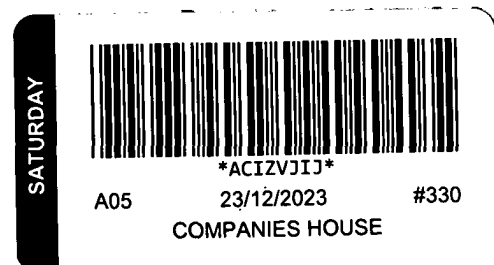


REGISTERED COMPANY NUMBER: 04405173 (England and Wales)  
REGISTERED CHARITY NUMBER: 1092661

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2023  
for  
Vida Sheffield

C J Woodhead & Co Ltd  
158 Hemper Lane  
Greenhill  
Sheffield  
South Yorkshire  
S8 7FE



Contents of the Financial Statements  
for the Year Ended 31 March 2023

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Chair's Report  
for the Year Ended 31 March 2023

As Vida's chair I want to commend the work of both staff and volunteers in what has been a transition year from working in the very restricted conditions of the pandemic, to a more flexible way of working. During the pandemic, all one-to-one therapy and group work had to take place over zoom by necessity, but as society returned to normal again, staff realised that for some service users, working over zoom was still favourable, and therefore the option has been offered to service users who want to work in this way. This is an example of the ingenuity of a team of women who are totally committed to providing the best possible service they can for women and girls affected by domestic abuse. In addition, staff and volunteers have been inventive again in fundraising strategies, with the beginning of our Everest Challenge (to climb in relay the over 8,000 meters of Mount Everest with sponsorship), as well as the new online store where volunteers are selling clothes and accessories to raise funds. This is alongside the hard work of our CEO in making grant funding applications. Once again, I want to thank both staff and volunteers for their incredible commitment which is always second to none. I am very proud to be Vida's chair.

Marilyn Gregory - Chair

Report of the Trustees  
for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Vida is a women's organisation with a proud 29 year history and a strong reputation in Sheffield. Our work is city-wide, and our community of interest are women and girls, from age 16, whose lives and mental health are affected by their experiences of abuse and trauma.

In the past we have delivered a range of domestic abuse services, but since 2015 we have focused our work on developing free and life-changing therapeutic services to support the longer term recovery and empowerment of women and girls who have experienced any form of abuse.

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The objectives & aims of the charity are:

To promote for the public benefit, and with a view to public protection and the preservation of order, the provision of services directed towards the prevention of domestic abuse and the relief and support of persons (and in particular women and children) who have suffered or are in danger of suffering abuse from perpetrators known to them; to advance the education of voluntary and statutory agencies and the public in all aspects of domestic abuse, its causes, remedies and prevention.

**Vision:** [what we want to achieve - see Strategic Plan 2021-25] To bring hope, recovery and resilience to every woman whose mental health is affected by abuse.

**Mission:** [how we will work to achieve our vision see Strategic Plan 2021-25] Vida will provide gender-sensitive, trauma-focused therapeutic services to women whose mental health and well-being are affected by past experiences of abuse.

Report of the Trustees  
for the Year Ended 31 March 2023

## OBJECTIVES AND ACTIVITIES

### Activities - Vida's day to day activities include:

**Eva Therapy Service:** specialist trauma focused and gender sensitive therapy for women whose mental health is affected by their experiences of abuse and trauma: 1-1 therapy and innovative group work programmes, developed in response to the lived experiences of survivors;

**Eva Peer Support Group:** a fortnightly informal support group focused on craft activities and building relationships to help reduce the isolation of women survivors; longstanding members can also engage in their Women's Voices service user involvement group; our Vida website has a self-help page developed with members of Women's Voices.

Online sessions for individual and groups continued beyond the blended working approach offered during the Covid 19 Pandemic and these are now offered routinely as part of the service.

**Partnership working and strategic influence:** Vida are often looked to for a coordinating role in strategic work; we were lead partner in the Women & Girls Recovery & Empowerment Partnership [funded by a Big Lottery Women & Girls' Initiative grant]; we are committed to working with partners to share learning and resources. Staff routinely attend the WAVES, VAWG and DACT groups established in the sector for Sheffield and the Yorkshire region. There is representation from providers and the statutory sector including the Police and Crime Commissioners Office. The Charity contributed to a needs assessment carried out by the South Yorkshire Police & Crime Commissioners office during 2022. It was highlighted that one of the four priorities 'Supporting Victims', that providers are impacted by short term funding which creates a lack of ability to sustain approaches and capability to develop services. Vida will continue to lobby alongside Womens Aid and others to improve this situation.

**Vida Staff & Volunteers:** during 2022-23 Vida's staff team consisted of 6 part-time staff [3.5 full time equivalents]. The service is managed by the CEO with over 25 years experience in the voluntary sector along with the Clinical Manager who is highly experienced in both private and NHS settings. Our therapy service is supported by an excellent team of 15-20 volunteer therapists and trainees on placement. Qualified Associate Therapist Practitioners also enable the delivery of the service and this can be scaled up or down depending on the funding available. Volunteer work is unpaid, and all volunteers are offered expenses.

**Vida Management Committee** includes 4 long standing Trustees and one newer member who is experienced in the field of DA. An additional member, appointed early 2023, had retired as a Senior Manager in the NHS Mood Anxiety Post traumatic Stress Psychotherapy Service (MAPPS). There is also a service user representation from Women's Voices to ensure Vida's users are properly heard.

### Vida Service Delivery 2022-23

**Beneficiaries:** during the year 2022-23 we worked therapeutically with close to 240 beneficiaries, of which 200 engaged with our therapy service and 59 with the more informal peer support group.

**The difference we make:** our Eva Therapy Service clients give us consistently excellent feedback about the life-changing impact of their movement through the service pathway, which can take up to a year with waiting time. The outcomes and feedback from women engaging in both our peer support group and therapeutic group-work programmes show that they experience significant improvements in their mental health, self-worth, relationships and resilience to future harm.

Report of the Trustees  
for the Year Ended 31 March 2023

**OBJECTIVES AND ACTIVITIES**

**Training & Awareness:** Vida have a strong track record in developing and delivering specialist training on issues related to domestic and sexual abuse. We continue to engage in campaigns to raise public and professional awareness, and work towards the culture change needed to reduce future levels of violence against women and girls.

The Trustees were very satisfied with the performance of the charity during the year to March 2023, in delivery and fundraising.

**FINANCIAL REVIEW**

**Financial position**

The accounts have been prepared to comply with current statutory requirements, the requirements of the charity's Memorandum & Articles of Association and the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities. The financial statements have been prepared on the going concern basis, as the Trustees take steps to reduce costs and maximise income.

Our services are funded through a number of charitable grants, sadly there was no funding during the financial year for the service through national or local government, including the Ministry of Justice. It seems that generic services, locally, offering therapy were favoured and Vida will continue to promote the need for specialist services. The charity is focussing on the opportunities for funding such services through the Domestic Abuse Commissioners Office and NHS mental health in general. The charity has a balanced budget for the coming year and has improved the level of unrestricted reserves to mitigate the risk associated with relying on grant funding.

**Reserves policy**

Vida's reserves policy states that the organisation should maintain reserves at a level equivalent to 3 months' operational costs and any financial liabilities of the organisation at that time, to bridge any funding gap following a rapid shortfall in the level of funding received.

The Trustees have established that from April 2023 the minimum level of reserves that must be retained to meet any financial obligations upon the closure of the Charity, excluding fixed assets, is £30,000. The actual level of reserves at 31st March 2023 was £120,205 (2022 - £119,474).

**Going concern**

The Trustees confirm that the level of the charity's reserves is equivalent to more than three months' expenditure in line with its stated Reserves Policy. They consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity has a fundraising strategy in place, and is actively fundraising, with no assumptions about fundraising income included in the budget and cash flow forecasts for 2023-24. The charity will continue to maintain vigorous cost control and to seek cost reductions where possible.

Report of the Trustees  
for the Year Ended 31 March 2023

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

Vida is managed by a voluntary Management Committee of Trustees, with paid staff undertaking the work of the organisation and dealing with the day to day administration. The Management Committee meets at least 4 times per annum. Task groups which report to the Management Committee, meet in between as necessary. The Management Committee considers Quarterly Management Accounts, and the Trustees, staff team and service user representatives together agree the forward strategy for the organisation, set out in the Vida Strategic Plan and risk register, and policies and procedures are reviewed in a regular cycle.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The document is the Memorandum & Articles of Association of the charity.

### **Recruitment and appointment of new trustees**

All members of the Management Committee are elected each year at the Annual General Meeting and members may be re-elected or re-appointed. Positions on the Management Committee are advertised externally, and appointed after informal interview. Some are reserved for specific specialist roles. The Charity must have a minimum of 3 trustees to be quorate but there are no restrictions upon the maximum number of trustees.

### **Induction and training of new trustees**

The CEO is responsible for the induction of new Trustees and identifying additional training needs, in consultation with the Chair of the Management Committee.

The induction process for new Management Committee members involves the Chair, or another Committee member appointed by her, ensuring that copies of the documentation listed below is made available and explained to the new member:

- The Memorandum & Articles of Association
- Supporting documentation: Strategic Plan, Policies & Procedures etc.

### **Remuneration policy for key management personnel**

Vida use local and national benchmarking against similar organisations and roles to ensure that salaries for key managers are fair and reflect the level of responsibility they hold.

### **Decisions and Authority**

All decisions undertaken by trustees are minuted and they monitor the finance and funding matters through a subcommittee. Operational matters are delegated to staff and extraordinary expenditure of more than £500 is submitted to trustees for approval.

### **Related parties and relationships with other organisations**

There are no related parties.

Report of the Trustees  
for the Year Ended 31 March 2023

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Risk management**

The Strategic Plan and risk register identify the strategic objectives, structure, activities, challenges, resources required and major risks to which the organisation is exposed. The risk register is approved by the Management Committee annually. It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level that equates to approximately 3 months unrestricted expenditure. This provides sufficient funds to cover management and administration support costs and to respond to emergency applications for grants, should the need arise. Risk assessment and management is undertaken and recorded in relation to specific services delivered and in response to changes in legislation and funding available. The Finance Policy & Procedures outline those authorised to make payments, place orders and take other actions with financial consequences.

During the year to 31 March 2023, all major risks were reviewed, assessed and managed.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

04405173 (England and Wales)

**Registered Charity number**

1092661

**Registered office**

Knowle House  
4 Norfolk Park Road  
Sheffield  
South Yorkshire  
S2 3QE

**Trustees**

Marilyn Gregory - chair  
Claire Sykes - Treasurer  
Lucy Rodgers  
Joanne Jackson  
Michaela Rogers (resigned 14.3.23)  
Chloe Cheeseman (appointed 14.3.23)  
J Curran (appointed 14.3.23)

**Company Secretary**

Karen Hague MBE

**Independent Examiner**

C J Woodhead & Co Ltd  
158 Hemper Lane  
Greenhill  
Sheffield  
South Yorkshire  
S8 7FE



Report of the Trustees  
for the Year Ended 31 March 2023

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The Trustees [who are also directors of Vida Sheffield for the purposes of company law] are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

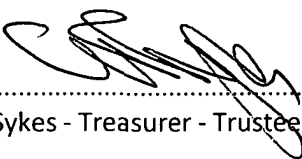
Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

Approved by order of the board of trustees on 18/11/23 and signed on its behalf by:

  
.....  
Claire Sykes - Treasurer - Trustee

Independent Examiner's Report to the Trustees of  
Vida Sheffield

**Independent examiner's report to the trustees of Vida Sheffield ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

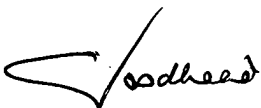
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher John Woodhead

C J Woodhead & Co Ltd  
158 Hemper Lane  
Greenhill  
Sheffield  
South Yorkshire  
S8 7FE

Date: 16.11.2023

Statement of Financial Activities  
for the Year Ended 31 March 2023

		Unrestricted	Restricted	31.3.23	31.3.22
	Notes	funds	fund	Total	Total
		£	£	funds	funds
				£	£
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		21,209	700	21,909	42,867
<b>Charitable activities</b>					
Lloyds Bank Foundation		-	32,573	32,573	43,811
SCC - Supporting People		-	35,000	35,000	-
Small Grants		-	15,600	15,600	-
Peoples Health Trust		-	-	-	18,759
National Lottery Community Fund		-	108,962	108,962	84,220
MoJ - Police & Crime Commissioner		-	-	-	53,000
Other trading activities	3	-	-	-	1,246
Investment income	4	86	-	86	86
<b>Total</b>		<b>21,295</b>	<b>192,835</b>	<b>214,130</b>	<b>243,989</b>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Salary		8,779	110,392	119,171	117,127
Pensions		1,502	13,128	14,630	20,160
Recruitment		-	99	99	1,122
Staffing costs		-	733	733	685
Travel		-	125	125	135
Rent, heat, light		600	17,314	17,914	12,600
Telephone		227	1,691	1,918	1,805
Equipment		-	-	-	1,714
Depreciation		-	4,696	4,696	978
Room Hire		-	720	720	2,587
Interpreters		-	611	611	528
Sundry		3,966	6,016	9,982	4,316
Insurance		-	1,352	1,352	1,269
Postage, Packaging and Stationery		-	527	527	1,339
Publicity & Copying		259	1,910	2,169	2,749
Subscriptions		111	1,139	1,250	776
Accountancy		-	1,308	1,308	1,272
Womens Group		5,702	31	5,733	9,966
Computer software & repairs		-	5,389	5,389	6,347
Staff training		-	440	440	350
Volunteer expenses		-	619	619	458
Consultants		4,635	18,095	22,730	21,676
Project Supervisors (Clinical Supervision)		-	1,283	1,283	-
<b>Total</b>		<b>25,781</b>	<b>187,618</b>	<b>213,399</b>	<b>209,959</b>

The notes form part of these financial statements

Statement of Financial Activities  
for the Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>NET INCOME/(EXPENDITURE)</b>		(4,486)	5,217	731	34,030
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		102,852	16,622	119,474	85,444
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>98,366</u>	<u>21,839</u>	<u>120,205</u>	<u>119,474</u>

The notes form part of these financial statements

Balance Sheet  
31 March 2023

	Notes	Unrestricted funds £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	9	7,835	-	7,835	1,378
<b>CURRENT ASSETS</b>					
Debtors	10	-	-	-	30,174
Cash at bank and in hand		124,529	21,839	146,368	154,903
		<u>124,529</u>	<u>21,839</u>	<u>146,368</u>	<u>185,077</u>
<b>CREDITORS</b>					
Amounts falling due within one year	11	(33,998)	-	(33,998)	(66,981)
<b>NET CURRENT ASSETS</b>		<u>90,531</u>	<u>21,839</u>	<u>112,370</u>	<u>118,096</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>98,366</u>	<u>21,839</u>	<u>120,205</u>	<u>119,474</u>
<b>NET ASSETS</b>		<u>98,366</u>	<u>21,839</u>	<u>120,205</u>	<u>119,474</u>
<b>FUNDS</b>	12				
Unrestricted funds				98,366	102,852
Restricted funds				<u>21,839</u>	<u>16,622</u>
<b>TOTAL FUNDS</b>				<u>120,205</u>	<u>119,474</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

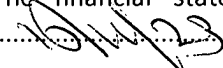
The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance Sheet - continued  
31 March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on .......... and were signed on its behalf by:

  
.....  
Claire Sykes - Treasurer - Trustee

Notes to the Financial Statements  
for the Year Ended 31 March 2023

**1. GRANTS RECEIVED**

Last year no small grants were received. This year small grants amounted to £28,600. These included grants from Awards for All, Cloth Workers, Local Giving, Little Gems, Westfield Health, Church Burgesses, Henry Bottom and J G Graves Trust. The amount of each grant is shown on page 8.

The balance of grants received from some funders in 2022/23 have been carried forward to 2023/24 and therefore they do not form part of the charity's income in the year ended 31 March 2023. These are Lloyds Bank Foundation: £17,589 (2022:£14,579), and Small Grants £13,000 (2022: nil). No grants were carried forward this year for Lottery Community Fund: (2022:£14,962), Sheffield City Council (Covid Recovery) (2022: £35,000) and The Big Give (2022: £700)

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Allocation and apportionment of costs**

Costs are allocated to appropriate funds according to usage as determined by the Trustees.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 10% on reducing balance
Computer equipment	- 33% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**2. ACCOUNTING POLICIES - continued**

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**3. OTHER TRADING ACTIVITIES**

	31.3.23	31.3.22
	£	£
Training fees	-	1,246
	<u>          </u>	<u>          </u>

**4. INVESTMENT INCOME**

	31.3.23	31.3.22
	£	£
Deposit account interest	86	86
	<u>          </u>	<u>          </u>

**5. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23	31.3.22
	£	£
Depreciation - owned assets	4,696	978
	<u>          </u>	<u>          </u>

**6. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.



Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**7. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
Service providers	<u>7</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

No staff members were seconded from or provided by an agency during the year.

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2022**

	Unrestricted funds £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	42,867	-	42,867
<b>Charitable activities</b>			
Lloyds Bank Foundation	-	43,811	43,811
Peoples Health Trust	-	18,759	18,759
National Lottery Community Fund	-	84,220	84,220
MoJ - Police & Crime Commissioner	-	53,000	53,000
Other trading activities	1,246	-	1,246
Investment income	86	-	86
<b>Total</b>	<u>44,199</u>	<u>199,790</u>	<u>243,989</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Salary	(989)	118,116	117,127
Pensions	3,319	16,841	20,160
Recruitment	-	1,122	1,122
Staffing costs	-	685	685
Travel	99	36	135
Rent, heat, light	-	12,600	12,600
Telephone	-	1,805	1,805
Equipment	1,714	-	1,714
Depreciation	-	978	978
Room Hire	-	2,587	2,587
Interpreters	-	528	528
Sundry	3,047	1,269	4,316
Insurance	-	1,269	1,269
Postage, Packaging and Stationery	-	1,339	1,339
Publicity & Copying	1,446	1,303	2,749
Subscriptions	96	680	776
Accountancy	-	1,272	1,272

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES TO 31ST MARCH 2022 - continued**

	Unrestricted funds £	Restricted fund £	Total funds £
Womens Group	93	9,873	9,966
Computer software & repairs	-	6,347	6,347
Staff training	-	350	350
Volunteer expenses	-	458	458
Consultants	-	21,676	21,676
<b>Total</b>	<b>8,825</b>	<b>201,134</b>	<b>209,959</b>
<b>NET INCOME/(EXPENDITURE)</b>	<b>35,374</b>	<b>(1,344)</b>	<b>34,030</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	67,478	17,966	85,444
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>102,852</b>	<b>16,622</b>	<b>119,474</b>

**9. TANGIBLE FIXED ASSETS**

	Plant and machinery £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2022	19,847	10,707	30,554
Additions	-	11,153	11,153
At 31 March 2023	19,847	21,860	41,707
<b>DEPRECIATION</b>			
At 1 April 2022	19,353	9,823	29,176
Charge for year	98	4,598	4,696
At 31 March 2023	19,451	14,421	33,872
<b>NET BOOK VALUE</b>			
At 31 March 2023	396	7,439	7,835
At 31 March 2022	494	884	1,378

All items relating to fixed asset categories are capitalised irrespective of cost.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23 £	31.3.22 £
Trade debtors	-	30,174
	<u>          </u>	<u>          </u>

**11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23 £	31.3.22 £
Trade creditors	3,409	1,740
Deferred government grants	30,589	65,241
	<u>          </u>	<u>          </u>
	<u>33,998</u>	<u>66,981</u>

**12. MOVEMENT IN FUNDS**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	102,852	(4,486)	98,366
<b>Restricted funds</b>			
General fund	16,622	5,217	21,839
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>119,474</u>	<u>731</u>	<u>120,205</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	21,295	(25,781)	(4,486)
<b>Restricted funds</b>			
General fund	192,835	(187,618)	5,217
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>214,130</u>	<u>(213,399)</u>	<u>731</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**12. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	67,478	35,374	102,852
<b>Restricted funds</b>			
General fund	17,966	(1,344)	16,622
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>85,444</u>	<u>34,030</u>	<u>119,474</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	44,199	(8,825)	35,374
<b>Restricted funds</b>			
General fund	199,790	(201,134)	(1,344)
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>243,989</u>	<u>(209,959)</u>	<u>34,030</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	67,478	30,888	98,366
<b>Restricted funds</b>			
General fund	17,966	3,873	21,839
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>85,444</u>	<u>34,761</u>	<u>120,205</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**12. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	65,494	(34,606)	30,888
<b>Restricted funds</b>			
General fund	392,625	(388,752)	3,873
<b>TOTAL FUNDS</b>	<u>458,119</u>	<u>(423,358)</u>	<u>34,761</u>

**13. RELATED PARTY DISCLOSURES**

It should be noted that the charity receives some small donations from its Local Giving page. From time to time some of these donations may be from family members or friends of trustees or staff who work at the Charity. These are small in value in the context of the overall income of the charity (usually less than £50).

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	15,612	33,293
Other income	6,297	9,574
	<u>21,909</u>	<u>42,867</u>
<b>Other trading activities</b>		
Training fees	-	1,246
<b>Investment income</b>		
Deposit account interest	86	86
<b>Charitable activities</b>		
Grants	192,135	199,790
	<u>214,130</u>	<u>243,989</u>
<b>Total incoming resources</b>		
	214,130	243,989
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Staff and volunteer costs	158,107	161,362
Premises & equipment costs	25,248	19,684
Other costs	28,209	26,302
	<u>211,564</u>	<u>207,348</u>
<b>Support costs</b>		
<b>Management</b>		
Support costs	-	1,339
Advertising	527	-
	<u>527</u>	<u>1,339</u>
<b>Governance costs</b>		
Accountancy and legal fees	1,308	1,272
	<u>1,308</u>	<u>1,272</u>
<b>Total resources expended</b>		
	<u>213,399</u>	<u>209,959</u>
<b>Net income</b>		
	<u>731</u>	<u>34,030</u>

This page does not form part of the statutory financial statements