Registered Number 04435663

A & D BODYSHOP LIMITED

Abbreviated Accounts

31 August 2010

A & D BODYSHOP LIMITED **Registered Number 04435663**

Balance Sheet as at 31 August 2010

	Notes	2010		2009	
		£	£	£	£
Fixed assets					
Tangible	2		4,937		15,921
Total fixed assets			4,937		15,921
Current assets					
Debtors		288,042		319,703	
Cash at bank and in hand		104		0	
Total current assets		288,146		319,703	
Creditors: amounts falling due within one year		(229,192)		(213,440)	
Net current assets			58,954		106,263
Total assets less current liabilities			63,891		122,184
Total net Assets (liabilities)			63,891		122,184
Capital and reserves					
Called up share capital			2		2
Profit and loss account			63,889		122,182
Shareholders funds			63,891		122,184

a. For the year ending 31 August 2010 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
c. The directors acknowledge their responsibility for:
    i. ensuring the company keeps accounting records which comply with Section 386; and
    ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 31 May 2011

And signed on their behalf by:
A.J. Farrell, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 August 2010

1 **Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.In respect of long-term contracts and contracts for on-going services, turnover represents the value of work done in the year, including estimates of amounts not invoiced. Turnover in respect of long-term contracts and contracts for on-going services is recognised by reference to the stage of completion.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	15.00% Straight Line
Fixtures and Fittings	15.00% Straight Line
Motor Vehicles	25.00% Straight Line
Office Equipment	33.33% Straight Line

2 **Tangible fixed assets**

Cost	£
At 31 August 2009	55,050
additions	
disposals	
revaluations	
transfers	
At 31 August 2010	55,050
Depreciation	
At 31 August 2009	39,129
Charge for year	10,984
on disposals	
At 31 August 2010	50,113
Net Book Value	
At 31 August 2009	15,921
At 31 August 2010	4,937

3 **Transactions with directors**

Included within other creditors are directors loan accounts for A.J. Farrell, D.A. Farrell and D.N. Farrell amounting to £40,140 (2009 - £40,195), £58,290 (2009 - £58,345) and £7,000

(2009 - £nil) respectively. The loans have no set repayment terms and bear no rights to interest.

3 **Ultimate Controlling Party**

The company was under the joint control of A.J. Farrell and D.A Farrell throughout the year.