doctors and the holding of a joint OMA/NOF event to make GPs and Clinical Commissioning Groups aware of the role that OMA clinics can play in the medical treatment of obesity. We have also attended numerous events during the year to establish contacts with local authority Health & Wellbeing groups and research the best approach to making them aware of the capabilities of OMA clinics.

Graham and fellow trustee Robert Houtman appeared on Sky News three times during the year, while OMA's Parliamentary launch of the My Weight, My Future campaign led to an appearance on Andrew Neil's Politics Today programme where Graham measured the body mass index of two MPs. Fifteen MPs visited their local OMA clinics during the year and many referred to the My Weight, My Future campaign on their own websites and newsletters.

The doctors who had previously been challenged by CQC were found by the GMC to have no case to answer, while the clinic threatened with compulsory VAT registration has ceased trading and there have been no other such challenges during the year.

A survey of over one thousand patients across more than twenty clinics was initiated in the last quarter of the year. Results were published in early 2013 showing an average 9% reduction in body weight over a twelve week programme. This is the first such survey in OMA's history and the results confirm what patients have told us for years. Our treatment is safe, effective and affordable. This data will be invaluable in our discussions with local authorities and GPs.

In the latter part of 2012 contributions from our suppliers started to come on stream which will enable us to replenish the costs of the PR and lobbying campaign as we move through 2013. The board decided that we were beginning to experience diminishing returns from the PR programme by the spring of 2013 so the excellent partnership with PLMR concluded at the end of May.

### **Financial Review**

Membership fees were reduced to help members cope with the impact of the recession. However this did have the benefit of bringing many National Slimming Centre clinics back on board as members, widening our nationwide footprint and making OMA truly representative of the private obesity sector. The immediate impact was a drop in membership fees from £13,202 to £10,304, but this was more than compensated for by supplier donations of £7,698 which meant an overall increase in income of 34% to £18,376. The deficit of £39,010 was in line with the agreed plan to invest in building OMA's profile, leaving reserves of £24,241 at year end. The trustees consider OMA to be financially sound and in a good position to achieve its short term objectives.

### **Reserves Policy**

The Trustees have reviewed the charity's needs for reserves in line with guidance issued by the Charity Commission. It is considered that the target for free reserves should remain at a level which represents six months projected operating expenditure. As OMA's only committed expenditure relates to the Membership Secretary's £120 a month fee plus one-off meeting costs twice a year, the balance sheet date free reserves comfortably exceed the reserves policy.

## **Obesity Management Association**

### **Report of the Trustees for the year ended 30 November 2012 (Continued)**

#### **Statement of Trustees' Responsibilities**

The Trustees (who are also directors of Obesity Management Association for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice)

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year. In preparing those financial statements, the Trustees are required to

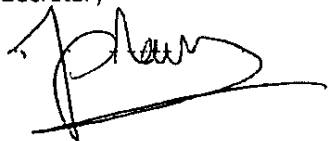
- Select suitable accounting policies and apply them consistently,
- Observe the methods and principles in the Charities SORP,
- Make judgements and estimates that are reasonable and prudent,
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice Accounting and Reporting by Charities (March 2005) and in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

On behalf of the board

G D Rowan  
Secretary



28/8/2013

## **Obesity Management Association**

### **Chartered Accountants' Report to the Board of Directors on the Unaudited Financial Statements of Obesity Management Association**

In accordance with the engagement letter dated 6 April 2010, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of Obesity Management Association for the year ended 30 November 2012, set out on pages 6 to 9 from the accounting records and information and explanations you have given to us

This report is made to the Company's Board of Directors, as a body, in accordance with the terms of engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Company's Board of Directors that we have done so, and state those matters we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's Board of Directors as a body, for our work or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in England and Wales and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the balance sheet as at 30 November 2012 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



**Garbutt & Elliott LLP**

**Chartered Accountants**

29-8-13

Arabesque House  
Monks Cross Drive  
Huntington  
York  
YO32 9GW

# Obesity Management Association

## Statement of Financial Activities (including Income and Expenditure Account) for the year ended 30 November 2012

|  | Notes    | 2012<br>£       | 2011<br>£       |
|--|----------|-----------------|-----------------|
| <b>Incoming resources</b>                    |          |                 |                 |
| <b>Resources from generated funds</b>        |          |                 |                 |
| Voluntary income                             |          |                 |                 |
| Membership                                   |          | 10,304          | 13,202          |
| Donations                                    |          | 7,698           | -               |
| Investment income.                           |          |                 |                 |
| Bank interest                                |          | 374             | 435             |
| <b>Total incoming resources</b>              |          | <b>18,376</b>   | <b>13,637</b>   |
| <b>Resources expended</b>                    |          |                 |                 |
| Charitable activities.                       |          |                 |                 |
| Printing                                     |          | -               | 479             |
| Marketing & public relations fees            |          | 43,621          | 155             |
| Legal and professional fees                  |          | 11,528          | 22,702          |
| Room hire                                    |          | 1,517           | 672             |
| Sundry expenses                              |          | -               | 87              |
| Governance costs                             |          |                 |                 |
| Accountancy                                  |          | 720             | 660             |
| <b>Total resources expended</b>              |          | <b>57,386</b>   | <b>24,755</b>   |
| <b>Net (expenditure)/income for the year</b> | <b>5</b> | <b>(39,010)</b> | <b>(11,118)</b> |
| <b>Net movement in funds in the year</b>     |          | <b>(39,010)</b> | <b>(11,118)</b> |
| Funds at 1 December 2011                     |          | 63,251          | 74,369          |
| Funds at 30 November 2012                    |          | 24,241          | 63,251          |

All amounts relate to unrestricted funds

The notes on pages 8-9 form part of these financial statements



## Obesity Management Association

### Balance Sheet as at 30 November 2012

|   | Notes | 2012<br>£ | 2011<br>£ |
|---|-------|-----------|-----------|
| <b>Current assets</b>                                 |       |           |           |
| Debtors   | 3     | 6,000     | -         |
| Cash at bank and in hand                              |       | 38,128    | 79,233    |
|   |       | 44,128    | 79,233    |
| <b>Creditors, amounts falling due within one year</b> | 4     | (19,887)  | (15,982)  |
| <b>Net current assets</b>                             |       | 24,241    | 63,251    |
| <b>Funds</b>  |       |           |           |
| General - unrestricted                                | 5     | 24,241    | 63,251    |

For the financial year ended 30 November 2012 the company was entitled to exemption from audit under section 477 of the Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The Trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its surplus or deficit for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

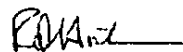
These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008) and with the Statement of Recommended Practice: Accounting and Reporting by Charities (March 2005).

Approved by the Board for issue on 28/8/2013

G D Rowan  
Trustee



R Houtman  
Trustee



Company registration number 04583585

# Obesity Management Association

## Notes to the Financial Statements for the year ended 30 November 2012

### 1. Accounting policies

#### 1.1 Accounting convention

The financial statements are prepared under the historical cost convention and include the results of the charity's operations as indicated in the Trustees Report, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and follow the recommendations in Accounting and Reporting by Charities. Statement of Recommended Practice 2005

#### 1.2 Company and status

The company is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

#### 1.3 Incoming resources

Income from all sources is recognised in full in the Statement of Financial Activities in the year in which it is receivable.

#### 1.4 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis.

#### 1.5 Funds

General funds are unrestricted funds which are available for use at the Trustees' discretion in furtherance of the general objectives of the charity and which have not been designated for other purposes.

### 2. Taxation

The company did not have a liability to taxation during this year or the previous year.

### 3. Debtors

|               | 2012<br>£ | 2011<br>£ |
|---------------|-----------|-----------|
| Other debtors | 6,000     | -         |

### 4. Creditors: amounts falling due within one year

|                 | 2012<br>£ | 2011<br>£ |
|-----------------|-----------|-----------|
| Other creditors | 19,887    | 15,982    |

# **Obesity Management Association**

## **Notes to the Financial Statements for the year ended 30 November 2012 (Continued)**

### **5. Unrestricted funds**

|                                  | <b>2012<br/>£</b> | <b>2011<br/>£</b> |
|----------------------------------|-------------------|-------------------|
| Balance at 1 December 2011       | 63,251            | 74,369            |
| (Deficit) for the financial year | (39,010)          | (11,118)          |
| Balance at 30 November 2012      | 24,241            | 63,251            |

### **6. Related party transactions**

Trustees received no remuneration during the year (2011 - £nil) Travel expenses amounting to £nil (2011 - £87) were paid during the year for nil trustees (2011 - 1)