

NDISC

Notice of disclaimer under section 178 of the Insolvency Act 1986



Companies House

THURSDAY



A18 *A8ØPGIWG* 07/03/2019 #239
COMPANIES HOUSE

1 Company details

Company number 0 4 3 4 9 5 5 3
Company name in full Forces Recruitment Services Limited

→ Filling in this form
Please complete in typescript or in
bold black capitals.

2 Liquidator's name

Full forename(s) Ninos
Surname Koumettou

3 Liquidator's address

Building name/number 1 Kings Avenue
Street Winchmore Hill
Post town London
County/Region
Postcode N 2 1 3 N A
Country

4 Liquidator's name ①

Full forename(s)
Surname

① Other liquidator
Use this section to tell us about
another liquidator.

5 Liquidator's address ②

Building name/number
Street
Post town
County/Region
Postcode
Country

② Other liquidator
Use this section to tell us about
another liquidator.

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6 Notice of disclaimer

☒ Notice of disclaimer is attached

7 Sign and date

Liquidator's signature

Signature

X



X

Signature date

d

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d

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y

1

y

9

Rule 4.187
4.188 4.189

Notice of Disclaimer under section 178 of the Insolvency Act 1986

Form 4.53A

Forces Recruitment Services Limited

PART 1
Insert name of
liquidator(s)

I, Ninos Koumettou

the liquidator of the above-named company, disclaim all my interest in the lease dated 20 April 2018 for the leasehold property known and situated at:-

Unit 1D Grovemere House
RAF Witchford Museum
Lancaster way Business Park
Witchford
Cambs
CB6 3NW

Comprising of the property which was let to the company from 20 April 2018 at an annual rent of £15,365.00.

Dated

06 March 2019

Name in BLOCK
LETTERS


NINOS KOUMETTOU

Address

Alexander Lawson Jacobs
1 Kings Avenue
Winchmore Hill
London
N21 3NA

PART 2

(c) Insert name
and address of
person to be sent
copy notice under
Rule 4.187, 4.188
and 4.189

To: (c) Grovemere Property Ltd, Unit 112 Lancaster Way, Ely, Cambridgeshire, CB6 3NX
Birketts LLP, 22 Station Road, Cambridge, CB1 2JD
Adam Bonner, 9 Bedell Road, Duxford, Cambridge, CB22 4AP
Graham Brown, 107 Stourgreen, Ely, Cambs, CB6 2XJ

(d) Insert date on
which notice of
disclaimer signed

This is a copy notice of disclaimer signed by the liquidator of the above named company on (d) 06 March 2019

The attention of a recipient of this notice is drawn to sections 178-182 of the Insolvency Act 1986 in the case of a winding up

- NOTES:**
1. Part 1 is to be completed by the liquidator.
Part 2 is to be completed by or on behalf of the liquidator when sending out copy notices under Rule 4.187, 4.188 and 4.189
 2. Where the property concerned consists of land or buildings the nature of the interest should also be stated (e.g. whether leasehold, freehold, etc).
 3. Under Rule 4.187 a copy notice must be sent to the Registrar of Companies and where the property concerned consists of registered land as defined in section 132 of the Land Registration Act 2002 (i.e. a registered estate or a registered charge), please include the registered title number of the property, if known and a copy of the notice should be sent to the Chief Land Registrar.

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Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	Melissa Nagi
Company name	Alexander Lawson Jacobs
Address	1 Kings Avenue Winchmore Hill
Post town	London
County/Region	
Postcode	N 2 1 3 N A
Country	
DX	
Telephone	020 8370 7250



Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.



Important information

All information on this form will appear on the public record.



Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.



Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse