



Companies House  
for the record

Please complete in typescript,  
or in bold black capitals

CHFP000

# 288a

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

04566386

Company Name in full

ACTIVE PERFORMANCE MANAGEMENT LTD

Date of  
appointment

Day Month Year  
1 8 0 8 2 0 0 8

†Date of  
Birth

Day Month Year

**Appointment  
form**

Appointment as director

as secretary

X

Please mark the appropriate box. If appointment is  
as a director and secretary mark both boxes

Notes on completion  
appear on reverse

NAME

\*Style / Title

MR

\*Honours etc

Forename(s)

KARIM

Surname

AOUNI

Previous  
Forename(s)

Previous  
Surname(s)

†† Tick this box if the  
address shown is a  
service address for  
the beneficiary of a  
Confidentiality Order  
granted under the  
provisions of section  
723B of the  
Companies Act 1985

†† Usual residential  
address

Post town

89 FEATHERSTONE GARDENS

BOREHAM WOOD

Postcode

WD6 2LP

County / Region

HERTFORDSHIRE

Country

UK

†Nationality

†Business occupation

†Other directorships  
(additional space overleaf)

Consent signature

I consent to act as \*\* director / secretary of the above named company

*[Signature]*

Date

20/08/08

\* Voluntary details

† Directors only

\*\*Delete as appropriate

A director, secretary etc must sign the form below

Signed

X Lyndsey H Kone

Date

20/08/08

(\*\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact  
information in the box opposite but if you  
do, it will help Companies House to  
contact you if there is a query on the  
form. The contact information that you  
give will be available to searchers of the  
public register.

BRAMIL ASSOCIATES

REX HOUSE, 354 BALLARDS LANE, NORTH FINCHLEY,

LONDON, N12 0DD Tel 0208 446 6055

DX number 57375 DX exchange FINCHLEY NORTH

When you have completed and signed the form please send it to the  
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



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\*AN7MS2P9\*

30/08/2008

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COMPANIES HOUSE

Form April 2002

**Company Number**

† Directors only

† Other directorships

**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

**Other directorships**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company