Company Registration Number: 04553676 (England and Wales)

Report of the Directors and Unaudited Financial Statements

Period of accounts

Start date: 01st April 2011

End date: 31st March 2012

SUBMITTED

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Company Information for the Period Ended 31st March 2012

Director: Alan Orr

Company secretary: Carron Orr

Registered office: Flat 6d Hyde Park Mansions

Cabbell Street

London NW1 5BJ

Company Registration Number: 04553676 (England and Wales)

Directors' Report Period Ended 31st March 2012

The directors present their report with the financial statements of the company for the period ended 31st March 2012

Principal activities

The principal activity of the company in the period under review was:

The principal activity of the company was the production and sale of marshal arts and fitness training DVD's, manuals and related seminars

Directors

The directors shown below have held office during the whole of the period from 01st April 2011 to 31st March 2012 Alan Orr

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on 21 November 2012 And Signed On Behalf Of The Board By:

Name: Alan Orr Status: Director

Profit and Loss Account

for the Period Ended 31st March 2012

Notes	2012 €	2011 £
Turnover:	7,228	6,168
Cost of sales:	2,068	2,557
Gross profit or (loss):	5,160	3,611
Distribution costs:	301	346
Administrative expenses:	4,919	6,429
Other operating income:	0	0
Operating profit or (loss):	(60)	(3,164)
Interest receivable and similar income:	0	0
Interest payable and similar charges:	0	0
Profit or (loss) on ordinary activities before taxation:	(60)	(3,164)
Tax on profit or loss on ordinary activities:	0	0
Profit or (loss) for the financial year:	(60)	(3,164)

Statement of total recognised gains and losses 31st March 2012

Statement of total recognised gains and losses

The company does not have any gains and losses other than Profit and Loss for the period to report.

Balance sheet As at 31st March 2012

	Notes	2012 £	2011 £
Fixed assets			
Intangible assets:		0	0
Tangible assets:	2	675	844
Total fixed assets:		675	844
Current assets			
Stocks:	3	100	100
Debtors:		0	308
Cash at bank and in hand:		832	1,618
Total current assets:		932	2,026
Creditors: amounts falling due within one year		5,368	6,570
Net current assets (liabilities):		(4,436)	(4,544)
Total assets less current liabilities:		(3,761)	(3,700)
Creditors: amounts falling due after more than one year:		0	0
Provision for liabilities:		0	0
Total net assets (liabilities):		(3,761)	(3,700)

Balance sheet As at 31st March 2012 continued

	Notes	2012 £	2011 £
Capital and reserves			
Called up share capital:	4	150	150
Profit and Loss account:		(3,911)	(3,850)
Total shareholders funds:		(3,761)	(3,700)

For the year ending 31 March 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors on 21 November 2012

SIGNED ON BEHALF OF THE BOARD BY:

Name: Alan Orr Status: Director

Notes to the Financial Statements for the Period Ended 31st March 2012

1. Accounting policies

Basis of measurement and preparation of accounts

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities.

Turnover policy

The turnover shown in the profit and loss account represents the revenue recognised by the company in respect of goods and services supplied during the period, exclusive of Value Added Tax and trade discounts

Tangible fixed assets depreciation policy

Depreciation is provided, after taking account of any grants receivable, at the following rates to write off each asset over its estim ted useful life: Plant and Machinery 20% of written down value

Notes to the Financial Statements for the Period Ended 31st March 2012

2. Tangible assets

	Land and buildings	Plant Machinery	Fixtures and fittings	Office Equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 01st April 2011:	-	3,080	-	-	-	3,080
Disposals:	-	0	-	-	-	0
At 31st March 2012:		3,080				3,080
Depreciation						
At 01st April 2011;	-	2,236	-	-	-	2,236
Charge for year:	-	169	-	-	-	169
On disposals:	-	0	-	-	-	0
Other adjustments	-	0	-	-	-	0
At 31st March 2012:		2,405				2,405
Net book value						
At 31st March 2012:		675				675
At 31st March 2011:		844				844

Notes to the Financial Statements for the Period Ended 31st March 2012

3. Stocks

	2012	2011
	£	£
Stocks of raw materials and consumables:	0	0
Work in progress:	0	0
Long term contract balances:	0	0
Finished goods and goods for resale:	100	100
Payments on account:	0	0
Total:	100	100

Notes to the Financial Statements for the Period Ended 31st March 2012

4. Called up share capital

Allotted, called up and paid

Previous period			2011
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	150	1.00	150
Preference shares:	0	0.00	0
Total share capital:			150
Current period			2012
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	150	1.00	150
Total share capital:			<u>150</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.