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financial statements abbreviated

Individual Team Performance Limited

For the year ended 31 May 2009

Company registration number 4341121

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Abbreviated Accounts

Year ended 31 May 2009

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Company Registration Number. 4341121

Abbreviated Balance Sheet

31 May 2009

		2009		2008
	Note	£	£	£
Fixed assets Tangible assets	1		1,569	2,058
Current assets Debtors Cash at bank and in hand		25,665 21,141		7,394 24,905
Creditors amounts falling due within one year		46,806 40,181		32,299 28,745
Net current assets			6,625	3,554
Total assets less current liabilities			8,194	5,612
Provisions for liabilities			68	105
			£8,126	£5,507
Capital and reserves Called-up equity share capital Profit and loss account	2		200 7,926	200 5,307
Shareholders' funds			£8,126	£5,507

Abbreviated Balance Sheet (continued)

31 May 2009

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act

The directors acknowledge their responsibilities for

- (i) ensuring that the company keeps adequate accounting records which comply with section 386 of the Act,
- (II) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

These abbreviated accounts were approved by the directors and authorised for issue on 23 February 2010, and are signed on their behalf by

J Nunn Director

V- N-

Accounting Policies

Year ended 31 May 2009

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax

Fixed assets

All fixed assets are initially recorded at cost

Depreciation

Depreciation is calculated so as to write off the cost of an asset, net of anticipated disposal proceeds, over the useful economic life of that asset as follows

Equipment

25% straight line

Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less or to receive more tax, with the following exception

Deferred tax assets are recognised only to the extent that the directors consider that it is more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted

Deferred tax is measured on an undiscounted basis at the tax rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the balance sheet date

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Notes to the Abbreviated Accounts

Year ended 31 May 2009

1	Fixed assets				Tangible Assets £
	Cost At 1 June 2008 Additions				6,716 643
	At 31 May 2009				£7,359
	Depreciation At 1 June 2008 Charge for year				4,658 1,132
	At 31 May 2009				£5,790
	Net book value At 31 May 2009				£1,569
	At 31 May 2008				£2,058
2	Share capital Allotted, called up and fully paid				
		2009 No	£	2008 No	£
	Ordinary shares of £1 each	200	200	200	200