



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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**X2H2QMGB**

*Company Name:* **APPLIED MEDITATION LTD**

*Company Number:* **04537754**

*Date of this return:* **17/09/2013**

*SIC codes:* **74909**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **207 WALLER ROAD  
NEW CROSS  
LONDON  
SE14 5LX**

**Officers of the company**

*Company Director*    **1**

*Type:*                                **Person**

*Full forename(s):*                **MR DAVID ALISTAIR**

*Surname:*                         **FINDLAY**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **03/04/1951**

*Nationality:*    **BRITISH**

*Occupation:*    **PSYCHOTHERAPIST**

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*Company Director* 2

*Type:* **Person**

*Full forename(s):* **ZANNE**

*Surname:* **FINDLAY**

*Former names:*

*Service Address:* **207 WALLER ROAD  
NEW CROSS  
LONDON  
SE14 5LX**

*Country/State Usually Resident:* **ENGLAND**

*Date of Birth:* **02/07/1950** *Nationality:* **BRITISH**

*Occupation:* **MEDIATION CONSULTANT**

## Statement of Capital (Share Capital)

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|                               |                 |                                |          |
|-------------------------------|-----------------|--------------------------------|----------|
| <b>Class of shares</b>        | <b>ORDINARY</b> | <i>Number allotted</i>         | <b>2</b> |
|                               |                 | <i>Aggregate nominal value</i> | <b>2</b> |
| <i>Currency</i>               | <b>GBP</b>      | <i>Amount paid per share</i>   | <b>0</b> |
|                               |                 | <i>Amount unpaid per share</i> | <b>0</b> |
| <i>Prescribed particulars</i> |                 |                                |          |
| <b>FULL RIGHTS</b>            |                 |                                |          |

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## Statement of Capital (Totals)

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|                 |            |                                      |          |
|-----------------|------------|--------------------------------------|----------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>2</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>2</b> |

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 17/09/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **1 ORDINARY shares held as at the date of this return**  
*Name:* **ZANNE FINDLAY**

*Shareholding 2* : **1 ORDINARY shares held as at the date of this return**  
*Name:* **DAVID FINDLAY**

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.