



Companies House

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **21/04/2016**

X55ENWYI

Company Name: **POSITIVE HEALTH STRATEGIES LIMITED**

Company Number: **04388523**

Date of this return: **06/03/2016**

SIC codes: **86210**

Company Type: **Private company limited by shares**

Situation of Registered Office: **ROOMS 125-130 TEMPLE CHAMBERS
3-7 TEMPLE AVENUE
LONDON
UNITED KINGDOM
EC4Y 0HP**

Officers of the company

Company Director ***1***

Type: **Person**
Full forename(s): **DR BRIAN JAMES**

Surname: **MARIEN**

Former names:

Service Address: **ROOMS 125-130 TEMPLE CHAMBERS**
 3-7 TEMPLE AVENUE
 LONDON
 UNITED KINGDOM
 EC4Y 0HP

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/07/1952** *Nationality:* **BRITISH**
Occupation: **MEDICAL PRACTITIONER**

Company Director 2

Type: **Person**
Full forename(s): HELEN SARAH

Surname: MARIEN

Former names:

Service Address: **ROOMS 125-130 TEMPLE CHAMBERS
3-7 TEMPLE AVENUE
LONDON
UNITED KINGDOM
EC4Y 0HP**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/04/1954** *Nationality:* **BRITISH**
Occupation: **COMPANY DIRECTOR**

Company Director **3**

Type: **Person**
Full forename(s): **WILLIAM**

Surname: **MARIEN**

Former names:

Service Address: **ROOMS 125-130 TEMPLE CHAMBERS**
 3-7 TEMPLE AVENUE
 LONDON
 UNITED KINGDOM
 EC4Y 0HP

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/05/1981** *Nationality:* **BRITISH**
Occupation: **COMPANY DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2000
		<i>Aggregate nominal value</i>	2000
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS, TRANSFER NOTICE & PRE-EMPTION RIGHTS ON TRANSFER AND ALLOTMENTS OF SHARES; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2000
		<i>Total aggregate nominal value</i>	2000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 06/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **500 ORDINARY shares held as at the date of this return**
Name: **BRIAN JAMES MARIEN**

Shareholding 2 : **500 ORDINARY shares held as at the date of this return**
Name: **HELEN SARAH MARIEN**

Shareholding 3 : **1000 ORDINARY shares held as at the date of this return**
Name: **WILLIAM MARIEN**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.