



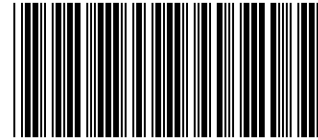
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Annual Return

Company Name: **NATURES NUTRITION LTD**

Company Number: **04500935**



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Received for filing in Electronic Format on the: **23/08/2006**

Company Details

Period Ending: **01/08/2006**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC Codes
 7499

Registered Office:
Address:

**ESGAIR BETTWS
BETTWS IFAN BEULAH
NEWCASTLE EMLYN
CEREDIGION
SA38 9QJ**

Register of
Members Address:

At Registered Office

Register of Debenture
Holders Address:

Not Applicable

Details of Officers of the Company

Company Secretary:

Name: **ANDREW JOHN BADDER**

Address: **ESGAIR BETTWS
BETTWS IFAN
BEULAH
NEWCASTLE EMLYN
CEREDIGION
WALES SA38 9QJ**

Director 1:

Name: **ANDREW JOHN BADDER** *Address:* **ESGAIR BETTWS
BETTWS IFAN
BEULAH
NEWCASTLE EMLYN
CEREDIGION
WALES SA38 9QJ**

Date of Birth: **28/12/1962**

Nationality: **BRITISH**

Occupation: **NONE**

Director 2:

Name: **GWENDA ANNE JONES** *Address:* **ESGAIR BETWWS
BETTWS IFAN
BEULAH
NEWCASTLE EMLYN
CEREDIGION
WALES (UK) SA38 9QJ**

Date of Birth: **10/02/1960**

Nationality: **BRITISH**

Occupation: **NONE**

Share Capital

Issued Share Capital Details:

<i>Class of share</i>	<i>Number of shares issued</i>	<i>Aggregate nominal value of issued shares</i>
ORDINARY	2	GBP2
TOTALS	2	GBP2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 01/08/2006, or that had ceased to be shareholders since the made up date of the previous Annual Return.

Shareholding 1:

1 ORDINARY Shares held as at 01/08/2006

Name: **ANDREW JOHN BADDER**

Address: **HOWEY HALL
HOWEY
LLANDRINDOD WELLS
POWYS LD1 5PT**

Shareholding 2:

1 ORDINARY Shares held as at 01/08/2006

Name: **GWENDA ANNE JONES**

Address: **HOWEY HALL
HOWEY
LLANDRINDOD WELLS
POWYS LD1 5PT**

Authorisation

Authoriser Designation: **DIRECTOR** *Date Authorised:* **23/08/2006** *Authenticated:* **Yes (E/W)**