

**FIT-U-KWIK LIMITED
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2015**

AMEECO ACCOUNTANCY

Chartered Management Accountants

5 Highcroft Road
HEMEL HEMPSTEAD
HERTS
HP3 0BU

FIT-U-KWIK LIMITED
Company No. 04510232
Abbreviated Balance Sheet 31 August 2015

		2015		2014	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	2		-		1,072
			-		1,072
CURRENT ASSETS					
Debtors		-		16,769	
Cash at bank and in hand		84,893		70,903	
		84,893		87,672	
Creditors: Amounts Falling Due Within One Year		(60,694)		(71,079)	
NET CURRENT ASSETS (LIABILITIES)			24,199		16,593
TOTAL ASSETS LESS CURRENT LIABILITIES			24,199		17,665
Creditors: Amounts Falling After More Than One Year	3		(17,199)		(16,880)
NET ASSETS			7,000		785
CAPITAL AND RESERVES					
Called up share capital	4		100		100
Profit and Loss account			6,900		685
SHAREHOLDERS' FUNDS			7,000		785

FIT-U-KWIK LIMITED
Company No. 04510232
Abbreviated Balance Sheet (continued) 31 August 2015

For the year ending 31 August 2015 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

On behalf of the board

Mr Peter Marshall

27th May 2016

FIT-U-KWIK LIMITED
Notes to the Abbreviated Accounts
For The Year Ended 31 August 2015

1 . Accounting Policies

1.1 . Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

1.2 . Turnover

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

1.3 . Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	Straight Line 20%
Motor Vehicles	Straight Line 20%
Computer Equipment	Depreciation same year

2 . Tangible Assets

	Total
Cost	£
As at 1 September 2014	30,669
As at 31 August 2015	30,669
Depreciation	
As at 1 September 2014	29,597
Provided during the period	1,072
As at 31 August 2015	30,669
Net Book Value	
As at 31 August 2015	-
As at 1 September 2014	1,072

3 . Creditors: Amounts Falling After More Than One Year

	2015	2014
	£	£
Lloyds TSB Loan - 3060519	17,199	16,880

4 . Share Capital

	Value	Number	2015	2014
	£		£	£
Allotted, called up and fully paid:				
Ordinary shares	1.000	100	100	100

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.