

Registered Number 04510232

FIT U KWIK LIMITED

Abbreviated Accounts

31 August 2011

FIT U KWIK LIMITED

Registered Number 04510232

Company Information

Registered Office:

45 ENGLEHEART DRIVE
BEDFONT
Middlesex
TW14 9HL

Reporting Accountants:

Ameeco Accountancy

25 Lawn Lane
Hemel Hempstead
Hertfordshire
HP3 9HH

FIT U KWIK LIMITED

Registered Number 04510232

Balance Sheet as at 31 August 2011

	Notes	2011 £	2010 £
Fixed assets			
Tangible	2	5,288	5,652
		<u>5,288</u>	<u>5,652</u>
Current assets			
Stocks		1,331	0
Debtors		19,253	4,837
Cash at bank and in hand		51,204	49,935
Total current assets		<u>71,788</u>	<u>54,772</u>
Creditors: amounts falling due within one year		(35,953)	(30,319)
Net current assets (liabilities)		35,835	24,453
Total assets less current liabilities		<u>41,123</u>	<u>30,105</u>
Creditors: amounts falling due after more than one year		(40,563)	(29,389)
Total net assets (liabilities)		<u>560</u>	<u>716</u>
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		460	616
Shareholders funds		<u>560</u>	<u>716</u>

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- a. For the year ending 31 August 2011 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
 - b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
 - c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
 - d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 29 May 2012

And signed on their behalf by:

Peter Marshall, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 31 August 2011

1 **Accounting policies**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2 **Tangible fixed assets**

		Total
		£
Cost		
At 01 September 2010		21,569
Additions	-	<u>2,963</u>
At 31 August 2011	-	<u>24,532</u>
Depreciation		
At 01 September 2010		15,917
Charge for year	-	<u>3,327</u>
At 31 August 2011	-	<u>19,244</u>
Net Book Value		
At 31 August 2011		5,288
At 31 August 2010	-	<u>5,652</u>

3 **Share capital**

	2011	2010
	£	£
Allotted, called up and fully paid:		
100 called up share capital	100	0
shares of £1 each		

